

FOOD & HOME
ENTERTAINING



THE ANNUAL

Recipe index



Some
OIL

2020

RECIPES FROM JULY 2019 – JUNE 2020 ISSUES



A

ACHARS see PICKLES

ALMONDS

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| black liquorice & almond chocolate-chip giant cookies..... | 42 | Jul 2019 |
| cocoa butter nougat with raspberries & almonds..... | 104 | Dec 2019 |
| crunchy buttermilk chicken drumsticks with asparagus & almonds..... | 62 | Nov 2019 |
| doughsants with lemon glaze, blueberries & almonds..... | 64 | Jan 2020 |
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| no-bake blueberry cheesecake..... | 11 | Jul 2019 |
| pear & ginger crumble galette..... | 47 | Mar 2020 |
| salted spinach, fennel & buchu crackers..... | 105 | Jan 2020 |
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| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |

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| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 |

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| braised oxtail with scroll scone dumplings & herbed green salsa..... | 85 | Jun 2020 |
| burrata with exotic tomatoes, basil & anchovies..... | 83 | Feb 2020 |
| perfect lamb shoulder..... | 93 | Dec 2019 |
| tomato & green olive tapenade tart..... | 45 | Feb 2020 |

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| apple & sumac filo roses with date caramel sauce..... | 78 | Nov 2019 |
| coleslaw with lemon & orange dressing..... | 77 | Sep 2019 |
| ginger-beer cocktail..... | 67 | Sep 2019 |
| Irish apple cake with matcha custard drizzle..... | 59 | Mar 2020 |
| lasagne bread (scaccia)..... | 44 | Mar 2020 |
| mini sourdough scones with vintage Cheddar, red onion chutney & classic gin & tonic..... | 6 | Feb 2020 |
| Ouma's cabbage frikkadels with apple cider sauce & deep-fried sage leaves..... | 9 | Jun 2020 |
| pink summer sangria..... | 94 | Nov 2019 |
| Pisco sour-style cocktail with dehydrated apple..... | 66 | Oct 2019 |
| pork fillet, apple & sage tray bake with blue-cheese sauce..... | 54 | Oct 2019 |
| salmon mousse..... | 89 | Feb 2020 |
| salted caramel & apple upside-down cake..... | 91 | Aug 2019 |

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| lamsosaties..... | 84 | Sep 2019 |
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|--|-----|----------|
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| fennel & artichoke salad..... | 63 | Feb 2020 |
| spicy baked sorghum with chorizo..... | 105 | Jun 2020 |
| vegan summer pappardelle with lemon-cashew cream..... | 48 | Dec 2019 |

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| | | |
|--|-----|----------|
| asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 |
| baked kingklip with creamy leeks & pancetta..... | 39 | Nov 2019 |
| broad beans, edamame & asparagus on sourdough with vegan hollandaise..... | 102 | Nov 2019 |
| crunchy buttermilk chicken drumsticks with asparagus & almonds..... | 62 | Nov 2019 |
| pea salad with burrata, pine nuts, asparagus & a carrot & cumin dressing..... | 44 | Nov 2019 |
| roasted veggie deep quiche..... | 52 | Jan 2020 |
| vegan asparagus & pea risotto..... | 39 | Jan 2020 |

| | | |
|---|----|----------|
| vegan summer pappardelle with lemon-cashew cream..... | 48 | Dec 2019 |
|---|----|----------|

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| | | |
|---|-----|----------|
| #myDubaiBowl..... | 93 | Jun 2020 |
| aubergine meatballs in tomato sauce with baby marrow noodles..... | 10 | Nov 2019 |
| aubergine "schnitzels" with tricolore coleslaw & lemon-honey dressing..... | 42 | Aug 2019 |
| aubergines in tomato & tamarind sauce..... | 93 | Mar 2020 |
| beer-marinated aubergine burger with miso-fried carrots & deep-fried sage..... | 80 | Jul 2019 |
| chickpea stew..... | 48 | Jul 2019 |
| Italian-inspired chicken, veg & mozzarella stack..... | 52 | Mar 2020 |
| miso aubergine..... | 35 | Mar 2020 |
| vegan nachos..... | 100 | Feb 2020 |
| vegetarian aubergine lasagne..... | 66 | Feb 2020 |
| wild rice & lentil risotto with braaied aubergine..... | 101 | Sep 2019 |

AVOCADOS

| | | |
|---|-----|----------|
| black bean, avo & dried cranberry salad with coriander, parsley & Parmesan dressing..... | 99 | Dec 2019 |
| black bean, mushroom & rye "meatball" tacos with blackened corn, avo & chipotle..... | 100 | Jun 2020 |
| braaied avocado with Moroccan-spiced chickpeas & coriander tahini..... | 84 | Jan 2020 |
| ceviche with avo & lime..... | 35 | Mar 2020 |
| chilli con veggie with toasted pitas & guacamole..... | 48 | Jun 2020 |
| herby frittata pizza with avocado & smoked trout ribbons..... | 69 | Oct 2019 |
| maca balls..... | 105 | Mar 2020 |
| Mexican chicken & nachos salad with basil & lemon dressing..... | 45 | Nov 2019 |
| prawn avocado cocktail..... | 89 | Feb 2020 |
| smashed avocado & poached eggs on spinach soda bread..... | 56 | Mar 2020 |
| spicy maakouda (potato fritter) stack with avocado mayonnaise..... | 74 | Nov 2019 |
| sweet potato cakes with crispy tofu & pea pesto..... | 99 | Feb 2020 |
| tuna steaks with chakalaka & avo..... | 62 | Sep 2019 |
| vegan avocado & lime tartlets..... | 38 | Apr 2020 |
| vegan nachos..... | 100 | Feb 2020 |

B

BABY MARROWS

| | | |
|---|-----|----------|
| aubergine meatballs in tomato sauce with baby marrow noodles..... | 10 | Nov 2019 |
| aubergine "schnitzels" with tricolore coleslaw & lemon-honey dressing..... | 42 | Aug 2019 |
| barbecue pork ribs with baby marrow chips..... | 61 | Nov 2019 |
| black bean, avo & dried cranberry salad with coriander, parsley & Parmesan dressing..... | 99 | Dec 2019 |
| green shakshuka with Danish feta, sourdough & edible flowers..... | 49 | Jan 2020 |
| one-pot broccoli pho with chilli oil..... | 100 | Mar 2020 |
| Sicilian panelle with marinated baby marrow..... | 76 | Jan 2020 |
| tomato, baby marrow & goat's cheese tart..... | 12 | Sep 2019 |
| twirled courgette & sweet potato burger with chipotle mayonnaise..... | 78 | Jul 2019 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| vegan summer pappardelle with lemon-cashew cream..... | 48 | Dec 2019 |

BACON

| | | |
|--|----|----------|
| asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 |
| bacon & veggie pies..... | 47 | Jul 2019 |
| baked kingklip with creamy leeks & pancetta..... | 39 | Nov 2019 |
| Easter breakfast pie..... | 73 | Apr 2020 |
| egg-stuffed pork pie with achar..... | 70 | Oct 2019 |
| feta cheese & onion quiche..... | 58 | Jun 2020 |
| mushroom & bacon pies..... | 62 | Feb 2020 |
| potato baskets with Bolognese & poached eggs..... | 66 | Oct 2019 |
| sausage, fennel, beer & barley casserole..... | 53 | Jul 2019 |
| savory hot cross bun breakfast pudding..... | 95 | Apr 2020 |
| turkey Cobb salad..... | 42 | Dec 2019 |
| turkey crown with pork & cranberry stuffing..... | 38 | Dec 2019 |
| the ultimate sourdough eggs Benedict with buttery mushrooms..... | 81 | Jun 2020 |

BALSAMIC VINEGAR

| | | |
|--|----|----------|
| Florentine steak with polenta chips & balsamic tomatoes..... | 64 | Feb 2020 |
| pomegranate molasses..... | 88 | Apr 2020 |

| | | | | | |
|---|-----|----------|---|-----|----------|
| rolled sirloin with Yorkshire puddings & red wine gravy..... | 30 | Feb 2020 | gemista..... | 81 | Mar 2020 |
| sweet & sour-glazed pork chops with flaked almonds & chargrilled beans..... | 46 | Apr 2020 | "Lady & the Tramp" spaghetti Bolognese..... | 97 | Feb 2020 |
| BANANAS | | | mini cottage pies..... | 46 | Apr 2020 |
| banana bread..... | 87 | Aug 2019 | potato baskets with Bolognese & poached eggs..... | 66 | Oct 2019 |
| boneyard pupcakes..... | 50 | Oct 2019 | smoky chilli con carne with crispy Bambara groundnuts..... | 105 | Sep 2019 |
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 | OXTAIL | | |
| hummingbird fruit cake..... | 75 | Dec 2019 | braised oxtail with scroll scone dumplings & herbed green salsa..... | 85 | Jun 2020 |
| vegan coconut yoghurt panna cotta with dark chocolate & banana..... | 80 | Feb 2020 | oxtail in Guinness with chickpeas & spinach..... | 50 | Jan 2020 |
| BARLEY see PEARL BARLEY | | | slow-braised red wine oxtail..... | 90 | Apr 2020 |
| BASIL | | | rib-eye, beef rib-eye steak with ginger butter sauce & carrot fries..... | 12 | Jun 2020 |
| aubergine "schnitzels" with tricolore coleslaw & lemon-honey dressing..... | 42 | Aug 2019 | RIBS | | |
| basil, lemon & pistachio ice cream..... | 60 | Sep 2019 | prime beef rib roast with garlic, thyme & red wine gravy & baby vegetables..... | 26 | Dec 2019 |
| beer broodjies..... | 73 | Mar 2020 | slow-braised beef short ribs..... | 36 | Mar 2020 |
| braised oxtail with scroll scone dumplings & herbed green salsa..... | 85 | Jun 2020 | RUMP | | |
| burrata with exotic tomatoes, basil & anchovies..... | 83 | Feb 2020 | ginger-miso rump steak with baby bok choy..... | 44 | Aug 2019 |
| heirloom tomato tart..... | 101 | Feb 2020 | mini Yorkshire puddings with rare roast beef, jus, horseradish cream & pink peppercorns..... | 27 | Feb 2020 |
| herby frittata pizza with avocado & smoked trout ribbons..... | 69 | Oct 2019 | rump steak with creamy potato & sweet-potato salad..... | 63 | Sep 2019 |
| mango-achar salsa..... | 80 | Sep 2019 | SAUSAGES | | |
| Mexican chicken & nachos salad with basil & lemon dressing..... | 45 | Nov 2019 | beef sausages in red wine sauce with polenta..... | 49 | Dec 2019 |
| Peruvian-style chicken with salsa verde..... | 45 | Aug 2019 | mealie meal pizza with spicy chakalaka & boerewors meatballs..... | 91 | Jan 2020 |
| pesto-baked chicken with olives & goat's cheese..... | 41 | Feb 2020 | SHIN | | |
| pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 | braised beef shin in red wine with buttered porcini mushrooms..... | 49 | Jul 2019 |
| red gnocchi with cashews, cowpeas & baby spinach..... | 101 | Mar 2020 | ossobuco with creamy polenta & gremolata..... | 51 | Jul 2019 |
| spinach & basil soda bread..... | 56 | Mar 2020 | SIRLOIN | | |
| three-cheese broccoli pasta..... | 64 | Sep 2019 | curried coconut kale with sliced beef sirloin..... | 44 | Oct 2019 |
| tomato & green olive tapenade tart..... | 45 | Feb 2020 | mushroom & nut-stuffed roasted sirloin of beef..... | 78 | Sep 2019 |
| tomato & leek risotto with garlic, chilli & herb pangritata..... | 51 | Jun 2020 | rolled sirloin with Yorkshire puddings & red wine gravy..... | 30 | Feb 2020 |
| turkey, mozzarella & pesto paninis..... | 43 | Dec 2019 | whole roast sirloin with green peppercorn sauce..... | 49 | Jun 2020 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 | T-bone, Florentine steak with polenta chips & balsamic tomatoes..... | 64 | Feb 2020 |
| vegetarian aubergine lasagne..... | 66 | Feb 2020 | BEER | | |
| BATTERS , mini Yorkshire puddings with rare roast beef, jus, horseradish cream & pink peppercorns..... | 27 | Feb 2020 | beer broodjies..... | 73 | Mar 2020 |
| rolled sirloin with Yorkshire puddings & red wine gravy..... | 30 | Feb 2020 | beer brownies with caramel, hazelnuts & pretzels..... | 66 | Sep 2019 |
| treacle-cured beef & roast potatoes with Yorkshire puddings..... | 29 | Feb 2020 | beer-marinated aubergine burger with miso-fried carrots & deep-fried sage..... | 80 | Jul 2019 |
| BAY LEAVES | | | lamb & coconut bunny chow..... | 64 | Sep 2019 |
| chicken ramen with shiitake mushrooms..... | 73 | Aug 2019 | oliebollen..... | 93 | Dec 2019 |
| hasselback potatoes with browned butter & bay leaves..... | 71 | Jun 2020 | omungome oshiwambo..... | 73 | Mar 2020 |
| BEAN CURD see TOFU | | | pork fillet with onion rings & strawberry salsa..... | 48 | Jan 2020 |
| BEANS | | | sausage, fennel, beer & barley casserole..... | 53 | Jul 2019 |
| see also GREEN BEANS | | | BEETROOT | | |
| black bean, avo & dried cranberry salad with coriander, parsley & Parmesan dressing..... | 99 | Dec 2019 | amaranth & sunflower-seed crackers with beetroot hummus..... | 105 | Aug 2019 |
| black-bean brownies with peanut-butter icing..... | 102 | Aug 2019 | beetroot burger with pea hummus & pea shoots..... | 78 | Jul 2019 |
| black bean, mushroom & rye "meatball" tacos with blackened corn, avo & chipotle..... | 100 | Jun 2020 | beetroot churros with zhoug dipping sauce..... | 39 | Oct 2019 |
| black bean soup with nachos..... | 47 | Apr 2020 | beetroot halva tart with pistachio nuts..... | 94 | Mar 2020 |
| broad beans, edamame & asparagus on sourdough with vegan hollandaise..... | 102 | Nov 2019 | haloumi burgers with caramelised red onions & roasted beetroot..... | 43 | Aug 2019 |
| cannellini-bean mash topped with mushroom & onion..... | 58 | Aug 2019 | linefish with chermoula & roasted root vegetables..... | 86 | Jun 2020 |
| chilli con veggie with toasted pitas & guacamole..... | 48 | Jun 2020 | prime beef rib roast with garlic, thyme & red wine gravy & baby vegetables..... | 26 | Dec 2019 |
| Korean black bean & walnut meatballs with chilli barbecue sauce..... | 75 | Jan 2020 | roasted beetroot, pickled red onion & goat's cheese salad..... | 77 | Sep 2019 |
| leek, pork banger & cannellini bean casserole..... | 35 | Nov 2019 | roasted rack of lamb with purple cauliflower purée..... | 6 | Aug 2019 |
| maple, sage & sherry turkey legs with butter bean & fennel mash..... | 39 | Dec 2019 | saffron & orange-braised lamb shoulder with braised baby carrot & roasted beetroot..... | 90 | Jul 2019 |
| Mexican chicken & nachos salad with basil & lemon dressing..... | 45 | Nov 2019 | BERRIES | | |
| Moroccan-style chickpea keftas with lemon & mint raita & mini flatbreads..... | 84 | Jan 2020 | see also BLACKBERRIES; BLUEBERRIES; CRANBERRIES; GOOSEBERRIES; RASPBERRIES; STRAWBERRIES | | |
| shaved cauliflower & crispy butter-bean salad with coconut, turmeric & honey dressing..... | 100 | Aug 2019 | champagne, elderflower & berry jelly..... | 84 | Feb 2020 |
| smoky adzuki bean nachos..... | 105 | Feb 2020 | Moscow mule cocktail..... | 47 | Aug 2019 |
| three-bean salad..... | 77 | Sep 2019 | vegan meringues with berry sorbet & plums..... | 78 | Nov 2019 |
| tuna steaks with chakalaka & avo..... | 62 | Sep 2019 | BILTONG | | |
| vegan nachos..... | 100 | Feb 2020 | biltong soup with Gruyère & leek crostini..... | 46 | Jun 2020 |
| vegan shakshuka..... | 101 | Nov 2019 | my ultimate summer salad..... | 89 | Dec 2019 |
| white bean salad..... | 40 | Jan 2020 | open ravioli with shaved biltong, sugar snap peas & soft-poached egg..... | 6 | Oct 2019 |
| BEEF | | | BISCUITS | | |
| CUBES , Cornish pasties..... | 69 | Feb 2020 | amaranth & sunflower-seed crackers with beetroot hummus..... | 105 | Aug 2019 |
| FILLET , treacle-cured beef & roast potatoes with Yorkshire puddings..... | 29 | Feb 2020 | black liquorice & almond chocolate-chip giant cookies..... | 42 | Jul 2019 |
| marrow, bone marrow & split pea soup..... | 90 | Aug 2019 | chocolate & millet cookies..... | 26 | Oct 2019 |
| MINCE | | | chocolate, orange, fudge & biscuit fridge cake tower..... | 63 | Jan 2020 |
| beef mince filling for gemista..... | 82 | Mar 2020 | eggnog & speculaas biscuit ice cream cake..... | 71 | Dec 2019 |

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 salted spinach, fennel & buchu crackers.....105 Jan 2020
 shortbread alfajores.....102 Mar 2020
 spicy sorghum cookies.....27 Oct 2019
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 tigernut biscuits with ruby, white & dark chocolate.....33 Feb 2020
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 & pecan nut brittle.....53 Jan 2020
 red wine sauce.....29 Feb 2020
- BLUEBERRIES**
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 doughsants with lemon glaze, blueberries & almonds.....64 Jan 2020
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 home-made granola.....102 Nov 2019
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 & crunchy salad.....63 Jul 2019
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 m'semen with mushroom pâté, roasted peppers, cabbage
 & turmeric mayonnaise.....75 Nov 2019
 naan.....92 Jun 2020
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 Parma ham & glazed strawberry bruschetta with whipped
 feta & ricotta cream.....89 Nov 2019
 Persian sweet saffron breads.....91 Mar 2020
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 smashed avocado & poached eggs on
 spinach soda bread.....56 Mar 2020
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 watercress & radish.....101 Jan 2020
 spinach & basil soda bread.....56 Mar 2020
 sweet potato, lentil & kale dhal with olive-oil naan.....101 Aug 2019
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- BROCCOLI**
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 spicy roasted chickpeas.....62 Jul 2019
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 one-pot broccoli pho with chilli oil.....100 Mar 2020
 pork-neck schnitzels with broccoli mash.....44 Oct 2019
 potato, broccoli & egg salad.....78 Sep 2019
 three-cheese broccoli pasta.....64 Sep 2019
- BROCCOLINI**
 green shakshuka with Danish feta, sourdough
 & edible flowers.....49 Jan 2020
 vegan green goddess tortilla pizza.....91 Jan 2020
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- BRUSCHETTA**
 see also **BREADS; SANDWICHES**
 Parma ham & glazed strawberry bruschetta with
 whipped feta & ricotta cream.....89 Nov 2019
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 Brussels sprouts with crispy tofu, strawberries
 & toasted walnuts.....98 Dec 2019
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 & baby vegetables.....26 Dec 2019
BUCHU, salted spinach, fennel & buchu crackers.....105 Jan 2020
- BUCKWHEAT**
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 & amaranth.....99 Jan 2020
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 & home-made granola.....102 Nov 2019
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- BUNS**
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- BURGERS**
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 & deep-fried sage.....80 Jul 2019
 beetroot burger with pea hummus & pea shoots.....78 Jul 2019
 chickpea & carrot burgers.....99 Sep 2019
 crispy haloumi-stuffed mushroom burgers with
 red cabbage & carrot slaw.....101 Jun 2020
 haloumi burgers with caramelised red onions
 & roasted beetroot.....43 Aug 2019
 pulled sweet potato burger with feta cheese, marjoram
 & black vinegar mix.....81 Jul 2019
 twirled courgette & sweet potato burger with
 chipotle mayonnaise.....78 Jul 2019
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 Black Forest liquorice mousse cake.....44 Jul 2019
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 & herbed green salsa.....85 Jun 2020
 carrot snack cake with coconut chai icing.....74 Apr 2020
 crunchy buttermilk chicken drumsticks with
 asparagus & almonds.....62 Nov 2019
 Irish apple cake with matcha custard drizzle.....59 Mar 2020
 smoky BBQ okra on teff soda bread buns with
 watercress & radish.....101 Jan 2020
 spiced orange vanilla cake with Swiss meringue icing.....8 Apr 2020
 spinach & basil soda bread.....56 Mar 2020
 'Thank you, Ouma' buttermilk rusks.....89 Feb 2020
- BUTTERNUT**
 baby butternut baklava pies.....93 Mar 2020
 braided butternut & miso parcels.....88 Jan 2020
 pumpkin, goat's cheese & sun-dried tomato ravioli with
 pickled celery & salsa verde.....88 Jul 2019
 roasted veggie deep quiche.....52 Jan 2020
- BUTTERS**
 grilled prawns with paprika & garlic butter.....92 Oct 2019
 peanut-butter cookies with honey & cinnamon butter.....49 Sep 2019
 roast turkey with herb & garlic butter.....36 Dec 2019
 warm pineapple wedges with pistachio sugar, rum butter
 & vanilla-flavoured ice cream.....90 Nov 2019
 whole baked rainbow trout with garlic & dill butter,
 lemongrass & crispy shallots.....40 Jun 2020

C

CABBAGE

- aubergine "schnitzels" with tricolore coleslaw
 & lemon-honey dressing.....42 Aug 2019
 black bean, mushroom & rye "meatball" tacos with
 blackened corn, avo & chipotle.....100 Jun 2020
 chicken ramen with shiitake mushrooms.....73 Aug 2019
 coleslaw with lemon & orange dressing.....77 Sep 2019
 crispy haloumi-stuffed mushroom burgers with
 red cabbage & carrot slaw.....101 Jun 2020
 crumbed pork steaks with red cabbage.....78 Dec 2019
 flatbread with sesame-tofu skewers, homemade hummus
 & crunchy salad.....63 Jul 2019
 herby nut roast with a pistachio crust & sauerkraut.....101 Apr 2020
 m'semen with mushroom pâté, roasted peppers, cabbage
 & turmeric mayonnaise.....75 Nov 2019
 Ouma's cabbage frikkadels with apple cider sauce
 & deep-fried sage leaves.....9 Jun 2020
 roasted red cabbage wedges with wholegrain mustard
 & maple syrup dressing.....99 Dec 2019
 slaw.....41 Apr 2020
 white bean salad.....40 Jan 2020
CA CAO-infused vodka.....30 Apr 2020

CAKES

- see also **CAKES, SMALL; CHEESECAKES; PASTRIES; PIES, SWEET; TARTS, SWEET**
APPLE
 Irish apple cake with matcha custard drizzle.....59 Mar 2020
 salted caramel & apple upside-down cake.....91 Aug 2019
 carrot, carrot snack cake with coconut chai icing.....74 Apr 2020

CHOCOLATE

| | | |
|---|----|----------|
| cinnamon craggy chocolate cake..... | 95 | Jun 2020 |
| frozen tiramisu loaf..... | 8 | Jan 2020 |
| custard layers, Russian tart..... | 90 | Feb 2020 |
| fruit, hummingbird fruit cake..... | 75 | Dec 2019 |
| ginger, gingerbread dog house..... | 55 | Dec 2019 |
| ice cream, eggnog & speculaas biscuit ice cream cake..... | 71 | Dec 2019 |

LEMON

| | | |
|---|----|----------|
| lemon & lavender Bundt cake..... | 38 | Aug 2019 |
| lemon polenta cake with vanilla cream cheese icing..... | 51 | Apr 2020 |
| suurlemoen-en-papawersaadkoek..... | 86 | Sep 2019 |
| liquorice, Black Forest liquorice mousse cake..... | 44 | Jul 2019 |
| orange, spiced orange vanilla cake with Swiss meringue icing..... | 8 | Apr 2020 |
| raspberry, lady finger limoncello raspberry mousse cake..... | 68 | Dec 2019 |

CAKES, SMALL

| | | |
|---|-----|----------|
| beer brownies with caramel, hazelnuts & pretzels..... | 66 | Sep 2019 |
| black-bean brownies with peanut-butter icing..... | 102 | Aug 2019 |
| cherry-on-top cupcakes..... | 42 | Jan 2020 |
| chocolate, orange, fudge & biscuit fridge cake tower..... | 63 | Jan 2020 |
| mini dobos tortes..... | 62 | Dec 2019 |

CALAMARI

| | | |
|---------------------------------------|----|----------|
| see also SQUID | | |
| seafood paella with saffron rice..... | 50 | Dec 2019 |

CAPERBERRIES

| | | |
|--|----|----------|
| chargrilled octopus persillade..... | 91 | Oct 2019 |
| chargrilled sweet potato salad with hummus & smoked snoek..... | 60 | Nov 2019 |
| octopus with chorizo & capers..... | 72 | Jun 2020 |

CAPERS

| | | |
|--|----|----------|
| braised oxtail with scroll scone dumplings & herbed green salsa..... | 85 | Jun 2020 |
| chicken Marbella with prunes, green olives, capers & garlic..... | 49 | Dec 2019 |
| farmed trout tartare..... | 92 | Oct 2019 |
| pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 |
| Sicilian panelle with marinated baby marrow..... | 76 | Jan 2020 |
| tomato & green olive tapenade tart..... | 45 | Feb 2020 |

CARAMEL

| | | |
|---|----|----------|
| apple & sumac filo roses with date caramel sauce..... | 78 | Nov 2019 |
| beer brownies with caramel, hazelnuts & pretzels..... | 66 | Sep 2019 |
| caramel, leek & thyme tarte tatin..... | 37 | Nov 2019 |
| chocolate-coated caramel marshmallow Easter eggs..... | 77 | Apr 2020 |
| lemon ricotta hotcakes with caramel-poached grapefruit quarters..... | 43 | Jun 2020 |
| mini dobos tortes..... | 62 | Dec 2019 |
| no-bake caramel & walnut chocolate tart..... | 92 | Apr 2020 |
| pear & haloumi salad with spicy caramelised walnuts & poached pear vinaigrette..... | 47 | Nov 2019 |
| rooibos & fynbos croquembouche..... | 39 | Oct 2019 |
| salted caramel & apple upside-down cake..... | 91 | Aug 2019 |
| sticky pear & brandy pudding with caramel custard..... | 76 | Dec 2019 |

CARDAMOM

| | | |
|---|-----|----------|
| aromatic cumin-spiced rice..... | 92 | Jun 2020 |
| beetroot churros with zhoug dipping sauce..... | 39 | Oct 2019 |
| beetroot halva tart with pistachio nuts..... | 94 | Mar 2020 |
| bunny hop punch..... | 29 | Apr 2020 |
| cardamom syrup..... | 30 | Apr 2020 |
| chicken biryani with cumin yoghurt..... | 48 | Jan 2020 |
| curried coconut kale with sliced beef sirloin..... | 44 | Oct 2019 |
| one-pot broccoli pho with chilli oil..... | 100 | Mar 2020 |
| ras el hanout..... | 84 | Jan 2020 |
| spiced grapefruit marmalade..... | 40 | Jun 2020 |
| spiced orange vanilla cake with Swiss meringue icing..... | 8 | Apr 2020 |
| tahini & cardamom ice cream..... | 86 | Nov 2019 |
| tomato bredie..... | 53 | Jul 2019 |
| yoghurt terrine with cardamom orange syrup & figs..... | 92 | Apr 2020 |

CARROTS

| | | |
|--|----|----------|
| Asian noodles with shredded turkey..... | 41 | Dec 2019 |
| aubergine "schnitzels" with tricolore coleslaw & lemon-honey dressing..... | 42 | Aug 2019 |
| beef rib-eye steak with ginger butter sauce & carrot fries..... | 12 | Jun 2020 |
| beer-marinated aubergine burger with miso-fried carrots & deep-fried sage..... | 80 | Jul 2019 |
| black bean soup with nachos..... | 47 | Apr 2020 |
| boneyard pupcakes..... | 50 | Oct 2019 |
| braised oxtail with scroll scone dumplings & herbed green salsa..... | 85 | Jun 2020 |
| carrot cake martini..... | 29 | Apr 2020 |
| carrot cake syrup..... | 29 | Apr 2020 |
| carrot lox & vegan cream cheese bagel..... | 58 | Nov 2019 |

| | | |
|---|-----|----------|
| carrot snack cake with coconut chai icing..... | 74 | Apr 2020 |
| chicken ramen with shiitake mushrooms..... | 73 | Aug 2019 |
| chicken stew with naan..... | 62 | Feb 2020 |
| chickpea & carrot burgers..... | 99 | Sep 2019 |
| coleslaw with lemon & orange dressing..... | 77 | Sep 2019 |
| Cornish pasties..... | 69 | Feb 2020 |
| crispy haloumi-stuffed mushroom burgers with red cabbage & carrot slaw..... | 101 | Jun 2020 |
| lamb & coconut bunny chow..... | 64 | Sep 2019 |
| linefish with chermoula & roasted root vegetables..... | 86 | Jun 2020 |
| mini cottage pies..... | 46 | Apr 2020 |
| mushroom & bacon pies..... | 62 | Feb 2020 |
| naan pizza with muhammara & marinated paneer..... | 97 | Jan 2020 |
| oxtail in Guinness with chickpeas & spinach..... | 50 | Jan 2020 |
| pea salad with burrata, pine nuts, asparagus & a carrot & cumin dressing..... | 44 | Nov 2019 |
| perfect lamb shoulder..... | 93 | Dec 2019 |
| prime beef rib roast with garlic, thyme & red wine gravy & baby vegetables..... | 26 | Dec 2019 |
| rabbit & the mule..... | 30 | Apr 2020 |
| saffron & orange-braised lamb shoulder with braised baby carrot & roasted beetroot..... | 90 | Jul 2019 |
| smoky cowpea "baked beans" with toasted baguette..... | 99 | Sep 2019 |
| tuna steaks with chakalaka & avo..... | 62 | Sep 2019 |
| vegetable curry with basmati rice..... | 42 | Mar 2020 |
| white bean salad..... | 40 | Jan 2020 |

CASHEW NUTS

| | | |
|--|-----|----------|
| baby butternut baklava pies..... | 93 | Mar 2020 |
| black bean, avo & dried cranberry salad with coriander, parsley & Parmesan dressing..... | 99 | Dec 2019 |
| broad beans, edamame & asparagus on sourdough with vegan hollandaise..... | 102 | Nov 2019 |
| chocolate & millet cookies..... | 26 | Oct 2019 |
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 |
| green pancakes with cashew "cream cheese" & pan-fried mushrooms..... | 99 | Oct 2019 |
| my ultimate summer salad..... | 89 | Dec 2019 |
| pecan & cashew nut tart..... | 63 | Oct 2019 |
| red gnocchi with cashews, cowpeas & baby spinach..... | 101 | Mar 2020 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| vegan summer pappardelle with lemon-cashew cream..... | 48 | Dec 2019 |

CAULIFLOWER

| | | |
|--|-----|----------|
| chipotle-dunked cauliflower buffalo wings..... | 100 | Jun 2020 |
| roasted rack of lamb with purple cauliflower purée..... | 6 | Aug 2019 |
| saffron & sultana millet with spicy baked cauliflower & marinated olives..... | 73 | Nov 2019 |
| shaved cauliflower & crispy butter-bean salad with coconut, turmeric & honey dressing..... | 100 | Aug 2019 |
| vegan cauliflower & chickpea soft tortillas..... | 41 | Apr 2020 |
| vegetable curry with basmati rice..... | 42 | Mar 2020 |

CELERY

| | | |
|--|----|----------|
| aubergine "schnitzels" with tricolore coleslaw & lemon-honey dressing..... | 42 | Aug 2019 |
| black bean soup with nachos..... | 47 | Apr 2020 |
| bone marrow & split pea soup..... | 90 | Aug 2019 |
| braised beef shin in red wine with buttered porcini mushrooms..... | 49 | Jul 2019 |
| braised oxtail with scroll scone dumplings & herbed green salsa..... | 85 | Jun 2020 |
| ossobuco with creamy polenta & gremolata..... | 51 | Jul 2019 |
| perfect lamb shoulder..... | 93 | Dec 2019 |
| pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 |

CHAKALAKA

| | | |
|---|----|----------|
| mealie meal pizza with spicy chakalaka & boerewors meatballs..... | 91 | Jan 2020 |
| tuna steaks with chakalaka & avo..... | 62 | Sep 2019 |

CHARCOAL & hemp seed nachos with seaweed cream

| | | |
|---|----|----------|
| cheese, toasted pumpkin seeds & roasted tomatoes..... | 99 | Mar 2020 |
|---|----|----------|

CHEESECAKES

| | | |
|-----------------------------------|----|----------|
| burnt cheesecake..... | 26 | Apr 2020 |
| lime cheesecake..... | 42 | Apr 2020 |
| no-bake blueberry cheesecake..... | 11 | Jul 2019 |
| no-bake nectarine cheesecake..... | 65 | Nov 2019 |

CHEESE DISHESsee also **CHEESECAKES; PIZZAS; YOGHURT****BLUE CHEESE**

| | | |
|--|----|----------|
| honey-roasted figs on pearl barley with blue cheese sauce & fresh wild rocket..... | 98 | Dec 2019 |
| pear, rosemary & blue-cheese tart..... | 66 | Jul 2019 |
| pork fillet, apple & sage tray bake with blue-cheese sauce..... | 54 | Oct 2019 |

| | | | | | |
|---|-----|----------|--|-----|----------|
| turkey Cobb salad..... | 42 | Dec 2019 | mascarpone, frozen tiramisù loaf..... | 8 | Jan 2020 |
| Boursin, mini chicken & leek pies..... | 36 | Nov 2019 | MOZZARELLA | | |
| BRIE | | | cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 |
| Brie & cranberry shining stars..... | 58 | Dec 2019 | Italian-inspired chicken, veg & mozzarella stack..... | 52 | Mar 2020 |
| cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 | lamb lasagne with Parmesan & mozzarella..... | 46 | Oct 2019 |
| creamy cheese stack with port syrup, dried figs & pecan nut brittle..... | 53 | Jan 2020 | lasagne bread (scaccia)..... | 44 | Mar 2020 |
| fig, almond & thyme frittata with Brie & oven-roasted sweet potatoes..... | 73 | Aug 2019 | loaded oat milk mac 'n cheese gratin..... | 105 | Apr 2020 |
| BURRATA | | | puffed pancake with mozzarella, prosciutto & turmeric eggs..... | 74 | Apr 2020 |
| burrata & charred Clemengold in rosemary-infused olive oil served with ciabatta toast..... | 24 | Aug 2019 | roasted tomato Caprese salad..... | 44 | Oct 2019 |
| burrata with exotic tomatoes, basil & anchovies..... | 83 | Feb 2020 | three-cheese broccoli pasta..... | 64 | Sep 2019 |
| pea salad with burrata, pine nuts, asparagus & a carrot & cumin dressing..... | 44 | Nov 2019 | turkey, mozzarella & pesto paninis..... | 43 | Dec 2019 |
| CAMEMBERT | | | vegetarian aubergine lasagne..... | 66 | Feb 2020 |
| creamy cheese stack with port syrup, dried figs & pecan nut brittle..... | 53 | Jan 2020 | PARMESAN | | |
| grape focaccia with baked Camembert, walnuts & olives..... | 43 | Feb 2020 | artichoke, fennel, mint & Parmesan salad with lavender, honey & lemon dressing..... | 34 | Aug 2019 |
| CHEDDAR | | | cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 |
| braised oxtail with scroll scone dumplings & herbed green salsa..... | 85 | Jun 2020 | crispy polenta fries..... | 99 | Jun 2020 |
| cheesy baked kingklip..... | 42 | Mar 2020 | ham & cheese croquettes with honey & mustard mayo..... | 62 | Jul 2019 |
| chorizo, sage & Cheddar beignets..... | 35 | Oct 2019 | lamb lasagne with Parmesan & mozzarella..... | 46 | Oct 2019 |
| ham & cheese croquettes with honey & mustard mayo..... | 62 | Jul 2019 | mussels with Parmesan, fennel & salsiccia..... | 92 | Oct 2019 |
| Lientjie se pap-frikkadelle..... | 83 | Sep 2019 | Parma ham with grilled sherry peaches, rocket & Parmesan..... | 75 | Feb 2020 |
| loaded oat milk mac 'n cheese gratin..... | 105 | Apr 2020 | semolina gnocchi with wild winelands mushrooms, thyme, mature cheese & cream..... | 85 | Oct 2019 |
| mini sourdough scones with vintage Cheddar, red onion chutney & classic gin & tonic..... | 6 | Feb 2020 | slow-cooked chicken with chorizo & cider-and- Parmesan dumplings..... | 52 | Jul 2019 |
| savoury hot cross bun breakfast pudding..... | 95 | Apr 2020 | RICOTTA | | |
| three-cheese broccoli pasta..... | 64 | Sep 2019 | cheesy leek filo spiral with minted yoghurt..... | 33 | Nov 2019 |
| vegetarian aubergine lasagne..... | 66 | Feb 2020 | Easter breakfast pie..... | 73 | Apr 2020 |
| COTTAGE CHEESE | | | heirloom tomato tart..... | 101 | Feb 2020 |
| appelliefie-yskastert..... | 86 | Sep 2019 | hemp seed tortellini with lemony spinach & ricotta..... | 105 | Nov 2019 |
| stewed gooseberries with orange & rose-scented cottage cheese..... | 99 | Jul 2019 | lemon ricotta hotcakes with caramel-poached grapefruit quarters..... | 43 | Jun 2020 |
| CREAM CHEESE | | | Parma ham & glazed strawberry bruschetta with whipped feta & ricotta cream..... | 89 | Nov 2019 |
| charcoal & hemp seed nachos with seaweed cream cheese, toasted pumpkin seeds & roasted tomatoes..... | 99 | Mar 2020 | ricotta semifreddo with honey, lemon & pistachio..... | 53 | Dec 2019 |
| coconut & ginger "syllabub"..... | 102 | Jul 2019 | vegetarian aubergine lasagne..... | 66 | Feb 2020 |
| granadilla fridge tart with white chocolate ganache..... | 11 | Sep 2019 | selection, winter cheeseboard with sesame-cocoa bark..... | 100 | Jul 2019 |
| hot-smoked trout terrine lined with cold-smoked trout ribbons..... | 86 | Oct 2019 | vegan cheese, vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| lemon supreme tart with French meringue topping..... | 6 | Mar 2020 | vegan cream cheese, carrot lox & vegan cream cheese bagel..... | 58 | Nov 2019 |
| FETA | | | VEGAN FETA | | |
| cheesy leek filo spiral with minted yoghurt..... | 33 | Nov 2019 | baked vegan feta with white wine & olives..... | 43 | Feb 2020 |
| feta cheese & onion quiche..... | 58 | Jun 2020 | Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | 43 | Nov 2019 |
| feta parcels..... | 81 | Mar 2020 | CHEMOUNA | | |
| green shakshuka with Danish feta, sourdough & edible flowers..... | 49 | Jan 2020 | coconut cream chemouna hake..... | 88 | Apr 2020 |
| Parma ham & glazed strawberry bruschetta with whipped feta & ricotta cream..... | 89 | Nov 2019 | linefish with chemouna & roasted root vegetables..... | 86 | Jun 2020 |
| pulled sweet potato burger with feta cheese, marjoram & black vinegar mix..... | 81 | Jul 2019 | CHERRIES | | |
| village Greek salad..... | 81 | Mar 2020 | Black Forest liquorice mousse cake..... | 44 | Jul 2019 |
| goat's cheese | | | cherry-on-top cupcakes..... | 42 | Jan 2020 |
| pesto-baked chicken with olives & goat's cheese..... | 41 | Feb 2020 | chocolate Lamington & cherry trifle..... | 67 | Dec 2019 |
| pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 | duck breasts in cherry sauce with buttered lentils..... | 83 | Feb 2020 |
| roasted beetroot, pickled red onion & goat's cheese salad..... | 77 | Sep 2019 | hummingbird fruit cake..... | 75 | Dec 2019 |
| tomato, baby marrow & goat's cheese tart..... | 12 | Sep 2019 | maple-butter duck with sage-roasted cherries..... | 11 | Dec 2019 |
| Gorgonzola, baked Gorgonzola & sweetcorn brûlée with seed crackers..... | 90 | Nov 2019 | CHESTNUTS | | |
| GOUDA | | | stir-fried cavolo nero, chestnuts, mushrooms & chickpeas..... | 93 | Mar 2020 |
| beer broodjies..... | 73 | Mar 2020 | CHIA SEEDS | | |
| three-cheese broccoli pasta..... | 64 | Sep 2019 | Korean black bean & walnut meatballs with chilli barbecue sauce..... | 75 | Jan 2020 |
| GRUYÈRE | | | liquorice & black garlic-crusting salmon with buckwheat salad..... | 41 | Jul 2019 |
| bilting soup with Gruyère & leek crostini..... | 46 | Jun 2020 | CHICKEN | | |
| Easter breakfast pie..... | 73 | Apr 2020 | BREASTS | | |
| savoury hot cross bun breakfast pudding..... | 95 | Apr 2020 | asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 |
| semolina gnocchi with wild winelands mushrooms, thyme, mature cheese & cream..... | 85 | Oct 2019 | barbecue chicken & pineapple skewers..... | 58 | Jan 2020 |
| HALOUMI | | | choux chicken & mushroom pie..... | 36 | Oct 2019 |
| crispy haloumi-stuffed mushroom burgers with red cabbage & carrot slaw..... | 101 | Jun 2020 | cold pea soup with smoked shredded chicken..... | 60 | Nov 2019 |
| haloumi burgers with caramelised red onions & roasted beetroot..... | 43 | Aug 2019 | egg-stuffed pork pie with achar..... | 70 | Oct 2019 |
| pear & haloumi salad with spicy caramelised walnuts & poached pear vinaigrette..... | 47 | Nov 2019 | Italian-inspired chicken, veg & mozzarella stack..... | 52 | Mar 2020 |
| roasted veggies & haloumi salad..... | 58 | Feb 2020 | Mexican chicken & nachos salad with basil & lemon dressing..... | 45 | Nov 2019 |
| sweet potato, haloumi & charred red pepper stack..... | 101 | Sep 2019 | mushroom broth ramen with shredded chicken..... | 47 | Jun 2020 |
| | | | DRUMSTICKS | | |
| | | | crunchy buttermilk chicken drumsticks with asparagus & almonds..... | 62 | Nov 2019 |
| | | | grapefruit & soya chicken bake..... | 41 | Jun 2020 |
| | | | DRUMSTICKS/THIGHS | | |
| | | | chicken Marbella with prunes, green olives, capers & garlic..... | 49 | Dec 2019 |

| | | | | | |
|---|-----|----------|---|-----|----------|
| chicken stew with naan..... | 62 | Feb 2020 | chipotle mayonnaise..... | 82 | Jul 2019 |
| peach chutney & mayonnaise chicken with mealie salsa..... | 63 | Sep 2019 | Clemengold & pulled pork ramen..... | 25 | Aug 2019 |
| pesto-baked chicken with olives & goat's cheese..... | 41 | Feb 2020 | easy confit duck finished on the braai with chilli papaya salsa & glass noodles..... | 52 | Dec 2019 |
| pumpkin & chicken bake..... | 58 | Aug 2019 | gingersnap-crust-ed kudu sirloin with chilli cranberry & orange sauce..... | 27 | Dec 2019 |
| LIVERS | | | grilled prawns with paprika & garlic butter..... | 92 | Oct 2019 |
| chilli-tomato chicken livers with basmati rice..... | 62 | Jul 2019 | Korean black bean & walnut meatballs with chilli barbecue sauce..... | 75 | Jan 2020 |
| creamy chicken livers on ciabatta toast..... | 58 | Feb 2020 | mango-achar salsa..... | 80 | Sep 2019 |
| spicy spinach with chicken livers..... | 79 | Sep 2019 | mussel bowls with chilli, lime & coriander..... | 79 | Feb 2020 |
| mince, chicken, cumin & honey meatballs with orzo..... | 43 | Sep 2019 | one-pot broccoli pho with chilli oil..... | 100 | Mar 2020 |
| THIGHS | | | roasted root vegetable laksa with buckwheat & toast..... | 99 | Apr 2020 |
| chicken biryani with cumin yoghurt..... | 48 | Jan 2020 | smoky chilli con carne with crispy Bambara groundnuts..... | 105 | Sep 2019 |
| chicken curry bunny chow..... | 61 | Oct 2019 | smoky pulled pork belly tacos with grapefruit salsa..... | 37 | Jun 2020 |
| chicken thighs in plum sauce..... | 78 | Dec 2019 | tomato & leek risotto with garlic, chilli & herb pangritata..... | 51 | Jun 2020 |
| honey, lime & ginger espetada..... | 37 | Apr 2020 | twirled courgette & sweet potato burger with chipotle mayonnaise..... | 78 | Jul 2019 |
| quick & easy Spanish-style chicken casserole..... | 43 | Mar 2020 | CHIMICHURRI | | |
| slow-cooked chicken with chorizo & cider-and-Parmesan dumplings..... | 52 | Jul 2019 | asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 |
| WHOLE | | | cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 |
| chicken quesadillas with hummus..... | 12 | Sep 2019 | CHIPS | | |
| chicken ramen with shiitake mushrooms..... | 73 | Aug 2019 | barbecue pork ribs with baby marrow chips..... | 61 | Nov 2019 |
| humble chicken & wild rice chowder with swanky parsley tempura..... | 90 | Apr 2020 | beef rib-eye steak with ginger butter sauce & carrot fries..... | 12 | Jun 2020 |
| mini chicken, Boursin & leek pies..... | 36 | Nov 2019 | chargrilled seafood platter with chips & aioli..... | 64 | Nov 2019 |
| pear, walnut, sage & lavender-stuffed baby chicken..... | 33 | Aug 2019 | crispy polenta fries..... | 99 | Jun 2020 |
| Peruvian-style chicken with salsa verde..... | 45 | Aug 2019 | Florentine steak with polenta chips & balsamic tomatoes..... | 64 | Feb 2020 |
| roast chicken with baby potatoes & portabellinis..... | 82 | Jun 2020 | CHIVES | | |
| roast chicken with hot cross bun stuffing..... | 96 | Apr 2020 | choux chicken & mushroom pie..... | 36 | Oct 2019 |
| roasted farm chicken with garlic & thyme..... | 85 | Oct 2019 | herby nut roast with a pistachio crust & sauerkraut..... | 101 | Apr 2020 |
| spicy peanut & ponzu butterflied chicken..... | 35 | Mar 2020 | roast turkey with herb & garlic butter..... | 36 | Dec 2019 |
| CHICKPEAS | | | rump steak with creamy potato & sweet-potato salad..... | 63 | Sep 2019 |
| #myDubaiBowl..... | 93 | Jun 2020 | yoghurt-marinated lamb curry with polenta wedges..... | 64 | Jul 2019 |
| amaranth & sunflower-seed crackers with beetroot hummus..... | 105 | Aug 2019 | CHOCOLATE | | |
| beetroot burger with pea hummus & pea shoots..... | 78 | Jul 2019 | BISCUITS | | |
| braised avocado with Moroccan-spiced chickpeas & coriander tahini..... | 84 | Jan 2020 | black liquorice & almond chocolate-chip giant cookies..... | 42 | Jul 2019 |
| broccoli & coconut-milk soup with spicy roasted chickpeas..... | 62 | Jul 2019 | chocolate & millet cookies..... | 26 | Oct 2019 |
| chargrilled sweet potato salad with hummus & smoked snoek..... | 60 | Nov 2019 | chocolate, orange, fudge & biscuit fridge cake tower..... | 63 | Jan 2020 |
| chicken quesadillas with hummus..... | 12 | Sep 2019 | marshmallow Easter egg rocky road..... | 73 | Apr 2020 |
| chickpea & carrot burgers..... | 99 | Sep 2019 | tigernut biscuits with ruby, white & dark chocolate..... | 33 | Feb 2020 |
| chickpea stew..... | 48 | Jul 2019 | CAKES | | |
| chilled Moroccan chickpea, lentil & tomato soup with crispy pita strips..... | 77 | Nov 2019 | Black Forest liquorice mousse cake..... | 44 | Jul 2019 |
| chipotle-dunked cauliflower buffalo wings..... | 100 | Jun 2020 | cinnamon craggy chocolate cake..... | 95 | Jun 2020 |
| flatbread with sesame-tofu skewers, homemade hummus & crunchy salad..... | 63 | Jul 2019 | frozen tiramisu loaf..... | 8 | Jan 2020 |
| loaded hummus..... | 87 | Oct 2019 | lady finger limoncello raspberry mousse cake..... | 68 | Dec 2019 |
| Moroccan-style chickpea keftas with lemon & mint raita & mini flatbreads..... | 84 | Jan 2020 | mini dobos tortes..... | 62 | Dec 2019 |
| naan pizza with muhammara & marinated paneer..... | 97 | Jan 2020 | DESSERTS | | |
| North African lamb knuckle pie..... | 89 | Apr 2020 | chocolate Lamington & cherry trifle..... | 67 | Dec 2019 |
| oxtail in Guinness with chickpeas & spinach..... | 50 | Jan 2020 | granadilla fridge tart with white chocolate ganache..... | 11 | Sep 2019 |
| Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | 43 | Nov 2019 | maca-roon tartlets with honeyscotch & chocolate..... | 105 | Mar 2020 |
| rainbow bento bowl..... | 99 | Jan 2020 | no-bake caramel & walnut chocolate tart..... | 92 | Apr 2020 |
| red pepper & chickpea curry..... | 58 | Jun 2020 | vegan coconut yoghurt panna cotta with dark chocolate & banana..... | 80 | Feb 2020 |
| Sicilian panelle with marinated baby marrow..... | 76 | Jan 2020 | white Russian tart..... | 60 | Jul 2019 |
| smoked paprika & cumin-marinated eggs on yoghurt..... | 99 | Nov 2019 | DRINKS | | |
| stir-fried cavolo nero, chestnuts, mushrooms & chickpeas..... | 93 | Mar 2020 | spiced hot chocolate on a stick..... | 79 | Jan 2020 |
| strawberry Eton mess..... | 79 | Jan 2020 | whisky hot chocolate shots..... | 50 | Jun 2020 |
| three-bean salad..... | 77 | Sep 2019 | PASTRIES | | |
| vegan cauliflower & chickpea soft tortillas..... | 41 | Apr 2020 | chilli-chocolate éclairs filled with crème pâtissière..... | 46 | Aug 2019 |
| vegan meringues with berry sorbet & plums..... | 78 | Nov 2019 | filo-wrapped Bar One "cigars" with coffee syrup..... | 49 | Oct 2019 |
| CHILLIES | | | ice cream cannoli..... | 78 | Apr 2020 |
| asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 | peppermint crisp éclairs..... | 36 | Oct 2019 |
| beetroot churros with zhoug dipping sauce..... | 39 | Oct 2019 | white chocolate & candied ginger pastry wreaths..... | 75 | Dec 2019 |
| black bean, mushroom & rye "meatball" tacos with blackened corn, avo & chipotle..... | 100 | Jun 2020 | sauce, vegan dark chocolate..... | 86 | Nov 2019 |
| buckwheat noodles with walnut pesto, chilli mushrooms & amaranth..... | 99 | Jan 2020 | SWEETS | | |
| charcoal & hemp seed nachos with seaweed cream cheese, toasted pumpkin seeds & roasted tomatoes..... | 99 | Mar 2020 | chocolate-coated caramel marshmallow Easter eggs..... | 77 | Apr 2020 |
| chargrilled guavas with radishes, peanuts, chilli & herbs..... | 47 | Oct 2019 | cocoa butter nougat with raspberries & almonds..... | 104 | Dec 2019 |
| chicken curry bunny chow..... | 61 | Oct 2019 | dark-chocolate dipped honeycomb..... | 45 | Sep 2019 |
| chickpea & carrot burgers..... | 99 | Sep 2019 | CHUTNEY | | |
| chilli-chocolate éclairs filled with crème pâtissière..... | 46 | Aug 2019 | see also PICKLES; RELISH | | |
| chilli con veggie with toasted pitas & guacamole..... | 48 | Jun 2020 | mini sourdough scones with vintage Cheddar, red onion chutney & classic gin & tonic..... | 6 | Feb 2020 |
| chilli-tomato chicken livers with basmati rice..... | 62 | Jul 2019 | CINNAMON | | |
| chipotle-dunked cauliflower buffalo wings..... | 100 | Jun 2020 | aromatic cumin-spiced rice..... | 92 | Jun 2020 |
| | | | beetroot halva tart with pistachio nuts..... | 94 | Mar 2020 |
| | | | carrot cake syrup..... | 29 | Apr 2020 |
| | | | carrot snack cake with coconut chai icing..... | 74 | Apr 2020 |
| | | | chicken biryani with cumin yoghurt..... | 48 | Jan 2020 |
| | | | cinnamon craggy chocolate cake..... | 95 | Jun 2020 |
| | | | coffee & Turkish delight cocktail..... | 65 | Jul 2019 |

| | | | | | |
|--|-----|----------|--|-----|----------|
| easy confit duck finished on the braai with chilli papaya salsa & glass noodles..... | 52 | Dec 2019 | fried okra, chargrilled corn, red pepper & baby spinach | | |
| eggnog & speculaas biscuit ice cream cake..... | 71 | Dec 2019 | salad with Thai coconut & lime dressing..... | 97 | Dec 2019 |
| gingerbread affogatos with cinnamon churros..... | 65 | Dec 2019 | grilled pineapple & coconut soft serve..... | 102 | Feb 2020 |
| honey, rose-water & cinnamon panna cotta..... | 88 | Oct 2019 | lamb & coconut bunny chow..... | 64 | Sep 2019 |
| hot cross syrup..... | 29 | Apr 2020 | maca-roun tartlets with honeyscotch & chocolate..... | 105 | Mar 2020 |
| melktert..... | 88 | Sep 2019 | matcha-coconut panna cotta..... | 67 | Jul 2019 |
| Moroccan lamb tagine for Badra..... | 94 | Jun 2020 | panko & coconut prawns with pineapple on bamboo skewers..... | 61 | Jan 2020 |
| peanut-butter cookies with honey & cinnamon butter..... | 49 | Sep 2019 | rainbow bento bowl..... | 99 | Jan 2020 |
| ras el hanout..... | 84 | Jan 2020 | roasted root vegetable laksa with buckwheat & toast..... | 99 | Apr 2020 |
| spiced hot chocolate on a stick..... | 79 | Jan 2020 | Rooibos & honey bunny marshmallows..... | 18 | Apr 2020 |
| spiced orange vanilla cake with Swiss meringue icing..... | 8 | Apr 2020 | shaved cauliflower & crispy butter-bean salad with coconut, turmeric & honey dressing..... | 100 | Aug 2019 |
| tomato bredie..... | 53 | Jul 2019 | strawberry Eton mess..... | 79 | Jan 2020 |
| warm Rooibos & grapefruit sangria..... | 38 | Jun 2020 | strawberry, mint, watermelon & coconut cream popsicles..... | 67 | Feb 2020 |
| yoghurt terrine with cardamom orange syrup & figs..... | 92 | Apr 2020 | sweet mung bean & coconut fritters..... | 101 | Jan 2020 |
| CLEMENGOLDS | | | toasted coconut marshmallow syrup..... | 31 | Apr 2020 |
| see also CLEMENTINES; ORANGES | | | vegan avocado & lime tartlets..... | 38 | Apr 2020 |
| burrata & charred Clemengold in rosemary-infused olive oil served with ciabatta toast..... | 24 | Aug 2019 | vegan coconut yoghurt panna cotta with dark chocolate & banana..... | 80 | Feb 2020 |
| Clemengold & pulled pork ramen..... | 25 | Aug 2019 | vegan ice cream..... | 69 | Dec 2019 |
| leek, pork banger & cannellini bean casserole..... | 35 | Nov 2019 | vegan peanut butter ice cream..... | 86 | Nov 2019 |
| CLEMENTINES | | | vegetable curry with basmati rice..... | 42 | Mar 2020 |
| see also CLEMENGOLDS; ORANGES | | | wild mushroom ragù & creamy coconut polenta..... | 100 | Oct 2019 |
| warm Rooibos & grapefruit sangria..... | 38 | Jun 2020 | wild rice & lentil risotto with braaiied aubergine..... | 101 | Sep 2019 |
| CLOVES | | | COFFEE | | |
| aromatic cumin-spiced rice..... | 92 | Jun 2020 | choux pastry swans with white Russian cream..... | 71 | Dec 2019 |
| chicken ramen with shiitake mushrooms..... | 73 | Aug 2019 | cinnamon craggy chocolate cake..... | 95 | Jun 2020 |
| easy confit duck finished on the braai with chilli papaya salsa & glass noodles..... | 52 | Dec 2019 | coffee & condensed milk crème caramels..... | 70 | Dec 2019 |
| ras el hanout..... | 84 | Jan 2020 | coffee & Turkish delight cocktail..... | 65 | Jul 2019 |
| spiced grapefruit marmalade..... | 40 | Jun 2020 | espresso martini..... | 31 | Jan 2020 |
| spiced orange vanilla cake with Swiss meringue icing..... | 8 | Apr 2020 | filo-wrapped Bar One "cigars" with coffee syrup..... | 49 | Oct 2019 |
| tomato bredie..... | 53 | Jul 2019 | frozen tiramisù loaf..... | 8 | Jan 2020 |
| warm Rooibos & grapefruit sangria..... | 38 | Jun 2020 | gingerbread affogatos with cinnamon churros..... | 65 | Dec 2019 |
| COCKTAILS | | | ice cream cannoli..... | 78 | Apr 2020 |
| aromatic granadilla mule..... | 31 | Jan 2020 | mini dobos tortes..... | 62 | Dec 2019 |
| batida..... | 30 | Jan 2020 | CONDENSED MILK | | |
| bunny hop punch..... | 29 | Apr 2020 | appelliefie-yskastert..... | 86 | Sep 2019 |
| cacao-infused vodka..... | 30 | Apr 2020 | batida..... | 30 | Jan 2020 |
| cape gooseberry cocktail..... | 63 | Nov 2019 | coffee & condensed milk crème caramels..... | 70 | Dec 2019 |
| Capetonian..... | 31 | Jan 2020 | frozen tiramisù loaf..... | 8 | Jan 2020 |
| carrot cake martini..... | 29 | Apr 2020 | granadilla fridge tart with white chocolate ganache..... | 11 | Sep 2019 |
| classic gin & tonic..... | 7 | Feb 2020 | lemon meringue ice cream pie..... | 84 | Nov 2019 |
| coffee & Turkish delight cocktail..... | 65 | Jul 2019 | lemon supreme tart with French meringue topping..... | 6 | Mar 2020 |
| cottontail fizz..... | 30 | Apr 2020 | lime cheesecake..... | 42 | Apr 2020 |
| Eastern Mary..... | 30 | Jan 2020 | shortbread alfajores..... | 102 | Mar 2020 |
| elderflower & sparkling wine cocktail..... | 48 | Oct 2019 | CORIANDER | | |
| espresso martini..... | 31 | Jan 2020 | asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 |
| ginger-beer cocktail..... | 67 | Sep 2019 | black bean, avo & dried cranberry salad with coriander, parsley & Parmesan dressing..... | 99 | Dec 2019 |
| grappa, ginger & pomegranate cocktail..... | 49 | Apr 2020 | braaiied avocado with Moroccan-spiced chickpeas & coriander tahini..... | 84 | Jan 2020 |
| green melon & mint mojito..... | 51 | Jan 2020 | cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 |
| lavender whisky sours..... | 37 | Aug 2019 | chicken biryani with cumin yoghurt..... | 48 | Jan 2020 |
| Moscow mule cocktail..... | 47 | Aug 2019 | chicken ramen with shiitake mushrooms..... | 73 | Aug 2019 |
| negroni cooler..... | 51 | Dec 2019 | chickpea & carrot burgers..... | 99 | Sep 2019 |
| old Cuban cocktail..... | 63 | Jan 2020 | coconut cream chermoula hake..... | 88 | Apr 2020 |
| old fashioned..... | 30 | Jan 2020 | coleslaw with lemon & orange dressing..... | 77 | Sep 2019 |
| orange liqueur & ginger beer cocktail..... | 44 | Mar 2020 | Eastern Mary..... | 30 | Jan 2019 |
| paloma cocktail jellies..... | 76 | Dec 2019 | green shakshuka with Danish feta, sourdough & edible flowers..... | 49 | Jan 2020 |
| pink G & T with rooibos & lemongrass..... | 65 | Feb 2020 | herby frittata pizza with avocado & smoked trout ribbons..... | 69 | Oct 2019 |
| pink summer sangria..... | 94 | Nov 2019 | herby nut roast with a pistachio crust & sauerkraut..... | 101 | Apr 2020 |
| Pisco sour-style cocktail with dehydrated apple..... | 66 | Oct 2019 | lamb & coconut bunny chow..... | 64 | Sep 2019 |
| the polar ocean..... | 31 | Jan 2020 | linefish with chermoula & roasted root vegetables..... | 86 | Jun 2020 |
| rabbit & the mule..... | 30 | Apr 2020 | mini sourdough scones with vintage Cheddar, red onion chutney & classic gin & tonic..... | 6 | Feb 2020 |
| smoky hot cross flip..... | 28 | Apr 2020 | Moroccan lamb tagine for Badra..... | 94 | Jun 2020 |
| strawberry, mint & MCC cooler..... | 42 | Jan 2020 | Moroccan-style chickpea keftas with lemon & mint raita & mini flatbreads..... | 84 | Jan 2020 |
| warm Rooibos & grapefruit sangria..... | 38 | Jun 2020 | mussel bowls with chilli, lime & coriander..... | 79 | Feb 2020 |
| COCOA | | | Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | 43 | Nov 2019 |
| cocoa butter nougat with raspberries & almonds..... | 104 | Dec 2019 | Peruvian-style chicken with salsa verde..... | 45 | Aug 2019 |
| winter cheeseboard with sesame-cocoa bark..... | 100 | Jul 2019 | pumpkin fritters with pawpaw relish..... | 62 | Sep 2019 |
| COCONUT | | | pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 |
| broccoli & coconut-milk soup with spicy roasted chickpeas..... | 62 | Jul 2019 | red gnocchi with cashews, cowpeas & baby spinach..... | 101 | Mar 2020 |
| carrot snack cake with coconut chai icing..... | 74 | Apr 2020 | roasted pepper seasoning..... | 82 | Jul 2019 |
| Clemengold & pulled pork ramen..... | 25 | Aug 2019 | salmon tacos with coriander & spring onion..... | 61 | Jan 2020 |
| coconut & ginger "syllabus"..... | 102 | Jul 2019 | | | |
| coconut cream chermoula hake..... | 88 | Apr 2020 | | | |
| cottontail fizz..... | 30 | Apr 2020 | | | |
| curried coconut kale with sliced beef sirloin..... | 44 | Oct 2019 | | | |
| dairy-free musika (tamarind) & coconut ice cream..... | 26 | Jan 2020 | | | |
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 | | | |

- sausage, fennel, beer & barley casserole 53 Jul 2019
 smoky cowpea "baked beans" with toasted baguette 99 Sep 2019
 vegetable curry with basmati rice 42 Mar 2020
- CORN**
 see also **POLENTA**
 Asian noodles with shredded turkey 41 Dec 2019
 baked Gorgonzola & sweetcorn brûlée with
 seed crackers 90 Nov 2019
 black bean, mushroom & rye "meatball" tacos with
 blackened corn, avo & chipotle 100 Jun 2020
 chorizo, sage & Cheddar beignets 35 Oct 2019
 corn, fresh tuna & quinoa salad 62 Feb 2020
 fried okra, chargrilled corn, red pepper & baby spinach
 salad with Thai coconut & lime dressing 97 Dec 2019
 humble chicken & wild rice chowder with swanky
 parsley tempura 90 Apr 2020
 Lientjie se pap-frikkadelle 83 Sep 2019
 liquorice plant (imphepho) & olive oil ice cream with
 maize sugar cone crumbs 26 Jan 2020
 mango-achar salsa 80 Sep 2019
 mealie meal pizza with spicy chakalaka &
 boerewors meatballs 91 Jan 2020
 Mexican chicken & nachos salad with basil &
 lemon dressing 45 Nov 2019
 mushroom broth ramen with shredded chicken 47 Jun 2020
 peach chutney & mayonnaise chicken with mealie salsa 63 Sep 2019
 sweet potato cakes with crispy tofu & pea pesto 99 Feb 2020
 white bean salad 40 Jan 2020
- COURGETTES** see **BABY MARROWS**
- COWPEAS**
 see also **PEAS**
 red gnocchi with cashews, cowpeas & baby spinach 101 Mar 2020
 smoky cowpea "baked beans" with toasted baguette 99 Sep 2019
 vegan shakshuka 101 Nov 2019
- CRANBERRIES**
 black bean, avo & dried cranberry salad with
 coriander, parsley & Parmesan dressing 99 Dec 2019
 Brie & cranberry shining stars 58 Dec 2019
 gingersnap-crust kudu sirloin with
 chilli cranberry & orange sauce 27 Dec 2019
 herby nut roast with a pistachio crust & sauerkraut 101 Apr 2020
 hummingbird fruit cake 75 Dec 2019
 mushroom & nut-stuffed roasted sirloin of beef 78 Sep 2019
 oat, cranberry, pecan & peanut cookies 26 Oct 2019
 roasted pumpkin, rosemary, cranberry & pine-nut salad 80 Sep 2019
 turkey crown with pork & cranberry stuffing 38 Dec 2019
- CROQUETTES**, ham & cheese croquettes with
 honey & mustard mayo 62 Jul 2019
- CROSTINI**, biltong soup with Gruyère & leek crostini 46 Jun 2020
- CUCUMBER**
 corn, fresh tuna & quinoa salad 62 Feb 2020
 easy confit duck finished on the braai with
 chilli papaya salsa & glass noodles 52 Dec 2019
 mango-achar salsa 80 Sep 2019
 Moroccan-style chickpea keftas with
 lemon & mint raita & mini flatbreads 84 Jan 2020
 Persian chickpea salad with marinated vegan feta
 & minted tahini dressing 43 Nov 2019
 pumpkin fritters with pawpaw relish 62 Sep 2019
 village Greek salad 81 Mar 2020
- CUMIN**
 aromatic cumin-spiced rice 92 Jun 2020
 chicken biryani with cumin yoghurt 48 Jan 2020
 chicken, cumin & honey meatballs with orzo 43 Sep 2019
 linefish with chermoula & roasted root vegetables 86 Jun 2020
 Moroccan lamb tagine for Badra 94 Jun 2020
 pea salad with burrata, pine nuts, asparagus &
 a carrot & cumin dressing 44 Nov 2019
 Peruvian-style chicken with salsa verde 45 Aug 2019
 ras el hanout 84 Jan 2020
 sausage, fennel, beer & barley casserole 53 Jul 2019
 smoked paprika & cumin-marinated eggs on yoghurt 99 Nov 2019
- CURRIES**
 chicken biryani with cumin yoghurt 48 Jan 2020
 chicken curry bunny chow 61 Oct 2019
 curried coconut kale with sliced beef sirloin 44 Oct 2019
 red pepper & chickpea curry 58 Jun 2020
 tofu & lentil Thai red curry 10 Nov 2019
 vegetable curry with basmati rice 42 Mar 2020
 yoghurt-marinated lamb curry with polenta wedges 64 Jul 2019
- CUSTARDS**
 baked Gorgonzola & sweetcorn brûlée with seed crackers 90 Nov 2019
- chilli-chocolate éclairs filled with crème pâtissière 46 Aug 2019
 churros stuffed with honey custard 48 Sep 2019
 coffee & condensed milk crème caramels 70 Dec 2019
 honey, rose-water & cinnamon panna cotta 88 Oct 2019
 Irish apple cake with matcha custard drizzle 59 Mar 2020
 matcha-coconut panna cotta 67 Jul 2019
 Rooibos & fynbos croqueembouche 39 Oct 2019
 Russian tart 90 Feb 2020
 savoury hot cross bun breakfast pudding 95 Apr 2020
 star anise crème brûlée 76 Feb 2020
 sticky pear & brandy pudding with caramel custard 76 Dec 2019
 vegan coconut yoghurt panna cotta with dark chocolate
 & banana 80 Feb 2020
- D**
- DATES**
 apple & sumac filo roses with date caramel sauce 78 Nov 2019
 vegan avocado & lime tartlets 38 Apr 2020
- DESSERTS** see **CAKES; CHEESECAKES; CHOCOLATE; CUSTARDS; ICE CREAM; MERINGUE; PASTRIES; PIES, SWEET; PUDDINGS; SORBET; TARTS, SWEET;** refer also to specific types of fruit
- DILL**
 farmed trout tartare 92 Oct 2019
 gemista 81 Mar 2020
 green pancakes with cashew "cream cheese"
 & pan-fried mushrooms 99 Oct 2019
 herby frittata pizza with avocado & smoked trout ribbons 69 Oct 2019
 liquorice & black garlic-crust salmon with
 buckwheat salad 41 Jul 2019
 Persian chickpea salad with marinated vegan feta
 & minted tahini dressing 43 Nov 2019
 roasted beetroot, pickled red onion & goat's cheese salad 77 Sep 2019
 smoked fish & dill pie with potato crust 47 Jun 2020
 Velddrif fish pie 69 Jun 2020
 whole baked rainbow trout with garlic & dill butter,
 lemongrass & crispy shallots 40 Jun 2020
- DOUGHNUTS**
 see also **FITTERS**
 beetroot churros with zhoug dipping sauce 39 Oct 2019
 churros stuffed with honey custard 48 Sep 2019
 doughssants with lemon glaze, blueberries & almonds 64 Jan 2020
 gingerbread affogatos with cinnamon churros 65 Dec 2019
 oliebollen 93 Dec 2019
- DRINKS, COLD** see **COCKTAILS**
- DRINKS, HOT**
 gingerbread affogatos with cinnamon churros 65 Dec 2019
 maca latte 105 Mar 2020
 spiced hot chocolate on a stick 79 Jan 2020
 warm Rooibos & grapefruit sangria 38 Jun 2020
 whisky hot chocolate shots 50 Jun 2020
- DUCK**
 crispy duck salad with marinated papaya, grapefruit
 & a lime dressing 44 Nov 2019
 duck breasts in cherry sauce with buttered lentils 83 Feb 2020
 easy confit duck finished on the braai with chilli papaya
 salsa & glass noodles 52 Dec 2019
 maple-butter duck with sage-roasted cherries 11 Dec 2019
 smoky honey-glazed duck breast with sesame rice
 & tangy turnips 45 Sep 2019
- DUMPLINGS**
 braised oxtail with scroll scone dumplings & herbed
 green salsa 85 Jun 2020
 slow-cooked chicken with chorizo
 & cider-and-Parmesan dumplings 52 Jul 2019
- E**
- EGG DISHES**
 see also **FRIITTATA; QUICHE**
 Easter breakfast pie 73 Apr 2020
 eggnog & speculaas biscuit ice cream cake 71 Dec 2019
 egg-stuffed pork pie with achar 70 Oct 2019
 green shakshuka with Danish feta, sourdough
 & edible flowers 49 Jan 2020

| | | |
|---|-----|----------|
| open ravioli with shaved biltong, sugar snap peas & soft-poached egg..... | 6 | Oct 2019 |
| Pisco sour-style cocktail with dehydrated apple..... | 66 | Oct 2019 |
| potato baskets with Bolognese & poached eggs..... | 66 | Oct 2019 |
| potato, broccoli & egg salad..... | 78 | Sep 2019 |
| puffed pancake with mozzarella, prosciutto & turmeric eggs..... | 74 | Apr 2020 |
| ramen with soya-marinated eggs..... | 69 | Oct 2019 |
| savoury hot cross bun breakfast pudding..... | 95 | Apr 2020 |
| sesame egg-fried rice with peas & sugar snaps..... | 45 | Oct 2019 |
| smashed avocado & poached eggs on spinach..... | 56 | Mar 2020 |
| soda bread..... | 99 | Nov 2019 |
| smoked paprika & cumin-marinated eggs on yoghurt..... | 42 | Dec 2019 |
| turkey Cobb salad..... | 81 | Jun 2020 |
| the ultimate sourdough eggs Benedict with buttery mushrooms..... | 101 | Nov 2019 |
| vegan shakshuka..... | | |

EGGPLANT see **AUBERGINES**

| | | |
|--|----|----------|
| ELDERFLOWER , champagne, & berry jelly..... | 84 | Feb 2020 |
|--|----|----------|

F**FENNEL**

| | | |
|---|-----|----------|
| artichoke, fennel, mint & Parmesan salad with lavender, honey & lemon dressing..... | 34 | Aug 2019 |
| duck breasts in cherry sauce with buttered lentils..... | 83 | Feb 2020 |
| fennel & artichoke salad..... | 63 | Feb 2020 |
| fresh hake en papillote with fennel, orange, white wine & garlic..... | 48 | Dec 2019 |
| liquorice & black garlic-crusting salmon with buckwheat salad..... | 41 | Jul 2019 |
| maple, sage & sherry turkey legs with butter bean & fennel mash..... | 39 | Dec 2019 |
| mussels with Parmesan, fennel & salsiccia..... | 92 | Oct 2019 |
| prawn, fennel, olive & orange salad..... | 43 | Feb 2020 |
| salted spinach, fennel & buchu crackers..... | 105 | Jan 2020 |
| sausage, fennel, beer & barley casserole..... | 53 | Jul 2019 |
| slow-roasted lamb shoulder with red wine, baby fennel & figs..... | 48 | Apr 2020 |

FIGS

| | | |
|--|-----|----------|
| creamy cheese stack with port syrup, dried figs & pecan nut brittle..... | 53 | Jan 2020 |
| fig, almond & thyme frittata with Brie & oven-roasted sweet potatoes..... | 73 | Aug 2019 |
| honey-roasted figs on pearl barley with blue cheese sauce & fresh wild rocket..... | 98 | Dec 2019 |
| maple rum bliss balls..... | 103 | Apr 2020 |
| slow-roasted lamb shoulder with red wine, baby fennel & figs..... | 48 | Apr 2020 |
| yoghurt terrine with cardamom orange syrup & figs..... | 92 | Apr 2020 |

FISHsee also **CALAMARI; MUSSELS; OYSTERS; PRAWNS; SQUID**

| | | |
|--|----|----------|
| Cape bream, whole roasted, with olives & citrus..... | 92 | Oct 2019 |
| haddock, smoked fish & dill pie with potato crust..... | 47 | Jun 2020 |

HAKE

| | | |
|---|----|----------|
| coconut cream chermoula hake..... | 88 | Apr 2020 |
| fisherman's stew..... | 48 | Jul 2019 |
| fresh hake en papillote with fennel, orange, white wine & garlic..... | 48 | Dec 2019 |
| linefish with chermoula & roasted root vegetables..... | 86 | Jun 2020 |
| Velddrif fish pie..... | 69 | Jun 2020 |

KINGKLIP

| | | |
|--|----|----------|
| baked kingklip with creamy leeks & pancetta..... | 39 | Nov 2019 |
| ceviche lettuce cups..... | 37 | Apr 2020 |
| cheesy baked kingklip..... | 42 | Mar 2020 |
| seafood gumbo..... | 50 | Apr 2020 |

SALMON

| | | |
|--|----|----------|
| almond-crusting salmon with MCC velouté..... | 40 | Jan 2020 |
| liquorice & black garlic-crusting salmon with buckwheat salad..... | 41 | Jul 2019 |
| salmon mousse..... | 89 | Feb 2020 |
| salmon tacos with coriander & spring onion..... | 61 | Jan 2020 |

SARDINES

| | | |
|----------------------------------|----|----------|
| sardines with olives..... | 70 | Jun 2020 |
| simple fish paste for toast..... | 72 | Jun 2020 |

SNOEK, SMOKED

| | | |
|--|----|----------|
| chargrilled sweet potato salad with hummus & smoked snoek..... | 60 | Nov 2019 |
| Velddrif fish pie..... | 69 | Jun 2020 |
| stock, basic fish..... | 69 | Jun 2020 |

TROUT

| | | |
|--|----|----------|
| baked trout with peach salsa..... | 48 | Jan 2020 |
| farmed trout tartare..... | 92 | Oct 2019 |
| rainbow trout with spring onion, pine nut & preserved lemon salsa..... | 90 | Nov 2019 |
| whole baked rainbow trout with garlic & dill butter, lemongrass & crispy shallots..... | 40 | Jun 2020 |

TROUT, SMOKED

| | | |
|--|----|----------|
| cold-smoked trout, strawberry & pickled ginger salad with wasabi dressing..... | 46 | Nov 2019 |
| herby frittata pizza with avocado & smoked trout ribbons..... | 69 | Oct 2019 |
| hot-smoked trout terrine lined with cold-smoked trout ribbons..... | 86 | Oct 2019 |
| smoked fish & dill pie with potato crust..... | 47 | Jun 2020 |

TUNA

| | | |
|--|----|----------|
| corn, fresh tuna & quinoa salad..... | 62 | Feb 2020 |
| creamy mushroom & tuna with peas & potato wedges..... | 54 | Apr 2020 |
| tuna steaks with chakalaka & avo..... | 62 | Sep 2019 |
| white fish, ceviche with avo & lime..... | 35 | Mar 2020 |
| yellowtail, linefish with chermoula & roasted root vegetables..... | 86 | Jun 2020 |

FLANS see **TARTS, SAVOURY; TARTS, SWEET****FLAPJACKS**see also **PANCAKES**

| | | |
|--|----|----------|
| lemon ricotta hotcakes with caramel-poached grapefruit quarters..... | 43 | Jun 2020 |
|--|----|----------|

FLAXSEEDS

| | | |
|---|-----|----------|
| broad beans, edamame & asparagus on sourdough with vegan hollandaise..... | 102 | Nov 2019 |
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 |
| omungome oshiwambo..... | 73 | Mar 2020 |

FLOWERSsee also **LAVENDER**

| | | |
|---------------------------|----|----------|
| flower ice..... | 28 | Aug 2019 |
| FREEKEH salad..... | 84 | Jan 2020 |

FRIITATA

| | | |
|---|----|----------|
| fig, almond & thyme frittata with Brie & oven-roasted sweet potatoes..... | 73 | Aug 2019 |
| herby frittata pizza with avocado & smoked trout ribbons..... | 69 | Oct 2019 |

FRITTERSsee also **DOUGHNUTS**

| | | |
|--|-----|----------|
| pumpkin fritters with pawpaw relish..... | 62 | Sep 2019 |
| Sicilian panelle with marinated baby marrow..... | 76 | Jan 2020 |
| spicy maakouda (potato fritter) stack with avocado mayonnaise..... | 74 | Nov 2019 |
| sweet mung bean & coconut fritters..... | 101 | Jan 2020 |

FRUIT (refer also to specific types of fruit)

| | | |
|-----------------------------|----|----------|
| hummingbird fruit cake..... | 75 | Dec 2019 |
| oliebollen..... | 93 | Dec 2019 |

G**GARLIC**

| | | |
|--|----|----------|
| chargrilled octopus persillade..... | 91 | Oct 2019 |
| chargrilled seafood platter with chips & aioli..... | 64 | Nov 2019 |
| chicken Marbella with prunes, green olives, capers & garlic..... | 49 | Dec 2019 |
| fresh hake en papillote with fennel, orange, white wine & garlic..... | 48 | Dec 2019 |
| grilled prawns with paprika & garlic butter..... | 92 | Oct 2019 |
| liquorice & black garlic-crusting salmon with buckwheat salad..... | 41 | Jul 2019 |
| perfect lamb shoulder..... | 93 | Dec 2019 |
| potato, rosemary, honey & roasted garlic flatbread..... | 43 | Sep 2019 |
| prime beef rib roast with garlic, thyme & red wine gravy & baby vegetables..... | 26 | Dec 2019 |
| roasted farm chicken with garlic & thyme..... | 85 | Oct 2019 |
| roast turkey with herb & garlic butter..... | 36 | Dec 2019 |
| rolled leg of lamb with lavender, white wine & honey..... | 34 | Aug 2019 |
| slow-braised beef short ribs..... | 36 | Mar 2020 |
| slow-roasted lamb shoulder with red wine, baby fennel & figs..... | 48 | Apr 2020 |
| smoky cowpea "baked beans" with toasted baguette..... | 99 | Sep 2019 |
| spicy peanut & ponzu butterflied chicken..... | 35 | Mar 2020 |
| tomato & leek risotto with garlic, chilli & herb pangritata..... | 51 | Jun 2020 |
| whole baked rainbow trout with garlic & dill butter, lemongrass & crispy shallots..... | 40 | Jun 2020 |

GELATOsee also **ICE CREAM; SORBET**

edible clay (rondo) & vanilla gelato.....25 Jan 2020

GINGER

beef rib-eye steak with ginger butter sauce & carrot fries.....12 Jun 2020
 carrot cake syrup.....29 Apr 2020
 chicken biryani with cumin yoghurt.....48 Jan 2020
 Clemengold & pulled pork ramen.....25 Aug 2019
 coconut & ginger "syllabub".....102 Jul 2019
 cold-smoked trout, strawberry & pickled ginger salad
 with wasabi dressing.....46 Nov 2019
 frozen tiramisù loaf.....8 Jan 2020
 ginger-beer cocktail.....67 Sep 2019
 gingerbread affogatos with cinnamon churros.....65 Dec 2019
 gingerbread dog house.....55 Dec 2019
 ginger-miso rump steak with baby bok choy.....44 Aug 2019
 gingersnap-crust kudu sirloin with chilli cranberry
 & orange sauce.....27 Dec 2019
 grappa, ginger & pomegranate cocktail.....49 Apr 2020
 honey, lime & ginger espetada.....37 Apr 2020
 Moroccan lamb tagine for Badra.....94 Jun 2020
 mushroom broth ramen with shredded chicken.....47 Jun 2020
 one-pot broccoli pho with chilli oil.....100 Mar 2020
 orange liqueur & ginger beer cocktail.....44 Mar 2020
 pear & ginger crumble galette.....47 Mar 2020
 ras el hanout.....84 Jan 2020
 roasted pork belly with black liquorice glaze.....40 Jul 2019
 roasted root vegetable laksa with buckwheat & toast.....99 Apr 2020
 slow-braised beef short ribs.....36 Mar 2020
 smoky honey-glazed duck breast with sesame rice
 & tangy turnips.....45 Sep 2019
 spiced orange vanilla cake with Swiss meringue icing.....8 Apr 2020
 spicy gochujang mussel pot.....105 Jul 2019
 sticky mirin & ginger pork meatball noodle bowls.....33 Mar 2020
 tomato bredie.....53 Jul 2019
 white chocolate & candied ginger pastry wreaths.....75 Dec 2019
 whole baked rainbow trout with garlic & dill butter,
 lemongrass & crispy shallots.....40 Jun 2020
 yoghurt-marinated lamb curry with polenta wedges.....64 Jul 2019

GLAZES

doughsants with lemon glaze, blueberries & almonds.....64 Jan 2020
 glazed gammon & pork chipolatas with apricots,
 lemon & sage.....27 Dec 2019
 hummingbird fruit cake.....75 Dec 2019
 suurlemoen-en-papawersaadkoek.....86 Sep 2019
 sweet & sour-glazed pork chops with flaked almonds
 & chargrilled beans.....46 Apr 2020

GNOCCHI

with baby spinach & pecan nuts.....47 Jul 2019
 red gnocchi with cashews, cowpeas & baby spinach.....101 Mar 2020
 semolina gnocchi with wild winelands mushrooms, thyme,
 mature cheese & cream.....85 Oct 2019

GOCHUJANG

miso aubergine.....35 Mar 2020
 spicy gochujang mussel pot.....105 Jul 2019

GOOSEBERRIES

appelliefie-yskastert.....86 Sep 2019
 cape gooseberry cocktail.....63 Nov 2019
 stewed gooseberries with orange
 & rose-scented cottage cheese.....99 Jul 2019

GRANADILLAS

aromatic granadilla mule.....31 Jan 2020
 fridge tart with white chocolate ganache.....11 Sep 2019

GRANOLA, fried banana split with coconut yoghurt

& home-made granola.....102 Nov 2019

GRAPEFRUIT

bunny hop punch.....29 Apr 2020
 crispy duck salad with marinated papaya, grapefruit
 & a lime dressing.....44 Nov 2019
 grapefruit & soya chicken bake.....41 Jun 2020
 lemon ricotta hotcakes with caramel-poached
 grapefruit quarters.....43 Jun 2020
 liquorice & black garlic-crust salmon with
 buckwheat salad.....41 Jul 2019
 paloma cocktail jellies.....76 Dec 2019
 smoky pulled pork belly tacos with grapefruit salsa.....37 Jun 2020
 spiced grapefruit marmalade.....40 Jun 2020
 warm rooibos & grapefruit sangria.....38 Jun 2020
 whole baked rainbow trout with garlic & dill butter,
 lemongrass & crispy shallots.....40 Jun 2020

GRAPES

grape focaccia with baked Camembert, walnuts & olives.....43 Feb 2020

saffron & sultana millet with spicy baked cauliflower

& marinated olives.....73 Nov 2019

GRAVY

prime beef rib roast with garlic, thyme & red wine gravy
 & baby vegetables.....26 Dec 2019
 rolled sirloin with Yorkshire puddings & red wine gravy.....30 Feb 2020

GREEN BEANS

pumpkin & chicken bake.....58 Aug 2019
 sweet & sour-glazed pork chops with flaked almonds
 & chargrilled beans.....46 Apr 2020
 warm green salad.....58 Jan 2020

GROUNDNUTSsee also **PEANUTS**

smoky chilli con carne with crispy Bambara groundnuts.....105 Sep 2019

GUAVAS

baked guavas with butter & brown sugar.....63 Oct 2019
 chargrilled guavas with radishes, peanuts, chilli & herbs.....47 Oct 2019
 guava-rippled meringues topped with pistachios.....8 Nov 2019

H

HALVA, beetroot halva tart with pistachio nuts.....94 Mar 2020

HAM

glazed gammon & pork chipolatas with apricots,
 lemon & sage.....27 Dec 2019
 ham & cheese croquettes with honey & mustard mayo.....62 Jul 2019
 lasagne bread (scaccia).....44 Mar 2020
 Parma ham & glazed strawberry bruschetta with
 whipped feta & ricotta cream.....89 Nov 2019
 Parma ham with grilled sherry peaches, rocket
 & Parmesan.....75 Feb 2020
 puffed pancake with mozzarella, prosciutto
 & turmeric eggs.....74 Apr 2020
 sweet potato pizza with olives, ricotta & prosciutto.....97 Jan 2020

HARISSA

harissa mayo.....99 Jun 2020
 harissa tofu & grilled peach salad.....88 Jan 2020
 pita pizza with spicy lamb, mozzarella & minty pesto.....94 Jan 2020

HAZELNUTS

baby butternut baklava pies.....93 Mar 2020
 beer brownies with caramel, hazelnuts & pretzels.....66 Sep 2019
 French rack of lamb with tagliatelle
 & hazelnut beurre noisette.....75 Feb 2020

HEMP SEEDS

buckwheat noodles with walnut pesto, chilli mushrooms
 & amaranth.....99 Jan 2020
 charcoal & hemp seed nachos with seaweed cream
 cheese, toasted pumpkin seeds & roasted tomatoes.....99 Mar 2020
 fried banana split with coconut yoghurt
 & home-made granola.....102 Nov 2019
 hemp seed tortellini with lemony spinach & ricotta.....105 Nov 2019

HERBS see **SPECIFIC TYPES OF HERBS****HONEY**

artichoke, fennel, mint & Parmesan salad with lavender,
 honey & lemon dressing.....34 Aug 2019
 aubergine "schnitzels" with tricolore coleslaw
 & lemon-honey dressing.....42 Aug 2019
 aubergines in tomato & tamarind sauce.....93 Mar 2020
 chicken, cumin & honey meatballs with orzo.....43 Sep 2019
 chocolate, orange, fudge & biscuit fridge cake tower.....63 Jan 2020
 churros stuffed with honey custard.....48 Sep 2019
 coffee & Turkish delight cocktail.....65 Jul 2019
 dark-chocolate dipped honeycomb.....45 Sep 2019
 ham & cheese croquettes with honey & mustard mayo.....62 Jul 2019
 honey, lime & ginger espetada.....37 Apr 2020
 honey-roasted figs on pearl barley with
 blue cheese sauce & fresh wild rocket.....98 Dec 2019
 honey, rose-water & cinnamon panna cotta.....88 Oct 2019
 maca-roon tartlets with honeyscotch & chocolate.....105 Mar 2020
 matcha-coconut panna cotta.....67 Jul 2019
 peanut-butter cookies with honey & cinnamon butter.....49 Sep 2019
 potato, rosemary, honey & roasted garlic flatbread.....43 Sep 2019
 ricotta semifreddo with honey, lemon & pistachio.....53 Dec 2019
 rolled leg of lamb with lavender, white wine & honey.....34 Aug 2019
 Rooibos & fynbos croquebouche.....39 Oct 2019
 Rooibos & honey bunny marshmallows.....18 Apr 2020
 shaved cauliflower & crispy butter-bean salad with
 coconut, turmeric & honey dressing.....100 Aug 2019

| | | |
|---|-----|----------|
| smoky honey-glazed duck breast with sesame rice & tangy turnips..... | 45 | Sep 2019 |
| sweet & sour-glazed pork chops with flaked almonds & chargrilled beans..... | 46 | Apr 2020 |
| turmeric & honey marshmallows..... | 105 | Oct 2019 |

| | | |
|---|----|----------|
| HORSERADISH , mini Yorkshire puddings with rare roast beef, jus, horseradish cream & pink peppercorns..... | 27 | Feb 2020 |
|---|----|----------|

HUMMUS

| | | |
|--|-----|----------|
| amaranth & sunflower-seed crackers with beetroot hummus..... | 105 | Aug 2019 |
| chargrilled sweet potato salad with hummus & smoked snoek..... | 60 | Nov 2019 |
| chicken quesadillas with hummus..... | 12 | Sep 2019 |
| flatbread with sesame-tofu skewers, homemade hummus & crunchy salad..... | 63 | Jul 2019 |
| loaded hummus..... | 87 | Oct 2019 |

ICE CREAMsee also **GELATO; SORBET**

| | | |
|--|-----|----------|
| basil, lemon & pistachio ice cream..... | 60 | Sep 2019 |
| dairy-free musika (tamarind) & coconut ice cream..... | 26 | Jan 2020 |
| eggnog & speculaas biscuit ice cream cake..... | 71 | Dec 2019 |
| frozen tiramisù loaf..... | 8 | Jan 2020 |
| grilled pineapple & coconut soft serve..... | 102 | Feb 2020 |
| ice cream cannoli..... | 78 | Apr 2020 |
| lemon meringue ice cream pie..... | 84 | Nov 2019 |
| liquorice plant (imphepho) & olive oil ice cream with maize sugar cone crumbs..... | 26 | Jan 2020 |
| matcha ice cream with black sesame brittle..... | 82 | Nov 2019 |
| ricotta semifreddo with honey, lemon & pistachio..... | 53 | Dec 2019 |
| strawberry & liquorice ice cream..... | 43 | Jul 2019 |
| strawberry, mint, watermelon & coconut cream popsicles..... | 86 | Feb 2020 |
| tahini & cardamom ice cream..... | 86 | Nov 2019 |
| vegan almond milk ice cream..... | 82 | Nov 2019 |
| vegan ice cream..... | 69 | Dec 2019 |
| vegan peanut butter ice cream..... | 86 | Nov 2019 |
| zesty lemon & pistachio popsicles with gin Italian meringue..... | 71 | Oct 2019 |

ICING

| | | |
|---|-----|----------|
| black-bean brownies with peanut-butter icing..... | 102 | Aug 2019 |
| carrot snack cake with coconut chai icing..... | 74 | Apr 2020 |
| granadilla fridge tart with white chocolate ganache..... | 11 | Sep 2019 |
| hummingbird fruit cake..... | 75 | Dec 2019 |
| lemon polenta cake with vanilla cream cheese icing..... | 51 | Apr 2020 |
| mini dobos tortes..... | 62 | Dec 2019 |
| spiced orange vanilla cake with Swiss meringue icing..... | 8 | Apr 2020 |

J

| | | |
|---|----|----------|
| JAM , spiced grapefruit marmalade..... | 40 | Jun 2020 |
|---|----|----------|

JELLY

| | | |
|---|----|----------|
| champagne, elderflower & berry jelly..... | 84 | Feb 2020 |
| chocolate Lamington & cherry trifle..... | 67 | Dec 2019 |
| lime cheesecake..... | 42 | Apr 2020 |
| paloma cocktail jellies..... | 76 | Dec 2019 |
| plum jelly with baked nectarines..... | 42 | Jan 2020 |

K**KALE**

| | | |
|---|-----|----------|
| colcannon..... | 55 | Mar 2020 |
| curried coconut kale with sliced beef sirloin..... | 44 | Oct 2019 |
| stir-fried cavolo nero, chestnuts, mushrooms & chickpeas..... | 93 | Mar 2020 |
| sweet potato, lentil & kale dhal with olive-oil naan..... | 101 | Aug 2019 |
| vegan shakshuka..... | 101 | Nov 2019 |

KUDU,

| | | |
|--|----|----------|
| gingersnap-crust sirloin with chilli cranberry & orange sauce..... | 27 | Dec 2019 |
|--|----|----------|

L**LAMB**

| | | |
|--|----|----------|
| CUBES , yoghurt-marinated lamb curry with polenta wedges..... | 64 | Jul 2019 |
|--|----|----------|

KNUCKLES

| | | |
|-------------------------------------|----|----------|
| Moroccan lamb tagine for Badra..... | 94 | Jun 2020 |
| North African lamb knuckle pie..... | 89 | Apr 2020 |

LEG

| | | |
|---|----|----------|
| lamb & coconut bunny chow..... | 64 | Sep 2019 |
| lamsosaties..... | 84 | Sep 2019 |
| roast leg of lamb with mint & pomegranate rubies..... | 61 | Oct 2019 |
| rolled leg of lamb with lavender, white wine & honey..... | 34 | Aug 2019 |

MINCE

| | | |
|---|----|----------|
| lamb lasagne with Parmesan & mozzarella..... | 46 | Oct 2019 |
| pita pizza with spicy lamb, mozzarella & minty pesto..... | 94 | Jan 2020 |

RACK

| | | |
|--|----|----------|
| French rack of lamb with tagliatelle & hazelnut beurre noisette..... | 75 | Feb 2020 |
| roasted rack of lamb with purple cauliflower purée..... | 6 | Aug 2019 |

SAUSAGES, roasted lamb sausage, potato

| | | |
|-------------------------|----|----------|
| & pepper tray bake..... | 42 | Mar 2020 |
|-------------------------|----|----------|

SHOULDER

| | | |
|---|----|----------|
| perfect lamb shoulder..... | 93 | Dec 2019 |
| saffron & orange-braised lamb shoulder with braised baby carrot & roasted beetroot..... | 90 | Jul 2019 |
| slow-roasted lamb shoulder with red wine, baby fennel & figs..... | 48 | Apr 2020 |
| tomato bredie..... | 53 | Jul 2019 |

LAVENDER

| | | |
|---|----|----------|
| artichoke, fennel, mint & Parmesan salad with lavender, honey & lemon dressing..... | 34 | Aug 2019 |
| fougasse with orange zest & herbes de Provence..... | 35 | Aug 2019 |
| lavender whisky sours..... | 37 | Aug 2019 |
| lemon & lavender Bundt cake..... | 38 | Aug 2019 |
| pear, walnut, sage & lavender-stuffed baby chicken..... | 33 | Aug 2019 |
| rolled leg of lamb with lavender, white wine & honey..... | 34 | Aug 2019 |

LEEKS

| | | |
|---|-----|----------|
| baked kingklip with creamy leeks & pancetta..... | 39 | Nov 2019 |
| biltong soup with Gruyère & leek crostini..... | 46 | Jun 2020 |
| broccoli & coconut-milk soup with spicy roasted chickpeas..... | 62 | Jul 2019 |
| caramel, leek & thyme tarte tatin..... | 37 | Nov 2019 |
| cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 |
| cheesy leek filo spiral with minted yoghurt..... | 33 | Nov 2019 |
| Easter breakfast pie..... | 73 | Apr 2020 |
| egg-stuffed pork pie with achar..... | 70 | Oct 2019 |
| Irish potato, leek & pea pie..... | 55 | Mar 2020 |
| Irish potato, leek & pea soup with shamrock croûtons..... | 56 | Mar 2020 |
| leek, pork banger & cannellini bean casserole..... | 35 | Nov 2019 |
| lemony chargrilled leeks with burnt sage butter..... | 33 | Nov 2019 |
| mini chicken, Boursin & leek pies..... | 36 | Nov 2019 |
| perfect lamb shoulder..... | 93 | Dec 2019 |
| prime beef rib roast with garlic, thyme & red wine gravy & baby vegetables..... | 26 | Dec 2019 |
| puffed pancake with mozzarella, prosciutto & turmeric eggs..... | 74 | Apr 2020 |
| spinach "meatballs" in lentil Napoli sauce..... | 46 | Mar 2020 |
| tomato & leek risotto with garlic, chilli & herb pangritata..... | 51 | Jun 2020 |
| Velddrif fish pie..... | 69 | Jun 2020 |
| wild rice & lentil risotto with braaied aubergine..... | 101 | Sep 2019 |

LEMONGRASS

| | | |
|--|----|----------|
| Clemengold & pulled pork ramen..... | 25 | Aug 2019 |
| pink G & T with Rooibos & lemongrass..... | 65 | Feb 2020 |
| roasted root vegetable laksa with buckwheat & toast..... | 99 | Apr 2020 |
| whole baked rainbow trout with garlic & dill butter, lemongrass & crispy shallots..... | 40 | Jun 2020 |

LEMONSsee also **LIMES**

| | | |
|---|----|----------|
| #myDubaibowl..... | 93 | Jun 2020 |
| artichoke, fennel, mint & Parmesan salad with lavender, honey & lemon dressing..... | 34 | Aug 2019 |
| asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 |
| aubergine "schnitzels" with tricolore coleslaw & lemon-honey dressing..... | 42 | Aug 2019 |
| basil, lemon & pistachio ice cream..... | 60 | Sep 2019 |

| | | | | |
|---|-----|----------|--|--|
| citrus sweet & sour crispy smoked pork..... | 46 | Jun 2020 | | |
| coleslaw with lemon & orange dressing..... | 77 | Sep 2019 | | |
| doughsants with lemon glaze, blueberries & almonds..... | 64 | Jan 2020 | | |
| glazed gammon & pork chipolatas with apricots, lemon & sage..... | 27 | Dec 2019 | | |
| hemp seed tortellini with lemon spinach & ricotta..... | 105 | Nov 2019 | | |
| hummingbird fruit cake..... | 75 | Dec 2019 | | |
| lady finger limoncello raspberry mousse cake..... | 68 | Dec 2019 | | |
| lemon & lavender Bundt cake..... | 38 | Aug 2019 | | |
| lemon meringue ice cream pie..... | 84 | Nov 2019 | | |
| lemon polenta cake with vanilla cream cheese icing..... | 51 | Apr 2020 | | |
| lemon ricotta hotcakes with caramel-poached grapefruit quarters..... | 43 | Jun 2020 | | |
| lemon supreme tart with French meringue topping..... | 6 | Mar 2020 | | |
| lemony chargrilled leeks with burnt sage butter..... | 33 | Nov 2019 | | |
| Mexican chicken & nachos salad with basil & lemon dressing..... | 45 | Nov 2019 | | |
| Moroccan-style chickpea keftas with lemon & mint raita & mini flatbreads..... | 84 | Jan 2020 | | |
| pink summer sangria..... | 94 | Nov 2019 | | |
| Pisco sour-style cocktail with dehydrated apple..... | 66 | Oct 2019 | | |
| rainbow trout with spring onion, pine nut & preserved lemon salsa..... | 90 | Nov 2019 | | |
| ricotta semifreddo with honey, lemon & pistachio..... | 53 | Dec 2019 | | |
| suurlemoen-en-papawersaadkoek..... | 86 | Sep 2019 | | |
| vegan summer pappardelle with lemon-cashew cream..... | 48 | Dec 2019 | | |
| whole roasted Cape bream with olives & citrus..... | 92 | Oct 2019 | | |
| zesty lemon & pistachio popsicles with gin Italian meringue..... | 71 | Oct 2019 | | |
| LENTILS | | | | |
| #myDubaiabowl..... | 93 | Jun 2020 | | |
| baked broccoli & tofu with brown rice & lentils..... | 102 | Apr 2020 | | |
| beetroot burger with pea hummus & pea shoots..... | 78 | Jul 2019 | | |
| chilled Moroccan chickpea, lentil & tomato soup with crispy pita strips..... | 77 | Nov 2019 | | |
| chilli con veggie with toasted pitas & guacamole..... | 48 | Jun 2020 | | |
| duck breasts in cherry sauce with buttered lentils..... | 83 | Feb 2020 | | |
| freekeh salad..... | 84 | Jan 2020 | | |
| spinach "meatballs" in lentil Napoli sauce..... | 46 | Mar 2020 | | |
| sweet potato, lentil & kale dhal with olive-oil naan..... | 101 | Aug 2019 | | |
| tofu & lentil Thai red curry..... | 10 | Nov 2019 | | |
| vegetarian aubergine lasagne..... | 66 | Feb 2020 | | |
| wild rice & lentil risotto with braaied aubergine..... | 101 | Sep 2019 | | |
| LETTUCE | | | | |
| ceviche lettuce cups..... | 37 | Apr 2020 | | |
| turkey Cobb salad..... | 42 | Dec 2019 | | |
| LIMES | | | | |
| see also LEMONS | | | | |
| bunny hop punch..... | 29 | Apr 2020 | | |
| ceviche with avo & lime..... | 35 | Mar 2020 | | |
| ceviche lettuce cups..... | 37 | Apr 2020 | | |
| coconut & ginger "syllabub"..... | 102 | Jul 2019 | | |
| cottontail fizz..... | 30 | Apr 2020 | | |
| crispy duck salad with marinated papaya, grapefruit & a lime dressing..... | 44 | Nov 2019 | | |
| easy confit duck finished on the braai with chilli papaya salsa & glass noodles..... | 52 | Dec 2019 | | |
| fried okra, chargrilled corn, red pepper & baby spinach salad with Thai coconut & lime dressing..... | 97 | Dec 2019 | | |
| green melon & mint mojito..... | 51 | Jan 2020 | | |
| honey, lime & ginger espetada..... | 37 | Apr 2020 | | |
| lime cheesecake..... | 42 | Apr 2020 | | |
| lime possets..... | 42 | Apr 2020 | | |
| mirin-poached pear & lime sorbet..... | 39 | Mar 2020 | | |
| mussel bowls with chilli, lime & coriander..... | 79 | Feb 2020 | | |
| paloma cocktail jellies..... | 76 | Dec 2019 | | |
| Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | 43 | Nov 2019 | | |
| Pisco sour-style cocktail with dehydrated apple..... | 66 | Oct 2019 | | |
| the polar ocean..... | 31 | Jan 2020 | | |
| pork chops with spicy tequila sauce..... | 93 | Dec 2019 | | |
| rabbit & the mule..... | 30 | Apr 2020 | | |
| vegan avocado & lime tartlets..... | 38 | Apr 2020 | | |
| vegan cauliflower & chickpea soft tortillas..... | 41 | Apr 2020 | | |
| LINSEEDS see FLAXSEEDS | | | | |
| LIQUORICE | | | | |
| Black Forest liquorice mousse cake..... | 44 | Jul 2019 | | |
| black liquorice & almond chocolate-chip giant cookies..... | 42 | Jul 2019 | | |
| liquorice & black garlic-crusting salmon with buckwheat salad..... | 41 | Jul 2019 | | |
| liquorice plant (imphepho) & olive oil ice cream with maize sugar cone crumbs..... | 26 | Jan 2020 | | |
| roasted pork belly with black liquorice glaze..... | 40 | Jul 2019 | | |
| strawberry & liquorice ice cream..... | 43 | Jul 2019 | | |
| M | | | | |
| MACA | | | | |
| maca balls..... | 105 | Mar 2020 | | |
| maca latte..... | 105 | Mar 2020 | | |
| maca-roon tartlets with honeyscotch & chocolate..... | 105 | Mar 2020 | | |
| MAIZE , aromatic cumin-spiced rice..... | | | | |
| MAIZE see CORN | | | | |
| MANDARINS see CLEMENGOLDS | | | | |
| MANGOES | | | | |
| batida..... | 30 | Jan 2020 | | |
| easy confit duck finished on the braai with chilli papaya salsa & glass noodles..... | 52 | Dec 2019 | | |
| mango-achar salsa..... | 80 | Sep 2019 | | |
| white bean salad..... | 40 | Jan 2020 | | |
| MAPLE SYRUP | | | | |
| asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 | | |
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 | | |
| maple-butter duck with sage-roasted cherries..... | 11 | Dec 2019 | | |
| maple rum bliss balls..... | 103 | Apr 2020 | | |
| maple, sage & sherry turkey legs with butter bean & fennel mash..... | 39 | Dec 2019 | | |
| roasted red cabbage wedges with wholegrain mustard & maple syrup dressing..... | 99 | Dec 2019 | | |
| strawberry, mint, watermelon & coconut cream popsicles..... | 67 | Feb 2020 | | |
| tigernut biscuits with ruby, white & dark chocolate..... | 33 | Feb 2020 | | |
| MARJORAM , pulled sweet potato burger with feta cheese, marjoram & black vinegar mix..... | | | | |
| MARMALADE , spiced grapefruit..... | | | | |
| MARSHMALLOWS | | | | |
| chocolate-coated caramel marshmallow Easter eggs..... | 77 | Apr 2020 | | |
| cottontail fizz..... | 30 | Apr 2020 | | |
| marshmallow Easter egg rocky road..... | 73 | Apr 2020 | | |
| rooibos & honey bunny marshmallows..... | 18 | Apr 2020 | | |
| toasted coconut marshmallow syrup..... | 31 | Apr 2020 | | |
| turmeric & honey marshmallows..... | 105 | Oct 2019 | | |
| MATCHA | | | | |
| Irish apple cake with matcha custard drizzle..... | 59 | Mar 2020 | | |
| matcha-coconut panna cotta..... | 67 | Jul 2019 | | |
| matcha ice cream with black sesame brittle..... | 82 | Nov 2019 | | |
| MAYONNAISE | | | | |
| see also SALAD DRESSINGS | | | | |
| basic mayonnaise..... | 82 | Jul 2019 | | |
| chargrilled seafood platter with chips & aioli..... | 64 | Nov 2019 | | |
| chipotle mayonnaise..... | 82 | Jul 2019 | | |
| ham & cheese croquettes with honey & mustard mayo..... | 62 | Jul 2019 | | |
| harissa mayo..... | 99 | Jun 2020 | | |
| m'semen with mushroom pâté, roasted peppers, cabbage & turmeric mayonnaise..... | 75 | Nov 2019 | | |
| shiitake tempura with truffle mayonnaise..... | 101 | Oct 2019 | | |
| spicy maakouda (potato fritter) stack with avocado mayonnaise..... | 74 | Nov 2019 | | |
| MEALIES see CORN | | | | |
| MELON , green melon & mint mojito..... | 51 | Jan 2020 | | |
| MERINGUE | | | | |
| guava-rippled meringues topped with pistachios..... | 8 | Nov 2019 | | |
| lemon meringue ice cream pie..... | 84 | Nov 2019 | | |
| lemon supreme tart with French meringue topping..... | 6 | Mar 2020 | | |
| spiced orange vanilla cake with Swiss meringue icing..... | 8 | Apr 2020 | | |
| strawberry Eton mess..... | 79 | Jan 2020 | | |
| vegan meringues with berry sorbet & plums..... | 78 | Nov 2019 | | |
| zesty lemon & pistachio popsicles with gin Italian meringue..... | 71 | Oct 2019 | | |
| MILK | | | | |
| coffee & condensed milk crème caramels..... | 70 | Dec 2019 | | |
| melkert..... | 88 | Sep 2019 | | |
| oliebollen..... | 93 | Dec 2019 | | |
| semolina gnocchi with wild winelands mushrooms, thyme, mature cheese & cream..... | 85 | Oct 2019 | | |
| MILLET | | | | |
| chocolate & millet cookies..... | 26 | Oct 2019 | | |
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 | | |

| | | | | | |
|---|----------|--|--|----------|----------|
| maple rum bliss balls..... | 103 | Apr 2020 | egg-stuffed pork pie with achar | 70 | Oct 2019 |
| saffron & sultana millet with spicy baked cauliflower & marinated olives..... | 73 | Nov 2019 | grapefruit & soya chicken bake | 41 | Jun 2020 |
| MINT | | | | | |
| #myDubaiBowl..... | 93 | Jun 2020 | green pancakes with cashew "cream cheese" & pan-fried mushrooms | 99 | Oct 2019 |
| artichoke, fennel, mint & Parmesan salad with lavender, honey & lemon dressing | 34 | Aug 2019 | haloumi burgers with caramelised red onions & roasted beetroot..... | 43 | Aug 2019 |
| aubergine "schnitzels" with tricolore coleslaw & lemon-honey dressing..... | 42 | Aug 2019 | leek, pork banger & cannellini bean casserole..... | 35 | Nov 2019 |
| baked trout with peach salsa..... | 48 | Jan 2020 | m'semen with mushroom pâté, roasted peppers, cabbage & turmeric mayonnaise..... | 75 | Nov 2019 |
| ceviche lettuce cups..... | 37 | Apr 2020 | mushroom & bacon pies | 62 | Feb 2020 |
| chargrilled guavas with radishes, peanuts, chilli & herbs..... | 47 | Oct 2019 | mushroom & nut-stuffed roasted sirloin of beef | 78 | Sep 2019 |
| cheesy leek filo spiral with minted yoghurt..... | 33 | Nov 2019 | mushroom broth ramen with shredded chicken..... | 47 | Jun 2020 |
| chickpea & carrot burgers..... | 99 | Sep 2019 | mushroom pâté & sesame toast..... | 103 | Oct 2019 |
| coconut cream chermoula hake..... | 88 | Apr 2020 | oxtail in Guinness with chickpeas & spinach..... | 50 | Jan 2020 |
| cold pea soup with smoked shredded chicken..... | 60 | Nov 2019 | potato baskets with Bolognese & poached eggs | 66 | Oct 2019 |
| coleslaw with lemon & orange dressing..... | 77 | Sep 2019 | roast chicken with baby potatoes & portabellinis | 82 | Jun 2020 |
| freekeh salad..... | 84 | Jan 2020 | roasted veggie deep quiche..... | 52 | Jan 2020 |
| gemista..... | 81 | Mar 2020 | savoury hot cross bun breakfast pudding..... | 95 | Apr 2020 |
| green melon & mint mojito..... | 51 | Jan 2020 | semolina gnocchi with wild winelands mushrooms, thyme, mature cheese & cream | 85 | Oct 2019 |
| green pancakes with cashew "cream cheese" & pan-fried mushrooms..... | 99 | Oct 2019 | shiitake tempura with truffle mayonnaise | 101 | Oct 2019 |
| green shakshuka with Danish feta, sourdough & edible flowers | 49 | Jan 2020 | stir-fried cavolo nero, chestnuts, mushrooms & chickpeas...93 | Mar 2020 | |
| Moroccan-style chickpea keftas with lemon & mint raita & mini flatbreads | 84 | Jan 2020 | shiyaki & spring onion-grilled tofu with udon noodles & shiitake mushrooms..... | 79 | Feb 2020 |
| naan pizza with muhammara & marinated paneer | 97 | Jan 2020 | the ultimate sourdough eggs Benedict with buttery mushrooms | 81 | Jun 2020 |
| old Cuban cocktail..... | 63 | Jan 2020 | wild mushroom ragù & creamy coconut polenta..... | 100 | Oct 2019 |
| peppermint crisp éclairs..... | 36 | Oct 2019 | MUSSELS | | |
| Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | 43 | Nov 2019 | chargrilled seafood platter with chips & aioli..... | 64 | Nov 2019 |
| pita pizza with spicy lamb, mozzarella & minty pesto..... | 94 | Jan 2020 | fisherman's stew..... | 48 | Jul 2019 |
| pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde | 88 | Jul 2019 | mussel bowls with chilli, lime & coriander..... | 79 | Feb 2020 |
| roast leg of lamb with mint & pomegranate rubies..... | 61 | Oct 2019 | mussels with Parmesan, fennel & salsiccia | 92 | Oct 2019 |
| Sicilian panelle with marinated baby marrow..... | 76 | Jan 2020 | seafood gumbo | 50 | Apr 2020 |
| smashed avocado & poached eggs on spinach soda bread..... | 56 | Mar 2020 | seafood paella with saffron rice | 50 | Dec 2019 |
| spicy maakouda (potato fritter) stack with avocado mayonnaise | 74 | Nov 2019 | spicy gochujang mussel pot..... | 105 | Jul 2019 |
| strawberry, mint & MCC cooler | 42 | Jan 2020 | Velddrif fish pie..... | 69 | Jun 2020 |
| strawberry, mint, watermelon & coconut cream popsicles..... | 67 | Feb 2020 | MUSTARD | | |
| warm pineapple wedges with pistachio sugar, rum butter & vanilla-flavoured ice cream..... | 90 | Nov 2019 | ham & cheese croquettes with honey & mustard mayo..... | 62 | Jul 2019 |
| white bean salad..... | 40 | Jan 2020 | pork fillet with mustard sauce & pumpkin mash | 54 | Apr 2020 |
| MIRIN | | | | | |
| ceviche with avo & lime | 35 | Mar 2020 | roasted red cabbage wedges with wholegrain mustard & maple syrup dressing..... | 99 | Dec 2019 |
| mirin-poached pear & lime sorbet..... | 39 | Mar 2020 | rump steak with creamy potato & sweet-potato salad | 63 | Sep 2019 |
| miso aubergine..... | 35 | Mar 2020 | N | | |
| slow-braised beef short ribs..... | 36 | Mar 2020 | NACHOS | | |
| spicy peanut & ponzu butterflied chicken..... | 35 | Mar 2020 | black bean soup with nachos | 47 | Apr 2020 |
| sticky mirin & ginger pork meatball noodle bowls..... | 33 | Mar 2020 | charcoal & hemp seed nachos with seaweed cream cheese, toasted pumpkin seeds & roasted tomatoes..... | 99 | Mar 2020 |
| MISO | | | | | |
| beer-marinated aubergine burger with miso-fried carrots & deep-fried sage | 80 | Jul 2019 | Mexican chicken & nachos salad with basil & lemon dressing..... | 45 | Nov 2019 |
| braaied butternut & miso parcels..... | 88 | Jan 2020 | smoky adzuki bean nachos | 105 | Feb 2020 |
| ginger-miso rump steak with baby bok choy | 44 | Aug 2019 | vegan nachos..... | 100 | Feb 2020 |
| miso aubergine..... | 35 | Mar 2020 | NECTARINES | | |
| roasted root vegetable laksa with buckwheat & toast | 99 | Apr 2020 | mango-achar salsa | 80 | Sep 2019 |
| spicy peanut & ponzu butterflied chicken..... | 35 | Mar 2020 | my ultimate summer salad..... | 89 | Dec 2019 |
| MOLASSES | | | | | |
| gingerbread dog house | 55 | Dec 2019 | no-bake nectarine cheesecake | 65 | Nov 2019 |
| roasted pork belly with black liquorice glaze..... | 40 | Jul 2019 | pink summer sangria..... | 94 | Nov 2019 |
| MOROGA with peanuts..... | | | | | |
| 62 | Oct 2019 | NIGELLA SEEDS , naan bread..... | | | |
| MUNG BEANS , sweet mung bean & coconut fritters..... | | | | | |
| 101 | Jan 2020 | NOODLES | | | |
| MUSHROOMS | | | | | |
| see also PASTA | | | | | |
| black bean, mushroom & rye "meatball" tacos with blackened corn, avo & chipotle..... | 100 | Jun 2020 | Asian noodles with shredded turkey | 41 | Dec 2019 |
| braised beef shin in red wine with buttered porcini mushrooms..... | 49 | Jul 2019 | aubergine meatballs in tomato sauce with baby marrow noodles..... | 10 | Nov 2019 |
| buckwheat noodles with walnut pesto, chilli mushrooms & amaranth..... | 99 | Jan 2020 | buckwheat noodles with walnut pesto, chilli mushrooms & amaranth..... | 99 | Jan 2020 |
| cannellini-bean mash topped with mushroom & onion..... | 58 | Aug 2019 | chicken ramen with shiitake mushrooms | 73 | Aug 2019 |
| cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 | Clemengold & pulled pork ramen | 25 | Aug 2019 |
| chicken ramen with shiitake mushrooms..... | 73 | Aug 2019 | easy confit duck finished on the braai with chilli papaya salsa & glass noodles..... | 52 | Dec 2019 |
| chicken stew with naan..... | 62 | Feb 2020 | mushroom broth ramen with shredded chicken..... | 47 | Jun 2020 |
| choux chicken & mushroom pie..... | 36 | Oct 2019 | ramen with soya-marinated eggs | 69 | Oct 2019 |
| creamy mushroom & tuna with peas & potato wedges | 54 | Apr 2020 | sticky mirin & ginger pork meatball noodle bowls..... | 33 | Mar 2020 |
| crispy haloumi-stuffed mushroom burgers with red cabbage & carrot slaw..... | 101 | Jun 2020 | teriyaki & spring onion-grilled tofu with udon noodles & shiitake mushrooms..... | 79 | Feb 2020 |

| | | |
|---|-----|----------|
| vegetarian noodle stir-fry with hoisin sauce..... | 52 | Mar 20 |
| NORI | | |
| charcoal & hemp seed nachos with seaweed cream | | |
| cheese, toasted pumpkin seeds & roasted tomatoes..... | 99 | Mar 2020 |
| mini sushi donuts..... | 99 | Aug 2019 |
| rainbow bento bowl..... | 99 | Jan 2020 |
| NUTMEG | | |
| hot cross syrup..... | 29 | Apr 2020 |
| ras el hanout..... | 84 | Jan 2020 |
| spiced orange vanilla cake with Swiss meringue icing..... | 8 | Apr 2020 |
| NUTS (refer also to specific types of nuts) | | |
| herby nut roast with a pistachio crust & sauerkraut..... | 101 | Apr 2020 |
| mushroom & nut-stuffed roasted sirloin of beef..... | 78 | Sep 2019 |

**OATS**

| | | |
|--|-----|----------|
| apple & blueberry hot cross bun crumble..... | 95 | Apr 2020 |
| fried banana split with coconut yoghurt | | |
| & home-made granola..... | 102 | Nov 2019 |
| gingerbread dog house..... | 55 | Dec 2019 |
| herby nut roast with a pistachio crust & sauerkraut..... | 101 | Apr 2020 |
| Korean black bean & walnut meatballs with | | |
| chilli barbecue sauce..... | 75 | Jan 2020 |
| loaded oat milk mac 'n cheese gratin..... | 105 | Apr 2020 |
| oat, cranberry, pecan & peanut cookies..... | 26 | Oct 2019 |
| peanut-butter pill pockets..... | 28 | Jul 2019 |
| pear & ginger crumble galette..... | 47 | Mar 2020 |

OCTOPUS

| | | |
|-------------------------------------|----|----------|
| chargrilled octopus persillade..... | 91 | Oct 2019 |
| octopus with chorizo & capers..... | 72 | Jun 2020 |

OILS

| | | |
|--|-----|----------|
| burrata & charred Clemengold in rosemary-infused | | |
| olive oil served with ciabatta toast..... | 24 | Aug 2019 |
| one-pot broccoli pho with chilli oil..... | 100 | Mar 2020 |

OKRA

| | | |
|---|-----|----------|
| fried okra, chargrilled corn, red pepper & baby spinach | | |
| salad with Thai coconut & lime dressing..... | 97 | Dec 2019 |
| seafood gumbo..... | 50 | Apr 2020 |
| smoky BBQ okra on teff soda bread buns with | | |
| watercress & radish..... | 101 | Jan 2020 |

OLIVES

| | | |
|--|-----|----------|
| baked vegan feta with white wine & olives..... | 43 | Feb 2020 |
| chicken Marbella with prunes, green olives, | | |
| capers & garlic..... | 49 | Dec 2019 |
| grape focaccia with baked Camembert, walnuts & olives..... | 43 | Feb 2020 |
| green shakshuka with Danish feta, sourdough | | |
| & edible flowers..... | 49 | Jan 2020 |
| liquorice plant (imphepho) & olive oil ice cream with | | |
| maize sugar cone crumbs..... | 26 | Jan 2020 |
| loaded hummus..... | 87 | Oct 2019 |
| marinated olives..... | 41 | Feb 2020 |
| pesto-baked chicken with olives & goat's cheese..... | 41 | Feb 2020 |
| prawn, fennel, olive & orange salad..... | 43 | Feb 2020 |
| quick & easy Spanish-style chicken casserole..... | 43 | Mar 2020 |
| red gnocchi with cashews, cowpeas & baby spinach..... | 101 | Mar 2020 |
| saffron & sultana millet with spicy baked cauliflower | | |
| & marinated olives..... | 73 | Nov 2019 |
| sardines with olives..... | 70 | Jun 2020 |
| seafood paella with saffron rice..... | 50 | Dec 2019 |
| Sicilian panelle with marinated baby marrow..... | 76 | Jan 2020 |
| sweet potato pizza with olives, ricotta & prosciutto..... | 97 | Jan 2020 |
| tomato & green olive tapenade tart..... | 45 | Feb 2020 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| vegan shakshuka..... | 101 | Nov 2019 |
| vegetarian aubergine lasagne..... | 66 | Feb 2020 |
| village Greek salad..... | 81 | Mar 2020 |
| whole roasted Cape bream with olives & citrus..... | 92 | Oct 2019 |

ONIONS

| | | |
|--|----|----------|
| cannellini-bean mash topped with mushroom & onion..... | 58 | Aug 2019 |
| feta cheese & onion quiche..... | 58 | Jun 2020 |
| haloumi burgers with caramelised red onions | | |
| & roasted beetroot..... | 43 | Aug 2019 |
| mini sourdough scones with vintage Cheddar, | | |
| red onion chutney & classic gin & tonic..... | 6 | Feb 2020 |
| onion rings..... | 92 | Dec 2019 |
| oven-baked shallots..... | 78 | Jul 2019 |

| | | |
|--|-----|----------|
| perfect lamb shoulder..... | 93 | Dec 2019 |
| perfect onion rings..... | 92 | Dec 2019 |
| pork fillet with onion rings & strawberry salsa..... | 48 | Jan 2020 |
| roasted beetroot, pickled red onion & goat's cheese salad..... | 77 | Sep 2019 |
| roasted lamb sausage, potato & pepper tray bake..... | 42 | Mar 2020 |
| roasted veggie deep quiche..... | 52 | Jan 2020 |
| rolled sirloin with Yorkshire puddings & red wine gravy..... | 30 | Feb 2020 |
| saffron & orange-braised lamb shoulder with | | |
| braised baby carrot & roasted beetroot..... | 90 | Jul 2019 |
| smoky adzuki bean nachos..... | 105 | Feb 2020 |
| turkey crown with pork & cranberry stuffing..... | 38 | Dec 2019 |
| village Greek salad..... | 81 | Mar 2020 |
| whole baked rainbow trout with garlic & dill butter, | | |
| lemongrass & crispy shallots..... | 40 | Jun 2020 |

ORANGES**see also CLEMENGOLDS; CLEMENTINES**

| | | |
|---|----|----------|
| chocolate, orange, fudge & biscuit fridge cake tower..... | 63 | Jan 2020 |
| citrus sweet & sour crispy smoked pork..... | 46 | Jun 2020 |
| coleslaw with lemon & orange dressing..... | 77 | Sep 2019 |
| fougasse with orange zest & herbes de Provence..... | 35 | Aug 2019 |
| fresh hake en papillote with fennel, orange, | | |
| white wine & garlic..... | 48 | Dec 2019 |
| gingersnap-crust kudu sirloin with | | |
| chilli cranberry & orange sauce..... | 27 | Dec 2019 |
| hot cross syrup..... | 29 | Apr 2020 |
| mini sourdough scones with vintage Cheddar, | | |
| red onion chutney & classic gin & tonic..... | 6 | Feb 2020 |
| orange liqueur & ginger beer cocktail..... | 44 | Mar 2020 |
| pink summer sangria..... | 94 | Nov 2019 |
| pork chops with spicy tequila sauce..... | 93 | Dec 2019 |
| prawn, fennel, olive & orange salad..... | 43 | Feb 2020 |
| roasted red cabbage wedges with wholegrain mustard | | |
| & maple syrup dressing..... | 99 | Dec 2019 |
| saffron & orange-braised lamb shoulder with | | |
| braised baby carrot & roasted beetroot..... | 90 | Jul 2019 |
| seafood paella with saffron rice..... | 50 | Dec 2019 |
| spiced orange vanilla cake with Swiss meringue icing..... | 8 | Apr 2020 |
| stewed gooseberries with orange | | |
| & rose-scented cottage cheese..... | 99 | Jul 2019 |
| yoghurt terrine with cardamom orange syrup & figs..... | 92 | Apr 2020 |

OREGANO

| | | |
|---|-----|----------|
| asparagus spears wrapped in chicken & bacon | | |
| with chimichurri..... | 47 | Apr 2020 |
| aubergine "schnitzels" with tricolore coleslaw | | |
| & lemon-honey dressing..... | 42 | Aug 2019 |
| baked broccoli & tofu with brown rice & lentils..... | 102 | Apr 2020 |
| cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 |
| chilli con veggie with toasted pitas & guacamole..... | 48 | Jun 2020 |
| Greek dressing..... | 81 | Mar 2020 |
| mushroom & nut-stuffed roasted sirloin of beef..... | 78 | Sep 2019 |
| rolled leg of lamb with lavender, white wine & honey..... | 34 | Aug 2019 |
| sweet & sour-glazed pork chops with flaked almonds | | |
| & chargrilled beans..... | 46 | Apr 2020 |

OSTRICH, Cuvée Restaurant at Simonsig Estate's

| | | |
|--|----|----------|
| ostrich neck bredie..... | 49 | Jul 2019 |
| OYSTERS , roasted with sage browned butter..... | 92 | Oct 2019 |

**PANCAKES****see also FLAPJACKS**

| | | |
|--|----|----------|
| green pancakes with cashew "cream cheese" | | |
| & pan-fried mushrooms..... | 99 | Oct 2019 |
| Japanese pancakes..... | 28 | Jan 2020 |
| m'semen with mushroom pâté, roasted peppers, cabbage | | |
| & turmeric mayonnaise..... | 75 | Nov 2019 |
| puffed pancake with mozzarella, prosciutto | | |
| & turmeric eggs..... | 74 | Apr 2020 |
| vegan blinis with sweet pepper relish..... | 7 | Jan 2020 |

PAPAYA

| | | |
|---|----|----------|
| crispy duck salad with marinated papaya, grapefruit | | |
| & a lime dressing..... | 44 | Nov 2019 |
| easy confit duck finished on the braai with | | |
| chilli papaya salsa & glass noodles..... | 52 | Dec 2019 |

PAPRIKA

| | | |
|---|-----|----------|
| chargrilled seafood platter with chips & aioli..... | 64 | Nov 2019 |
| chipotle-dunked cauliflower buffalo wings..... | 100 | Jun 2020 |

| | | | | | |
|--|-----|----------|--|-----|----------|
| coconut cream chermoula hake..... | 88 | Apr 2020 | simple fish paste for toast..... | 72 | Jun 2020 |
| grilled prawns with paprika & garlic butter..... | 92 | Oct 2019 | PASTRIES | | |
| linefish with chermoula & roasted root vegetables..... | 86 | Jun 2020 | see also DOUGHNUTS; PIES, SAVOURY; PIES, SWEET | | |
| Peruvian-style chicken with salsa verde..... | 45 | Aug 2019 | almond Paris-Brest..... | 39 | Oct 2019 |
| quick & easy Spanish-style chicken casserole..... | 43 | Mar 2020 | apple & sumac filo roses with date caramel sauce..... | 78 | Nov 2019 |
| sausage, fennel, beer & barley casserole..... | 53 | Jul 2019 | baby butternut baklava pies..... | 93 | Mar 2020 |
| smoked paprika & cumin-marinated eggs on yoghurt..... | 99 | Nov 2019 | beetroot churros with zhoug dipping sauce..... | 39 | Oct 2019 |
| smoky adzuki bean nachos..... | 105 | Feb 2020 | Brie & cranberry shining stars..... | 58 | Dec 2019 |
| smoky chilli con carne with crispy Bambara groundnuts..... | 105 | Sep 2019 | cheesy leek filo spiral with minted yoghurt..... | 33 | Nov 2019 |
| smoky cowpea "baked beans" with toasted baguette..... | 99 | Sep 2019 | chilli-chocolate éclairs filled with crème pâtissière..... | 46 | Aug 2019 |
| smoky pulled pork belly tacos with grapefruit salsa..... | 37 | Jun 2020 | chorizo, sage & Cheddar beignets..... | 35 | Oct 2019 |
| spicy baked sorghum with chorizo..... | 105 | Jun 2020 | choux pastry swans with white Russian cream..... | 71 | Dec 2019 |
| tuna steaks with chakalaka & avo..... | 62 | Sep 2019 | churros stuffed with honey custard..... | 48 | Sep 2019 |
| yoghurt-marinated lamb curry with polenta wedges..... | 64 | Jul 2019 | Cornish pasties..... | 69 | Feb 2020 |
| PARSLEY | | | doughssants with lemon glaze, blueberries & almonds..... | 64 | Jan 2020 |
| #myDubaibowl..... | 93 | Jun 2020 | feta parcels..... | 81 | Mar 2020 |
| asparagus spears wrapped in chicken & bacon | | | filo-wrapped Bar One "cigars" with coffee syrup..... | 49 | Oct 2019 |
| with chimichurri..... | 47 | Apr 2020 | ice cream cannoli..... | 78 | Apr 2020 |
| black bean, avo & dried cranberry salad with coriander, | | | pear & ginger crumble galette..... | 47 | Mar 2020 |
| parsley & Parmesan dressing..... | 99 | Dec 2019 | peppermint crisp éclairs..... | 36 | Oct 2019 |
| braised oxtail with scroll scone dumplings & herbed | | | Rooibos & fynbos croqueмбуоche..... | 39 | Oct 2019 |
| green salsa..... | 85 | Jun 2020 | sablé Breton cookies..... | 75 | Dec 2019 |
| cannellini-bean mash topped with mushroom & onion..... | 58 | Aug 2019 | white chocolate & candied ginger pastry wreaths..... | 75 | Dec 2019 |
| chargrilled guavas with radishes, peanuts, chilli & herbs..... | 47 | Oct 2019 | PASTRY, choux dough..... | 35 | Oct 2019 |
| chargrilled octopus persillade..... | 91 | Oct 2019 | PÂTÉS & TERRINES | | |
| cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 | hot-smoked trout terrine lined with | | |
| choux chicken & mushroom pie..... | 36 | Oct 2019 | cold-smoked trout ribbons..... | 86 | Oct 2019 |
| coconut cream chermoula hake..... | 88 | Apr 2020 | m'semen with mushroom pâté, roasted peppers, cabbage | | |
| freekeh salad..... | 84 | Jan 2020 | & turmeric mayonnaise..... | 75 | Nov 2019 |
| gemista..... | 81 | Mar 2020 | mushroom pâté & sesame toast..... | 103 | Oct 2019 |
| glazed gammon & pork chipolatas with apricots, | | | spicy fish paste for toast..... | 72 | Jun 2020 |
| lemon & sage..... | 27 | Dec 2019 | yoghurt terrine with cardamom orange syrup & figs..... | 92 | Apr 2020 |
| green pancakes with cashew "cream cheese" | | | PAWPAWS | | |
| & pan-fried mushrooms..... | 99 | Oct 2019 | Moscow mule cocktail..... | 47 | Aug 2019 |
| humble chicken & wild rice chowder with | | | pumpkin fritters with pawpaw relish..... | 62 | Sep 2019 |
| swanky parsley tempura..... | 90 | Apr 2020 | PEACHES | | |
| lamb & coconut bunny chow..... | 64 | Sep 2019 | baked trout with peach salsa..... | 48 | Jan 2020 |
| lasagne bread (scaccia)..... | 44 | Mar 2020 | harissa tofu & grilled peach salad..... | 88 | Jan 2020 |
| liquorice & black garlic-crusting salmon with | | | Parma ham with grilled sherry peaches, rocket | | |
| buckwheat salad..... | 41 | Jul 2019 | & Parmesan..... | 75 | Feb 2020 |
| Moroccan-style chickpea keftas with lemon & mint raita | | | PEANUT BUTTER | | |
| & mini flatbreads..... | 84 | Jan 2020 | amaranth & sunflower-seed crackers with | | |
| mushroom & nut-stuffed roasted sirloin of beef..... | 78 | Sep 2019 | beetroot hummus..... | 105 | Aug 2019 |
| ossobuco with creamy polenta & gremolata..... | 51 | Jul 2019 | black-bean brownies with peanut-butter icing..... | 102 | Aug 2019 |
| Persian chickpea salad with marinated vegan feta | | | boneyard pupcakes..... | 50 | Oct 2019 |
| & minted tahini dressing..... | 43 | Nov 2019 | moroga with peanuts..... | 62 | Oct 2019 |
| Peruvian-style chicken with salsa verde..... | 45 | Aug 2019 | oat, cranberry, pecan & peanut cookies..... | 26 | Oct 2019 |
| pumpkin fritters with pawpaw relish..... | 62 | Sep 2019 | peanut-butter cookies with honey & cinnamon butter..... | 49 | Sep 2019 |
| pumpkin, goat's cheese & sun-dried tomato ravioli with | | | peanut-butter pill pockets (for dogs)..... | 28 | Jul 2019 |
| pickled celery & salsa verde..... | 88 | Jul 2019 | spicy peanut & ponzu butterflied chicken..... | 35 | Mar 2020 |
| roast turkey with herb & garlic butter..... | 36 | Dec 2019 | vegan peanut butter ice cream..... | 86 | Nov 2019 |
| rump steak with creamy potato & sweet-potato salad..... | 63 | Sep 2019 | PEANUTS | | |
| Sicilian panelle with marinated baby marrow..... | 76 | Jan 2020 | chargrilled guavas with radishes, peanuts, chilli & herbs..... | 47 | Oct 2019 |
| spicy baked sorghum with chorizo..... | 105 | Jun 2020 | marshmallow Easter egg rocky road..... | 73 | Apr 2020 |
| spicy maakouda (potato fritter) stack with | | | moroga with peanuts..... | 62 | Oct 2019 |
| avocado mayonnaise..... | 74 | Nov 2019 | PEARL BARLEY | | |
| spicy spinach with chicken livers..... | 79 | Sep 2019 | honey-roasted figs on pearl barley with | | |
| tomato & leek risotto with garlic, chilli & herb pangritata..... | 51 | Jun 2020 | blue cheese sauce & fresh wild rocket..... | 98 | Dec 2019 |
| PASSIONFRUIT see GRANADILLAS | | | sausage, fennel, beer & barley casserole..... | 53 | Jul 2019 |
| PASTA | | | PEARS | | |
| see also NOODLES | | | mirin-poached pear & lime sorbet..... | 39 | Mar 2020 |
| LASAGNE , lamb lasagne with Parmesan & mozzarella..... | 46 | Oct 2019 | pear & ginger crumble galette..... | 47 | Mar 2020 |
| MACARONI , loaded oat milk mac 'n cheese gratin..... | 105 | Apr 2020 | pear & haloumi salad with spicy caramelised walnuts | | |
| ORZO , chicken, cumin & honey meatballs with orzo..... | 43 | Sep 2019 | & poached pear vinaigrette..... | 47 | Nov 2019 |
| PAPPARDELLE , vegan summer pappardelle with | | | pear, rosemary & blue-cheese tart..... | 66 | Jul 2019 |
| lemon-cashew cream..... | 48 | Dec 2019 | pear, walnut, sage & lavender-stuffed baby chicken..... | 33 | Aug 2019 |
| PENNE , three-cheese broccoli pasta..... | 64 | Sep 2019 | poached pear trifle..... | 86 | Aug 2019 |
| RAVIOLI | | | sticky pear & brandy pudding with caramel custard..... | 76 | Dec 2019 |
| open ravioli with shaved biltong, sugar snap peas | | | PEAS | | |
| & soft-poached egg..... | 6 | Oct 2019 | see also COWPEAS | | |
| pumpkin, goat's cheese & sun-dried tomato ravioli with | | | Asian noodles with shredded turkey..... | 41 | Dec 2019 |
| pickled celery & salsa verde..... | 88 | Jul 2019 | beetroot burger with pea hummus & pea shoots..... | 78 | Jul 2019 |
| SPAGHETTI , "Lady & the Tramp" spaghetti Bolognese..... | 97 | Feb 2020 | bone marrow & split pea soup..... | 90 | Aug 2019 |
| TAGLIATELLE , French rack of lamb with tagliatelle & | | | cold pea soup with smoked shredded chicken..... | 60 | Nov 2019 |
| hazelnut beurre noisette..... | 75 | Feb 2020 | creamy mushroom & tuna with peas & potato wedges..... | 54 | Apr 2020 |
| TORTELLINI , hemp seed tortellini with lemony spinach | | | green shakshuka with Danish feta, sourdough | | |
| & ricotta..... | 105 | Nov 2019 | & edible flowers..... | 49 | Jan 2020 |
| PASTES | | | Irish potato, leek & pea pie..... | 55 | Mar 2020 |
| coconut cream chermoula hake..... | 88 | Apr 2020 | Irish potato, leek & pea soup with shamrock croûtons..... | 56 | Mar 2020 |
| laksa paste..... | 99 | Apr 2020 | mushroom broth ramen with shredded chicken..... | 47 | Jun 2020 |

| | | |
|--|-----|----------|
| open ravioli with shaved biltong, sugar snap peas & soft-poached egg..... | 6 | Oct 2019 |
| pea salad with burrata, pine nuts, asparagus & a carrot & cumin dressing..... | 44 | Nov 2019 |
| risotto with green peas & sun-dried tomatoes..... | 60 | Nov 2019 |
| sesame egg-fried rice with peas & sugar snaps..... | 45 | Oct 2019 |
| smashed avocado & poached eggs on spinach soda bread..... | 56 | Mar 2020 |
| sweet potato cakes with crispy tofu & pea pesto..... | 99 | Feb 2020 |
| sweet potato, lentil & kale dhal with olive-oil naan..... | 101 | Aug 2019 |
| vegan asparagus & pea risotto..... | 39 | Jan 2020 |
| vegan summer pappardelle with lemon-cashew cream..... | 48 | Dec 2019 |
| warm green salad..... | 58 | Jan 2020 |
| warm vegetable & bulgur wheat salad..... | 54 | Oct 2019 |
| PECAN NUTS | | |
| carrot snack cake with coconut chai icing..... | 74 | Apr 2020 |
| creamy cheese stack with port syrup, dried figs & pecan nut brittle..... | 53 | Jan 2020 |
| gnocchi with baby spinach & pecan nuts..... | 47 | Jul 2019 |
| hummingbird fruit cake..... | 75 | Dec 2019 |
| oat, cranberry, pecan & peanut cookies..... | 26 | Oct 2019 |
| pecan & cashew nut tart..... | 63 | Oct 2019 |
| vegan avocado & lime tartlets..... | 38 | Apr 2020 |
| PEPPER | | |
| mini Yorkshire puddings with rare roast beef, jus, horseradish cream & pink peppercorns..... | 27 | Feb 2020 |
| roasted pepper seasoning..... | 82 | Jul 2019 |
| whole roast sirloin with green peppercorn sauce..... | 49 | Jun 2020 |
| PEPPERS | | |
| asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 |
| beer broodjies..... | 73 | Mar 2020 |
| chilli con veggie with toasted pitas & guacamole..... | 48 | Jun 2020 |
| flatbread with sesame-tofu skewers, homemade hummus & crunchy salad..... | 63 | Jul 2019 |
| fried okra, chargrilled corn, red pepper & baby spinach salad with Thai coconut & lime dressing..... | 97 | Dec 2019 |
| gemista..... | 81 | Mar 2020 |
| "Lady & the Tramp" spaghetti Bolognese..... | 97 | Feb 2020 |
| lasagne bread (scaccia)..... | 44 | Mar 2020 |
| m'semen with mushroom pâté, roasted peppers, cabbage & turmeric mayonnaise..... | 75 | Nov 2019 |
| naan pizza with muhammara & marinated paneer..... | 97 | Jan 2020 |
| pita pizza with spicy lamb, mozzarella & minty pesto..... | 94 | Jan 2020 |
| red gnocchi with cashews, cowpeas & baby spinach..... | 101 | Mar 2020 |
| red pepper & chickpea curry..... | 58 | Jun 2020 |
| roasted lamb sausage, potato & pepper tray bake..... | 42 | Mar 2020 |
| roasted veggie deep quiche..... | 52 | Jan 2020 |
| seafood gumbo..... | 50 | Apr 2020 |
| seafood paella with saffron rice..... | 50 | Dec 2019 |
| smoky cowpea "baked beans" with toasted baguette..... | 99 | Sep 2019 |
| smoky pulled pork belly tacos with grapefruit salsa..... | 37 | Jun 2020 |
| spicy baked sorghum with chorizo..... | 105 | Jun 2020 |
| sweet potato, haloumi & charred red pepper stack..... | 101 | Sep 2019 |
| tuna steaks with chakalaka & avo..... | 62 | Sep 2019 |
| vegan blinis with sweet pepper relish..... | 7 | Jan 2020 |
| vegan nachos..... | 100 | Feb 2020 |
| village Greek salad..... | 81 | Mar 2020 |
| PESTO | | |
| beer broodjies..... | 73 | Mar 2020 |
| buckwheat noodles with walnut pesto, chilli mushrooms & amaranth..... | 99 | Jan 2020 |
| pesto-baked chicken with olives & goat's cheese..... | 41 | Feb 2020 |
| pita pizza with spicy lamb, mozzarella & minty pesto..... | 94 | Jan 2020 |
| sweet potato cakes with crispy tofu & pea pesto..... | 99 | Feb 2020 |
| turkey, mozzarella & pesto paninis..... | 43 | Dec 2019 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| PETS | | |
| boneyard pupcakes..... | 50 | Oct 2019 |
| peanut-butter pill pockets (for dogs)..... | 28 | Jul 2019 |
| PICKLES | | |
| see also CHUTNEY; RELISH | | |
| egg-stuffed pork pie with achar..... | 70 | Oct 2019 |
| farmed trout tartare..... | 92 | Oct 2019 |
| mango-achar salsa..... | 80 | Sep 2019 |
| pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 |
| roasted beetroot, pickled red onion & goat's cheese salad..... | 77 | Sep 2019 |
| smoky adzuki bean nachos..... | 105 | Feb 2020 |
| PIES, SAVOURY | | |
| see also QUICHES; TARTS, SAVOURY | | |
| bacon & veggie pies..... | 47 | Jul 2019 |
| choux chicken & mushroom pie..... | 36 | Oct 2019 |
| Cornish pasties..... | 69 | Feb 2020 |
| Easter breakfast pie..... | 73 | Apr 2020 |
| egg-stuffed pork pie with achar..... | 70 | Oct 2019 |
| Irish potato, leek & pea pie..... | 55 | Mar 2020 |
| mini chicken, Boursin & leek pies..... | 36 | Nov 2019 |
| mushroom & bacon pies..... | 62 | Feb 2020 |
| North African lamb knuckle pie..... | 89 | Apr 2020 |
| smoked fish & dill pie with potato crust..... | 47 | Jun 2020 |
| Velddrif fish pie..... | 69 | Jun 2020 |
| PIES, SWEET | | |
| see also TARTS, SWEET | | |
| baby butternut baklava pies..... | 93 | Mar 2020 |
| lemon meringue ice cream pie..... | 84 | Nov 2019 |
| PINEAPPLES | | |
| barbecue chicken & pineapple skewers..... | 58 | Jan 2020 |
| carrot snack cake with coconut chai icing..... | 74 | Apr 2020 |
| citrus sweet & sour crispy smoked pork..... | 46 | Jun 2020 |
| cottontail fizz..... | 30 | Apr 2020 |
| grilled pineapple & coconut soft serve..... | 102 | Feb 2020 |
| hummingbird fruit cake..... | 75 | Dec 2019 |
| panko & coconut prawns with pineapple on bamboo skewers..... | 61 | Jan 2020 |
| warm pineapple wedges with pistachio sugar, rum butter & vanilla-flavoured ice cream..... | 90 | Nov 2019 |
| PINE NUTS | | |
| pea salad with burrata, pine nuts, asparagus & a carrot & cumin dressing..... | 44 | Nov 2019 |
| rainbow trout with spring onion, pine nut & preserved lemon salsa..... | 90 | Nov 2019 |
| roasted pumpkin, rosemary, cranberry & pine-nut salad..... | 80 | Sep 2019 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| PISTACHIO NUTS | | |
| basil, lemon & pistachio ice cream..... | 60 | Sep 2019 |
| beetroot halva tart with pistachio nuts..... | 94 | Mar 2020 |
| cocoa butter nougat with raspberries & almonds..... | 104 | Dec 2019 |
| freekeh salad..... | 84 | Jan 2020 |
| guava-rippled meringues topped with pistachios..... | 8 | Nov 2019 |
| herby nut roast with a pistachio crust & sauerkraut..... | 101 | Apr 2020 |
| maple rum bliss balls..... | 103 | Apr 2020 |
| ricotta semifreddo with honey, lemon & pistachio..... | 53 | Dec 2019 |
| warm pineapple wedges with pistachio sugar, rum butter & vanilla-flavoured ice cream..... | 90 | Nov 2019 |
| zesty lemon & pistachio popsicles with gin Italian meringue..... | 71 | Oct 2019 |
| PIZZAS | | |
| broccoli & spinach-base pizza..... | 18 | Mar 2020 |
| beef frittata pizza with avocado & smoked trout ribbons..... | 69 | Oct 2019 |
| mealie meal pizza with spicy chakalaka & boerewors meatballs..... | 91 | Jan 2020 |
| naan pizza with muhammara & marinated paneer..... | 97 | Jan 2020 |
| pita pizza with spicy lamb, mozzarella & minty pesto..... | 94 | Jan 2020 |
| sweet potato pizza with olives, ricotta & prosciutto..... | 97 | Jan 2020 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| PLUMS | | |
| chicken Marbella with prunes, green olives, capers & garlic..... | 49 | Dec 2019 |
| chicken thighs in plum sauce..... | 78 | Dec 2019 |
| my ultimate summer salad..... | 89 | Dec 2019 |
| plum jelly with baked nectarines..... | 42 | Jan 2020 |
| vegan meringues with berry sorbet & plums..... | 78 | Nov 2019 |
| POLENTA | | |
| see also CORN | | |
| beef sausages in red wine sauce with polenta..... | 49 | Dec 2019 |
| crispy polenta fries..... | 99 | Jun 2020 |
| Florentine steak with polenta chips & balsamic tomatoes..... | 64 | Feb 2020 |
| lemon polenta cake with vanilla cream cheese icing..... | 51 | Apr 2020 |
| ossobuco with creamy polenta & gremolata..... | 51 | Jul 2019 |
| wild mushroom ragù & creamy coconut polenta..... | 100 | Oct 2019 |
| yoghurt-marinated lamb curry with polenta wedges..... | 64 | Jul 2019 |
| POMEGRANATES | | |
| coconut cream chermoula hake..... | 88 | Apr 2020 |
| freekeh salad..... | 84 | Jan 2020 |
| grappa, ginger & pomegranate cocktail..... | 49 | Apr 2020 |
| paloma cocktail jellies..... | 76 | Dec 2019 |
| Parma ham & glazed strawberry bruschetta with whipped feta & ricotta cream..... | 89 | Nov 2019 |
| Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | 43 | Nov 2019 |
| pomegranate molasses..... | 88 | Apr 2020 |
| roast leg of lamb with mint & pomegranate rubies..... | 61 | Oct 2019 |

| | | | | | |
|--|-----|----------|---|----|----------|
| vegan meringues with berry sorbet & plums..... | 78 | Nov 2019 | creamy prawns with brown & wild rice..... | 42 | Aug 2019 |
| yoghurt terrine with cardamom orange syrup & figs..... | 92 | Apr 2020 | fisherman's stew..... | 48 | Jul 2019 |
| PONZU , spicy peanut & ponzu butterflied chicken..... | 35 | Mar 2020 | grilled prawns with paprika & garlic butter..... | 92 | Oct 2019 |
| POPPYSEEDS , suurlemoen-en-papawersaadkoek..... | 86 | Sep 2019 | panko & coconut prawns with pineapple on bamboo skewers..... | 61 | Jan 2020 |
| PORK | | | prawn avocado cocktail..... | 89 | Feb 2020 |
| see also BACON; HAM | | | prawn, fennel, olive & orange salad..... | 43 | Feb 2020 |
| BELLY | | | seafood gumbo..... | 50 | Apr 2020 |
| roasted pork belly with black liquorice glaze..... | 40 | Jul 2019 | seafood paella with saffron rice..... | 50 | Dec 2019 |
| smoky pulled pork belly tacos with grapefruit salsa..... | 37 | Jun 2020 | PRETZELS , beer brownies with caramel, hazelnuts & pretzels..... | 66 | Sep 2019 |
| sticky pork belly..... | 88 | Aug 2019 | PRUNES , chicken Marbella with prunes, green olives, capers & garlic..... | 49 | Dec 2019 |
| CHOPS | | | PUDDINGS | | |
| pork chops with spicy tequila sauce..... | 93 | Dec 2019 | see also CHEESECAKES; CHOCOLATE; CUSTARDS; ICE CREAM; MERINGUE; PASTRIES; PIES, SWEET; SORBET; TARTS, SWEET; refer also refer to specific types of fruit | | |
| sticky hoisin pork chops with mashed potatoes..... | 43 | Aug 2019 | malva pudding with Amarula butterscotch sauce..... | 52 | Jun 2020 |
| sweet & sour-glazed pork chops with flaked almonds & chargrilled beans..... | 46 | Apr 2020 | sticky pear & brandy pudding with caramel custard..... | 76 | Dec 2019 |
| FILLET | | | PUMPKIN | | |
| citrus sweet & sour crispy smoked pork..... | 46 | Jun 2020 | pork fillet with mustard sauce & pumpkin mash..... | 54 | Apr 2020 |
| pork fillet, apple & sage tray bake with blue-cheese sauce..... | 54 | Oct 2019 | pumpkin & chicken bake..... | 58 | Aug 2019 |
| pork fillet with mustard sauce & pumpkin mash..... | 54 | Apr 2020 | pumpkin fritters with pawpaw relish..... | 62 | Sep 2019 |
| pork fillet with onion rings & strawberry salsa..... | 48 | Jan 2020 | pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 |
| LOIN , spicy baked sorghum with chorizo..... | 105 | Jun 2020 | rainbow bento bowl..... | 99 | Jan 2020 |
| MINCE | | | roasted pumpkin, rosemary, cranberry & pine-nut salad..... | 80 | Sep 2019 |
| Ouma's cabbage frikkadels with apple cider sauce & deep-fried sage leaves..... | 9 | Jun 2020 | roasted root vegetable laksa with buckwheat & toast..... | 99 | Apr 2020 |
| sticky mirin & ginger pork meatball noodle bowls..... | 33 | Mar 2020 | warm vegetable & bulgur wheat salad..... | 54 | Oct 2019 |
| NECK | | | PUMPKIN SEEDS | | |
| Clemengold & pulled pork ramen..... | 25 | Aug 2019 | charcoal & hemp seed nachos with seaweed cream cheese, toasted pumpkin seeds & roasted tomatoes..... | 99 | Mar 2020 |
| pork-neck schnitzels with broccoli mash..... | 44 | Oct 2019 | honey-roasted figs on pearl barley with blue cheese sauce & fresh wild rocket..... | 98 | Dec 2019 |
| RIB-EYE , crumbed pork steaks with red cabbage..... | 78 | Dec 2019 | | | |
| RIBS , barbecue pork ribs with baby marrow chips..... | 61 | Nov 2019 | | | |
| SAUSAGES | | | | | |
| CHORIZO , sage & Cheddar beignets..... | 35 | Oct 2019 | | | |
| egg-stuffed pork pie with achar..... | 70 | Oct 2019 | | | |
| glazed gammon & pork chipolatas with apricots, lemon & sage..... | 27 | Dec 2019 | | | |
| leek, pork banger & cannellini bean casserole..... | 35 | Nov 2019 | | | |
| mussels with Parmesan, fennel & salsiccia..... | 92 | Oct 2019 | | | |
| octopus with chorizo & capers..... | 72 | Jun 2020 | | | |
| quick & easy Spanish-style chicken casserole..... | 43 | Mar 2020 | | | |
| sausage, fennel, beer & barley casserole..... | 53 | Jul 2019 | | | |
| seafood gumbo..... | 50 | Apr 2020 | | | |
| seafood paella with saffron rice..... | 50 | Dec 2019 | | | |
| slow-cooked chicken with chorizo & cider-and-Parmesan dumplings..... | 52 | Jul 2019 | | | |
| spicy baked sorghum with chorizo..... | 105 | Jun 2020 | | | |
| turkey crown with pork & cranberry stuffing..... | 38 | Dec 2019 | | | |
| POSSETS , lime..... | 42 | Apr 2020 | | | |
| POTATOES | | | | | |
| broccoli & coconut-milk soup with spicy roasted chickpeas..... | 62 | Jul 2019 | | | |
| chargrilled seafood platter with chips & aioli..... | 64 | Nov 2019 | | | |
| chicken curry bunny chow..... | 61 | Oct 2019 | | | |
| colcannon..... | 55 | Mar 2020 | | | |
| Cornish pasties..... | 69 | Feb 2020 | | | |
| creamy mushroom & tuna with peas & potato wedges..... | 54 | Apr 2020 | | | |
| Cuvée Restaurant at Simonsig Estate's ostrich neck bredie..... | 49 | Jul 2019 | | | |
| fisherman's stew..... | 48 | Jul 2019 | | | |
| ham & cheese croquettes with honey & mustard mayo..... | 62 | Jul 2019 | | | |
| hasselback potatoes with browned butter & bay leaves..... | 71 | Jun 2020 | | | |
| Irish potato, leek & pea pie..... | 55 | Mar 2020 | | | |
| Irish potato, leek & pea soup with shamrock croûtons..... | 56 | Mar 2020 | | | |
| lamb & coconut bunny chow..... | 64 | Sep 2019 | | | |
| mini cottage pies..... | 46 | Apr 2020 | | | |
| octopus with chorizo & capers..... | 72 | Jun 2020 | | | |
| potato baskets with Bolognese & poached eggs..... | 66 | Oct 2019 | | | |
| potato, broccoli & egg salad..... | 78 | Sep 2019 | | | |
| potato, rosemary, honey & roasted garlic flatbread..... | 43 | Sep 2019 | | | |
| red gnocchi with cashews, cowpeas & baby spinach..... | 101 | Mar 2020 | | | |
| roast chicken with baby potatoes & portabellinis..... | 82 | Jun 2020 | | | |
| roasted lamb sausage, potato & pepper tray bake..... | 42 | Mar 2020 | | | |
| roasted rack of lamb with purple cauliflower purée..... | 6 | Aug 2019 | | | |
| roasted root vegetable laksa with buckwheat & toast..... | 99 | Apr 2020 | | | |
| rump steak with creamy potato & sweet-potato salad..... | 63 | Sep 2019 | | | |
| smoked fish & dill pie with potato crust..... | 47 | Jun 2020 | | | |
| spicy maakouda (potato fritter) stack with avocado mayonnaise..... | 74 | Nov 2019 | | | |
| sticky hoisin pork chops with mashed potatoes..... | 43 | Aug 2019 | | | |
| tomato bredie..... | 53 | Jul 2019 | | | |
| treacle-cured beef & roast potatoes with Yorkshire puddings..... | 29 | Feb 2020 | | | |
| turkey crown with pork & cranberry stuffing..... | 38 | Dec 2019 | | | |
| PRAWNS | | | | | |
| chargrilled seafood platter with chips & aioli..... | 64 | Nov 2019 | | | |

Q

QUESADILLAS, chicken quesadillas with hummus..... 12 Sep 2019

QUICHES

feta cheese & onion quiche..... 58 Jun 2020
roasted veggie deep quiche..... 52 Jan 2020

QUINOA

beetroot burger with pea hummus & pea shoots..... 78 Jul 2019
corn, fresh tuna & quinoa salad..... 62 Feb 2020
fried banana split with coconut yoghurt & home-made granola..... 102 Nov 2019
spicy maakouda (potato fritter) stack with avocado mayonnaise..... 74 Nov 2019

R

RADISHES

chargrilled guavas with radishes, peanuts, chilli & herbs..... 47 Oct 2019
smoky BBQ okra on teff soda bread buns with watercress & radish..... 101 Jan 2020

RASPBERRIES

berry & almond tartlets..... 75 Aug 2019
cocoa butter nougat with raspberries & almonds..... 104 Dec 2019
Japanese pancakes..... 28 Jan 2020
lady finger limoncello raspberry mousse cake..... 68 Dec 2019
lime possets..... 42 Apr 2020
pink summer sangria..... 94 Nov 2019

RELISH

see also **CHUTNEY; PICKLES**

pumpkin fritters with pawpaw relish..... 62 Sep 2019
tuna steaks with chakalaka & avo..... 62 Sep 2019
vegan blinis with sweet pepper relish..... 7 Jan 2020

RICE

see also **RISOTTO**

aromatic cumin-spiced rice..... 92 Jun 2020
baked broccoli & tofu with brown rice & lentils..... 102 Apr 2020
beetroot burger with pea hummus & pea shoots..... 78 Jul 2019
chicken biryani with cumin yoghurt..... 48 Jan 2020
chicken thighs in plum sauce..... 78 Dec 2019
chilli-tomato chicken livers with basmati rice..... 62 Jul 2019
creamy prawns with brown & wild rice..... 42 Aug 2019
gemista..... 81 Mar 2020

| | | |
|--|-----|----------|
| humble chicken & wild rice chowder with swanky parsley tempura..... | 90 | Apr 2020 |
| mini sushi donuts..... | 99 | Aug 2019 |
| rainbow bento bowl..... | 99 | Jan 2020 |
| seafood paella with saffron rice..... | 50 | Dec 2019 |
| sesame egg-fried rice with peas & sugar snaps..... | 45 | Oct 2019 |
| smoky honey-glazed duck breast with sesame rice & tangy turnips..... | 45 | Sep 2019 |
| vegetable curry with basmati rice..... | 42 | Mar 2020 |
| RISOTTO | | |
| see also RICE | | |
| risotto with green peas & sun-dried tomatoes..... | 60 | Nov 2019 |
| tomato & leek risotto with garlic, chilli & herb pangritata..... | 51 | Jun 2020 |
| vegan asparagus & pea risotto..... | 39 | Jan 2020 |
| wild rice & lentil risotto with braaied aubergine..... | 101 | Sep 2019 |
| ROCKET | | |
| fennel & artichoke salad..... | 63 | Feb 2020 |
| honey-roasted figs on pearl barley with blue cheese sauce & fresh wild rocket..... | 98 | Dec 2019 |
| Parma ham with grilled sherry peaches, rocket & Parmesan..... | 75 | Feb 2020 |
| ROSEMARY | | |
| burrata & charred Clemengold in rosemary-infused olive oil served with ciabatta toast..... | 24 | Aug 2019 |
| cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 |
| fougasse with orange zest & herbes de Provence..... | 35 | Aug 2019 |
| lamb lasagne with Parmesan & mozzarella..... | 46 | Oct 2019 |
| mushroom & nut-stuffed roasted sirloin of beef..... | 78 | Sep 2019 |
| pear, rosemary & blue-cheese tart..... | 66 | Jul 2019 |
| potato, rosemary, honey & roasted garlic flatbread..... | 43 | Sep 2019 |
| roast chicken with baby potatoes & portabellinis..... | 82 | Jun 2020 |
| roasted pumpkin, rosemary, cranberry & pine-nut salad..... | 80 | Sep 2019 |
| roasted tomato Caprese salad..... | 44 | Oct 2019 |
| roasted veggie deep quiche..... | 52 | Jan 2020 |
| roast turkey with herb & garlic butter..... | 36 | Dec 2019 |
| rolled leg of lamb with lavender, white wine & honey..... | 34 | Aug 2019 |
| rump steak with creamy potato & sweet-potato salad..... | 63 | Sep 2019 |
| slow-roasted lamb shoulder with red wine, baby fennel & figs..... | 48 | Apr 2020 |
| wild rice & lentil risotto with braaied aubergine..... | 101 | Sep 2019 |
| ROSE WATER | | |
| honey, rose-water & cinnamon panna cotta..... | 88 | Oct 2019 |
| stewed gooseberries with orange & rose-scented cottage cheese..... | 99 | Jul 2019 |
| S | | |
| SAFFRON | | |
| Moroccan lamb tagine for Badra..... | 94 | Jun 2020 |
| Persian sweet saffron breads..... | 91 | Mar 2020 |
| pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 |
| quick & easy Spanish-style chicken casserole..... | 43 | Mar 2020 |
| saffron & orange-braised lamb shoulder with braised baby carrot & roasted beetroot..... | 90 | Jul 2019 |
| saffron & sultana millet with spicy baked cauliflower & marinated olives..... | 73 | Nov 2019 |
| seafood paella with saffron rice..... | 50 | Dec 2019 |
| SAGE | | |
| beer-marinated aubergine burger with miso-fried carrots & deep-fried sage..... | 80 | Jul 2019 |
| chorizo, sage & Cheddar beignets..... | 35 | Oct 2019 |
| creamy cheese stack with port syrup, dried figs & pecan nut brittle..... | 53 | Jan 2020 |
| glazed gammon & pork chipolatas with apricots, lemon & sage..... | 27 | Dec 2019 |
| Irish potato, leek & pea pie..... | 55 | Mar 2020 |
| lasagne bread (scaccia)..... | 44 | Mar 2020 |
| lemony chargrilled leeks with burnt sage butter..... | 33 | Nov 2019 |
| maple-butter duck with sage-roasted cherries..... | 11 | Dec 2019 |
| maple, sage & sherry turkey legs with butter bean & fennel mash..... | 39 | Dec 2019 |
| Ouma's cabbage frikkadels with apple cider sauce & deep-fried sage leaves..... | 9 | Jun 2020 |
| pear, walnut, sage & lavender-stuffed baby chicken..... | 33 | Aug 2019 |
| Peruvian-style chicken with salsa verde..... | 45 | Aug 2019 |
| pork fillet, apple & sage tray bake with blue-cheese sauce..... | 54 | Oct 2019 |
| roasted oysters with sage browned butter..... | 92 | Oct 2019 |
| roast turkey with herb & garlic butter..... | 36 | Dec 2019 |
| turkey crown with pork & cranberry stuffing..... | 38 | Dec 2019 |
| SALAD DRESSINGS | | |
| see also MAYONNAISE | | |
| #myDubaibowl..... | 93 | Jun 2020 |
| artichoke, fennel, mint & Parmesan salad with lavender, honey & lemon dressing..... | 34 | Aug 2019 |
| aubergine "schnitzels" with tricolore coleslaw & lemon-honey dressing..... | 42 | Aug 2019 |
| black bean, avo & dried cranberry salad with coriander, parsley & Parmesan dressing..... | 99 | Dec 2019 |
| cold-smoked trout, strawberry & pickled ginger salad with wasabi dressing..... | 46 | Nov 2019 |
| coleslaw with lemon & orange dressing..... | 77 | Sep 2019 |
| crispy duck salad with marinated papaya, grapefruit & a lime dressing..... | 44 | Nov 2019 |
| fried okra, chargrilled corn, red pepper & baby spinach salad with Thai coconut & lime dressing..... | 97 | Dec 2019 |
| Greek dressing..... | 81 | Mar 2020 |
| Mexican chicken & nachos salad with basil & lemon dressing..... | 45 | Nov 2019 |
| pear & haloumi salad with spicy caramelised walnuts & poached pear vinaigrette..... | 47 | Nov 2019 |
| pea salad with burrata, pine nuts, asparagus & a carrot & cumin dressing..... | 44 | Nov 2019 |
| Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | 43 | Nov 2019 |
| roasted red cabbage wedges with wholegrain mustard & maple syrup dressing..... | 99 | Dec 2019 |
| shaved cauliflower & crispy butter-bean salad with coconut, turmeric & honey dressing..... | 100 | Aug 2019 |
| SALADS | | |
| ARTICHOKE | | |
| artichoke, fennel, mint & Parmesan salad with lavender, honey & lemon dressing..... | 34 | Aug 2019 |
| fennel & artichoke salad..... | 63 | Feb 2020 |
| BEAN | | |
| black bean, avo & dried cranberry salad with coriander, parsley & Parmesan dressing..... | 99 | Dec 2019 |
| three-bean salad..... | 77 | Sep 2019 |
| white bean salad..... | 40 | Jan 2020 |
| BEETROOT , roasted beetroot, pickled red onion & goat's cheese salad..... | | |
| | 77 | Sep 2019 |
| BROCCOLINI , warm green salad..... | | |
| | 58 | Jan 2020 |
| buckwheat, liquorice & black garlic-crusting salmon with buckwheat salad..... | 41 | Jul 2019 |
| CABBAGE | | |
| aubergine "schnitzels" with tricolore coleslaw & lemon-honey dressing..... | 42 | Aug 2019 |
| coleslaw with lemon & orange dressing..... | 77 | Sep 2019 |
| crispy haloumi-stuffed mushroom burgers with red cabbage & carrot slaw..... | 101 | Jun 2020 |
| slaw..... | 41 | Apr 2020 |
| cauliflower, shaved cauliflower & crispy butter-bean salad with coconut, turmeric & honey dressing..... | 100 | Aug 2019 |
| chicken, Mexican chicken & nachos salad with basil & lemon dressing..... | 45 | Nov 2019 |
| CHICKPEA , Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | | |
| | 43 | Nov 2019 |
| CORN , fresh tuna & quinoa salad..... | | |
| | 62 | Feb 2020 |
| DUCK , crispy duck salad with marinated papaya, grapefruit & a lime dressing..... | | |
| | 44 | Nov 2019 |
| FENNEL | | |
| fennel & artichoke salad..... | 63 | Feb 2020 |
| prawn, fennel, olive & orange salad..... | 43 | Feb 2020 |
| FISH , cold-smoked trout, strawberry & pickled ginger salad with wasabi dressing..... | | |
| | 46 | Nov 2019 |
| freekeh salad..... | 84 | Jan 2020 |
| GREEK , village Greek salad..... | | |
| | 81 | Mar 2020 |
| OKRA , fried okra, chargrilled corn, red pepper & baby spinach salad with Thai coconut & lime dressing..... | | |
| | 97 | Dec 2019 |
| PEA salad with burrata, pine nuts, asparagus & a carrot & cumin dressing..... | | |
| | 44 | Nov 2019 |
| PEACH , harissa tofu & grilled peach salad..... | | |
| | 88 | Jan 2020 |
| PEAR & haloumi salad with spicy caramelised walnuts & poached pear vinaigrette..... | | |
| | 47 | Nov 2019 |
| PEPPER , flatbread with sesame-tofu skewers, homemade hummus & crunchy salad..... | | |
| | 63 | Jul 2019 |
| POTATO | | |
| potato, broccoli & egg salad..... | 78 | Sep 2019 |
| rump steak with creamy potato & sweet-potato salad..... | 63 | Sep 2019 |

| | | | |
|--|-----|----------|--|
| prawn, fennel, olive & orange salad..... | 43 | Feb 2020 | |
| pumpkin, roasted pumpkin, rosemary, cranberry & pine-nut salad..... | 80 | Sep 2019 | |
| summer, my ultimate summer salad..... | 89 | Dec 2019 | |
| sweet potato, chargrilled sweet potato salad with hummus & smoked snoek..... | 60 | Nov 2019 | |
| TOFU , harissa tofu & grilled peach salad..... | 88 | Jan 2020 | |
| TOMATO , roasted tomato Caprese salad..... | 44 | Oct 2019 | |
| turkey Cobb salad..... | 42 | Dec 2019 | |
| VEGETABLE | | | |
| roasted veggies & haloumi salad..... | 58 | Feb 2020 | |
| warm vegetable & bulgur wheat salad..... | 54 | Oct 2019 | |
| SALSAS | | | |
| baked trout with peach salsa..... | 48 | Jan 2020 | |
| braised oxtail with scroll scone dumplings & herbed green salsa..... | 85 | Jun 2020 | |
| easy confit duck finished on the braai with chilli papaya salsa & glass noodles..... | 52 | Dec 2019 | |
| mango-achar salsa..... | 80 | Sep 2019 | |
| peach chutney & mayonnaise chicken with mealie salsa..... | 63 | Sep 2019 | |
| Peruvian-style chicken with salsa verde..... | 45 | Aug 2019 | |
| pork fillet with onion rings & strawberry salsa..... | 48 | Jan 2020 | |
| pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 | |
| rainbow trout with spring onion, pine nut & preserved lemon salsa..... | 90 | Nov 2019 | |
| smoky pulled pork belly tacos with grapefruit salsa..... | 37 | Jun 2020 | |
| vegan nachos..... | 100 | Feb 2020 | |
| SALSICCIA , mussels with Parmesan, fennel & salsiccia..... | 92 | Oct 2019 | |
| SANDWICHES | | | |
| see also BREADS; BURGERS | | | |
| carrot lox & vegan cream cheese bagel..... | 58 | Nov 2019 | |
| mushroom pâté & sesame toast..... | 103 | Oct 2019 | |
| turkey, mozzarella & pesto paninis..... | 43 | Dec 2019 | |
| SAUCES, SAVOURY | | | |
| see also MAYONNAISE; SALSAS | | | |
| almond-crust salmon with MCC velouté..... | 40 | Jan 2020 | |
| asparagus spears wrapped in chicken & bacon with chimichurri..... | 47 | Apr 2020 | |
| aubergines in tomato & tamarind sauce..... | 93 | Mar 2020 | |
| beef rib-eye steak with ginger butter sauce & carrot fries..... | 12 | Jun 2020 | |
| beef sausages in red wine sauce with polenta..... | 49 | Dec 2019 | |
| beetroot churros with zhoug dipping sauce..... | 39 | Oct 2019 | |
| broad beans, edamame & asparagus on sourdough with vegan hollandaise..... | 102 | Nov 2019 | |
| cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 | |
| chicken thighs in plum sauce..... | 78 | Dec 2019 | |
| chilli-tomato chicken livers with basmati rice..... | 62 | Jul 2019 | |
| duck breasts in cherry sauce with buttered lentils..... | 83 | Feb 2020 | |
| French rack of lamb with tagliatelle & hazelnut beurre noisette..... | 75 | Feb 2020 | |
| gingersnap-crust kudu sirloin with chilli cranberry & orange sauce..... | 27 | Dec 2019 | |
| honey-roasted figs on pearl barley with blue cheese sauce & fresh wild rocket..... | 98 | Dec 2019 | |
| Korean black bean & walnut meatballs with chilli barbecue sauce..... | 75 | Jan 2020 | |
| mini Yorkshire puddings with rare roast beef, jus, horseradish cream & pink peppercorns..... | 27 | Feb 2020 | |
| Ouma's cabbage frikkadelle with apple cider sauce & deep-fried sage leaves..... | 9 | Jun 2020 | |
| pork chops with spicy tequila sauce..... | 93 | Dec 2019 | |
| pork fillet, apple & sage tray bake with blue-cheese sauce..... | 54 | Oct 2019 | |
| pork fillet with mustard sauce & pumpkin mash..... | 54 | Apr 2020 | |
| red wine sauce..... | 29 | Feb 2020 | |
| rolled sirloin with Yorkshire puddings & red wine gravy..... | 30 | Feb 2020 | |
| spinach "meatballs" in lentil Napoli sauce..... | 46 | Mar 2020 | |
| sticky mirin & ginger pork meatball noodle bowls..... | 33 | Mar 2020 | |
| the ultimate sourdough eggs Benedict with buttery mushrooms..... | 81 | Jun 2020 | |
| vegan nachos..... | 100 | Feb 2020 | |
| vegan summer pappardelle with lemon-cashew cream..... | 48 | Dec 2019 | |
| whole roast sirloin with green peppercorn sauce..... | 49 | Jun 2020 | |
| SAUCES, SWEET | | | |
| see also SYRUPS | | | |
| almond Paris-Brest..... | 39 | Oct 2019 | |
| apple & sumac filo roses with date caramel sauce..... | 78 | Nov 2019 | |
| choux pastry swans with white Russian cream..... | 71 | Dec 2019 | |
| dulce de leche..... | 102 | Mar 2020 | |
| malva pudding with Amarula butterscotch sauce..... | 52 | Jun 2020 | |
| vegan dark chocolate sauce..... | 86 | Nov 2019 | |
| SAUSAGES | | | |
| beef sausages in red wine sauce with polenta..... | 49 | Dec 2019 | |
| chorizo, sage & Cheddar beignets..... | 35 | Oct 2019 | |
| egg-stuffed pork pie with achar..... | 70 | Oct 2019 | |
| glazed gammon & pork chipolatas with apricots, lemon & sage..... | 27 | Dec 2019 | |
| leek, pork banger & cannellini bean casserole..... | 35 | Nov 2019 | |
| mealie meal pizza with spicy chakalaka & boerewors meatballs..... | 91 | Jan 2020 | |
| mussels with Parmesan, fennel & salsiccia..... | 92 | Oct 2019 | |
| octopus with chorizo & capers..... | 72 | Jun 2020 | |
| quick & easy Spanish-style chicken casserole..... | 43 | Mar 2020 | |
| roasted lamb sausage, potato & pepper tray bake..... | 42 | Mar 2020 | |
| sausage, fennel, beer & barley casserole..... | 53 | Jul 2019 | |
| seafood gumbo..... | 50 | Apr 2020 | |
| seafood paella with saffron rice..... | 50 | Dec 2019 | |
| slow-cooked chicken with chorizo & cider-and-Parmesan dumplings..... | 52 | Jul 2019 | |
| spicy baked sorghum with chorizo..... | 105 | Jun 2020 | |
| turkey crown with pork & cranberry stuffing..... | 38 | Dec 2019 | |
| SCONES , mini sourdough scones with vintage Cheddar, red onion chutney & classic gin & tonic..... | 6 | Feb 2020 | |
| SEMOLINA gnocchi with wild winelands mushrooms, thyme, mature cheese & cream..... | 85 | Oct 2019 | |
| SESAME SEEDS | | | |
| braai avocado with Moroccan-spiced chickpeas & coriander tahini..... | 84 | Jan 2020 | |
| broad beans, edamame & asparagus on sourdough with vegan hollandaise..... | 102 | Nov 2019 | |
| feta parcels..... | 81 | Mar 2020 | |
| flatbread with sesame-tofu skewers, homemade hummus & crunchy salad..... | 63 | Jul 2019 | |
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 | |
| loaded hummus..... | 87 | Oct 2019 | |
| maple rum bliss balls..... | 103 | Apr 2020 | |
| matcha ice cream with black sesame brittle..... | 82 | Nov 2019 | |
| mini sushi donuts..... | 99 | Aug 2019 | |
| mushroom pâté & sesame toast..... | 103 | Oct 2019 | |
| Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | 43 | Nov 2019 | |
| rainbow bento bowl..... | 99 | Jan 2020 | |
| sesame egg-fried rice with peas & sugar snaps..... | 45 | Oct 2019 | |
| smoky honey-glazed duck breast with sesame rice & tangy turnips..... | 45 | Sep 2019 | |
| sticky mirin & ginger pork meatball noodle bowls..... | 33 | Mar 2020 | |
| tahini & cardamom ice cream..... | 86 | Nov 2019 | |
| white bean salad..... | 40 | Jan 2020 | |
| winter cheeseboard with sesame-cocoa bark..... | 100 | Jul 2019 | |
| SHALLOTS | | | |
| oven-baked shallots..... | 78 | Jul 2019 | |
| saffron & orange-braised lamb shoulder with braised baby carrot & roasted beetroot..... | 90 | Jul 2019 | |
| whole baked rainbow trout with garlic & dill butter, lemongrass & crispy shallots..... | 40 | Jun 2020 | |
| SORBET | | | |
| see also GELATO; ICE CREAM | | | |
| mirin-poached pear & lime sorbet..... | 39 | Mar 2020 | |
| SORGHUM | | | |
| spicy baked sorghum with chorizo..... | 105 | Jun 2020 | |
| spicy sorghum cookies..... | 27 | Oct 2019 | |
| SOUPS | | | |
| BEAN , black bean soup with nachos..... | 47 | Apr 2020 | |
| biltong soup with Gruyère & leek crostini..... | 46 | Jun 2020 | |
| broccoli & coconut-milk soup with spicy roasted chickpeas..... | 62 | Jul 2019 | |
| CHICKEN , humble chicken & wild rice chowder with swanky parsley tempura..... | 90 | Apr 2020 | |
| CHICKPEA , chilled Moroccan chickpea, lentil & tomato soup with crispy pita strips..... | 77 | Nov 2019 | |
| mushroom broth ramen with shredded chicken..... | 47 | Jun 2020 | |
| PEA | | | |
| bone marrow & split pea soup..... | 90 | Aug 2019 | |
| cold pea soup with smoked shredded chicken..... | 60 | Nov 2019 | |
| POTATO , Irish potato, leek & pea soup with shamrock croûtons..... | 56 | Mar 2020 | |
| ROOT VEGETABLE , roasted root vegetable laksa with buckwheat & toast..... | 99 | Apr 2020 | |
| TOMATO , Miss Birkett's garden tomato soup (1918)..... | 89 | Feb 2020 | |
| SPELT , fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 | |

SPICE MIX

| | | |
|-------------------------------|----|----------|
| ras el hanout..... | 84 | Jan 2020 |
| roasted pepper seasoning..... | 82 | Jul 2019 |

SPICES (refer also to specific types of spices)**SPINACH**

| | | |
|--|-----|----------|
| broccoli & spinach-base pizza..... | 18 | Mar 2020 |
| chickpea stew..... | 48 | Jul 2019 |
| Easter breakfast pie..... | 73 | Apr 2020 |
| fennel & artichoke salad..... | 63 | Feb 2020 |
| fried okra, chargrilled corn, red pepper & baby spinach salad with Thai coconut & lime dressing..... | 97 | Dec 2019 |
| gnocchi with baby spinach & pecan nuts..... | 47 | Jul 2019 |
| green pancakes with cashew "cream cheese" & pan-fried mushrooms..... | 99 | Oct 2019 |
| green shakshuka with Danish feta, sourdough & edible flowers..... | 49 | Jan 2020 |
| hemp seed tortellini with lemony spinach & ricotta..... | 105 | Nov 2019 |
| "Lady & the Tramp" spaghetti Bolognese..... | 97 | Feb 2020 |
| moroga with peanuts..... | 62 | Oct 2019 |
| oxtail in Guinness with chickpeas & spinach..... | 50 | Jan 2020 |
| pear & haloumi salad with spicy caramelised walnuts & poached pear vinaigrette..... | 47 | Nov 2019 |
| red gnocchi with cashews, cowpeas & baby spinach..... | 101 | Mar 2020 |
| red pepper & chickpea curry..... | 58 | Jun 2020 |
| salted spinach, fennel & buchu crackers..... | 105 | Jan 2020 |
| smashed avocado & poached eggs on spinach soda bread..... | 56 | Mar 2020 |
| spicy spinach with chicken livers..... | 79 | Sep 2019 |
| spinach & basil soda bread..... | 56 | Mar 2020 |
| spinach "meatballs" in Lentil Napoli sauce..... | 46 | Mar 2020 |
| treacle-cured beef & roast potatoes with Yorkshire puddings..... | 29 | Feb 2020 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| vegetarian aubergine lasagne..... | 66 | Feb 2020 |

SPRING ONIONS

| | | |
|--|-----|----------|
| Asian noodles with shredded turkey..... | 41 | Dec 2019 |
| baked trout with peach salsa..... | 48 | Jan 2020 |
| chorizo, sage & Cheddar beignets..... | 35 | Oct 2019 |
| colcannon..... | 55 | Mar 2020 |
| green shakshuka with Danish feta, sourdough & edible flowers..... | 49 | Jan 2020 |
| Korean black bean & walnut meatballs with chilli barbecue sauce..... | 75 | Jan 2020 |
| mango-achar salsa..... | 80 | Sep 2019 |
| mushroom broth ramen with shredded chicken..... | 47 | Jun 2020 |
| pea salad with burrata, pine nuts, asparagus & a carrot & cumin dressing..... | 44 | Nov 2019 |
| rainbow trout with spring onion, pine nut & preserved lemon salsa..... | 90 | Nov 2019 |
| salmon tacos with coriander & spring onion..... | 61 | Jan 2020 |
| smoky honey-glazed duck breast with sesame rice & tangy turnips..... | 45 | Sep 2019 |
| sweet potato cakes with crispy tofu & pea pesto..... | 99 | Feb 2020 |
| teriyaki & spring onion-grilled tofu with udon noodles & shiitake mushrooms..... | 79 | Feb 2020 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| vegan nachos..... | 100 | Feb 2020 |

SQUIDsee also **CALAMARI**

| | | |
|---|----|----------|
| chargrilled seafood platter with chips & aioli..... | 64 | Nov 2019 |
| Velddrif fish pie..... | 69 | Jun 2020 |

STAR ANISE

| | | |
|--|-----|----------|
| chicken curry bunny chow..... | 61 | Oct 2019 |
| chicken thighs in plum sauce..... | 78 | Dec 2019 |
| easy confit duck finished on the braai with chilli papaya salsa & glass noodles..... | 52 | Dec 2019 |
| melkert..... | 88 | Sep 2019 |
| mini sourdough scones with vintage Cheddar, red onion chutney & classic gin & tonic..... | 6 | Feb 2020 |
| one-pot broccoli pho with chilli oil..... | 100 | Mar 2020 |
| plum jelly with baked nectarines..... | 42 | Jan 2020 |
| roasted pork belly with black liquorice glaze..... | 40 | Jul 2019 |
| rooibos & fynbos croquembouche..... | 39 | Oct 2019 |
| slow-braised beef short ribs..... | 36 | Mar 2020 |
| smoky chilli con carne with crispy Bambara groundnuts..... | 105 | Sep 2019 |
| spiced grapefruit marmalade..... | 40 | Jun 2020 |
| star anise crème brûlée..... | 76 | Feb 2020 |
| sticky hoisin pork chops with mashed potatoes..... | 43 | Aug 2019 |
| warm rooibos & grapefruit sangria..... | 38 | Jun 2020 |

STIR FRIES

| | | |
|---|----|----------|
| stir-fried cavolo nero, chestnuts, mushrooms & chickpeas..... | 93 | Mar 2020 |
| vegetarian noodle stir-fry with hoisin sauce..... | 52 | Mar 2020 |

STOCK

| | | |
|--|----|----------|
| basic fish stock..... | 69 | Jun 2020 |
| glazed gammon & pork chipolatas with apricots, lemon & sage..... | 27 | Dec 2019 |

STRAWBERRIES

| | | |
|---|----|----------|
| Brussels sprouts with crispy tofu, strawberries & toasted walnuts..... | 98 | Dec 2019 |
| cold-smoked trout, strawberry & pickled ginger salad with wasabi dressing..... | 46 | Nov 2019 |
| Japanese pancakes..... | 28 | Jan 2020 |
| Parma ham & glazed strawberry bruschetta with whipped feta & ricotta cream..... | 89 | Nov 2019 |
| pork fillet with onion rings & strawberry salsa..... | 48 | Jan 2020 |
| strawberry & liquorice ice cream..... | 43 | Jul 2019 |
| strawberry Eton mess..... | 79 | Jan 2020 |
| strawberry, mint & MCC cooler..... | 42 | Jan 2020 |
| strawberry, mint, watermelon & coconut cream popsicles..... | 67 | Feb 2020 |

STUFFINGS

| | | |
|--|----|----------|
| roast chicken with hot cross bun stuffing..... | 96 | Apr 2020 |
| turkey crown with pork & cranberry stuffing..... | 38 | Dec 2019 |

SUGAR SNAP PEAS see **PEAS****SULTANAS**

| | | |
|--|----|----------|
| carrot snack cake with coconut chai icing..... | 74 | Apr 2020 |
| mini sourdough scones with vintage Cheddar, red onion chutney & classic gin & tonic..... | 6 | Feb 2020 |
| oliebollen..... | 93 | Dec 2019 |
| saffron & sultana millet with spicy baked cauliflower & marinated olives..... | 73 | Nov 2019 |

SUNFLOWER SEEDS

| | | |
|--|-----|----------|
| amaranth & sunflower-seed crackers with beetroot hummus..... | 105 | Aug 2019 |
| honey-roasted figs on pearl barley with blue cheese sauce & fresh wild rocket..... | 98 | Dec 2019 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| SUSHI , mini sushi donuts..... | 99 | Aug 2019 |

SWEETCORN see **CORN****SWEET POTATOES**

| | | |
|--|-----|----------|
| chargrilled sweet potato salad with hummus & smoked snoek..... | 60 | Nov 2019 |
| fig, almond & thyme frittata with Brie & oven-roasted sweet potatoes..... | 73 | Aug 2019 |
| lamb & coconut bunny chow..... | 64 | Sep 2019 |
| potato baskets with Bolognese & poached eggs..... | 66 | Oct 2019 |
| pulled sweet potato burger with feta cheese, marjoram & black vinegar mix..... | 81 | Jul 2019 |
| roasted root vegetable laksa with buckwheat & toast..... | 99 | Apr 2020 |
| rump steak with creamy potato & sweet-potato salad..... | 63 | Sep 2019 |
| sweet potato cakes with crispy tofu & pea pesto..... | 99 | Feb 2020 |
| sweet potato, haloumi & charred red pepper stack..... | 101 | Sep 2019 |
| sweet potato, lentil & kale dhal with olive-oil naan..... | 101 | Aug 2019 |
| sweet potato pizza with olives, ricotta & prosciutto..... | 97 | Jan 2020 |
| twirled courgette & sweet potato burger with chipotle mayonnaise..... | 78 | Jul 2019 |
| vegetable curry with basmati rice..... | 42 | Mar 2020 |

SWEETS

| | | |
|---|-----|----------|
| chocolate-coated caramel marshmallow Easter eggs..... | 77 | Apr 2020 |
| cocoa butter nougat with raspberries & almonds..... | 104 | Dec 2019 |
| dark-chocolate dipped honeycomb..... | 45 | Sep 2019 |
| maple rum bliss balls..... | 103 | Apr 2020 |
| Rooibos & honey bunny marshmallows..... | 18 | Apr 2020 |
| turmeric & honey marshmallows..... | 105 | Oct 2019 |

SWISS CHARD, moroga with peanuts**SYLLABUB**, coconut & ginger "syllabub"**SYRUPS**see also **SAUCES, SWEET**

| | | |
|--|----|----------|
| cardamom syrup..... | 30 | Apr 2020 |
| carrot cake syrup..... | 29 | Apr 2020 |
| creamy cheese stack with port syrup, dried figs & pecan nut brittle..... | 53 | Jan 2020 |
| filo-wrapped Bar-One "cigars" with coffee syrup..... | 49 | Oct 2019 |
| gingerbread affogatos with cinnamon churros..... | 65 | Dec 2019 |
| hot cross syrup..... | 29 | Apr 2020 |
| lavender whisky sours..... | 37 | Aug 2019 |
| pomegranate molasses..... | 88 | Apr 2020 |
| sticky pear & brandy pudding with caramel custard..... | 76 | Dec 2019 |
| toasted coconut marshmallow syrup..... | 31 | Apr 2020 |
| yoghurt terrine with cardamom orange syrup & figs..... | 92 | Apr 2020 |

T

TACOS

| | | |
|--|-----|----------|
| black bean, mushroom & rye "meatball" tacos with blackened corn, avo & chipotle..... | 100 | Jun 2020 |
| chicken quesadillas with hummus..... | 12 | Sep 2019 |
| salmon tacos with coriander & spring onion..... | 61 | Jan 2020 |
| smoky pulled pork belly tacos with grapefruit salsa..... | 37 | Jun 2020 |

TAHINI see **SESAME SEEDS**

TAMARIND

| | | |
|---|----|----------|
| aubergines in tomato & tamarind sauce..... | 93 | Mar 2020 |
| dairy-free musika (tamarind) & coconut ice cream..... | 26 | Jan 2020 |
| ginger-miso rump steak with baby bok choy..... | 44 | Aug 2019 |

TARTS, SAVOURY

see also **PIES, SAVOURY; QUICHES**

| | | |
|---|-----|----------|
| caramel, leek & thyme tarte tatin..... | 37 | Nov 2019 |
| heirloom tomato tart..... | 101 | Feb 2020 |
| pear, rosemary & blue-cheese tart..... | 66 | Jul 2019 |
| tomato & green olive tapenade tart..... | 45 | Feb 2020 |
| tomato, baby marrow & goat's cheese tart..... | 12 | Sep 2019 |
| vegan avocado & lime tartlets..... | 38 | Apr 2020 |

TARTS, SWEET

see also **CHEESECAKES; PASTRIES; PIES, SWEET**

| | | |
|--|-----|----------|
| appelliefie-yskastert..... | 86 | Sep 2019 |
| beetroot halva tart with pistachio nuts..... | 94 | Mar 2020 |
| berry & almond tartlets..... | 75 | Aug 2019 |
| granadilla fridge tart with white chocolate ganache..... | 11 | Sep 2019 |
| lemon supreme tart with French meringue topping..... | 6 | Mar 2020 |
| maca-roon tartlets with honeyscotch & chocolate..... | 105 | Mar 2020 |
| melktert..... | 88 | Sep 2019 |
| no-bake caramel & walnut chocolate tart..... | 92 | Apr 2020 |
| pear & ginger crumble galette..... | 47 | Mar 2020 |
| pecan & cashew nut tart..... | 63 | Oct 2019 |
| Russian tart..... | 90 | Feb 2020 |
| white Russian tart..... | 60 | Jul 2019 |

TEA

| | | |
|---|----|----------|
| pink G & T with Rooibos & lemongrass..... | 65 | Feb 2020 |
| Rooibos & fynbos croquembouche..... | 39 | Oct 2019 |
| Rooibos & honey bunny marshmallows..... | 18 | Apr 2020 |
| warm Rooibos & grapefruit sangria..... | 38 | Jun 2020 |

TEFF FLOUR

| | | |
|--|-----|----------|
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 |
| herby nut roast with a pistachio crust & sauerkraut..... | 101 | Apr 2020 |
| smoky BBQ okra on teff soda bread buns with watercress & radish..... | 101 | Jan 2020 |

TEMPURA

| | | |
|---|-----|----------|
| humble chicken & wild rice chowder with swanky parsley tempura..... | 90 | Apr 2020 |
| shitake tempura with truffle mayonnaise..... | 101 | Oct 2019 |

TERRINES see **PÂTÉS & TERRINES**

THYME

| | | |
|---|-----|----------|
| caramel, leek & thyme tarte tatin..... | 37 | Nov 2019 |
| cheesy leek & wild mushroom bake with chimichurri..... | 101 | Dec 2019 |
| chicken ramen with shitake mushrooms..... | 73 | Aug 2019 |
| choux chicken & mushroom pie..... | 36 | Oct 2019 |
| creamy chicken livers on ciabatta toast..... | 58 | Feb 2020 |
| fig, almond & thyme frittata with Brie & oven-roasted sweet potatoes..... | 73 | Aug 2019 |
| fougasse with orange zest & herbes de Provence..... | 35 | Aug 2019 |
| glazed gammon & pork chipolatas with apricots, lemon & sage..... | 27 | Dec 2019 |
| loaded oat milk mac 'n cheese gratin..... | 105 | Apr 2020 |
| mushroom pâté & sesame toast..... | 103 | Oct 2019 |
| plum jelly with baked nectarines..... | 42 | Jan 2020 |
| prime beef rib roast with garlic, thyme & red wine gravy & baby vegetables..... | 26 | Dec 2019 |
| roasted farm chicken with garlic & thyme..... | 85 | Oct 2019 |
| roasted tomato Caprese salad..... | 44 | Oct 2019 |
| roast turkey with herb & garlic butter..... | 36 | Dec 2019 |
| rolled leg of lamb with lavender, white wine & honey..... | 34 | Aug 2019 |
| saffron & orange-braised lamb shoulder with braised baby carrot & roasted beetroot..... | 90 | Jul 2019 |
| semolina gnocchi with wild winelands mushrooms, thyme, mature cheese & cream..... | 85 | Oct 2019 |
| spinach "meatballs" in lentil Napoli sauce..... | 46 | Mar 2020 |
| turkey crown with pork & cranberry stuffing..... | 38 | Dec 2019 |

| | | |
|--|-----|----------|
| wild rice & lentil risotto with braised aubergine..... | 101 | Sep 2019 |
|--|-----|----------|

| | | |
|---|----|----------|
| TIGNUT biscuits with ruby, white & dark chocolate..... | 33 | Feb 2020 |
|---|----|----------|

TOFU

| | | |
|---|-----|----------|
| baked broccoli & tofu with brown rice & lentils..... | 102 | Apr 2020 |
| Brussels sprouts with crispy tofu, strawberries & toasted walnuts..... | 98 | Dec 2019 |
| flatbread with sesame-tofu skewers, homemade hummus & crunchy salad..... | 63 | Jul 2019 |
| harissa tofu & grilled peach salad..... | 88 | Jan 2020 |
| sweet potato cakes with crispy tofu & pea pesto..... | 99 | Feb 2020 |
| teriyaki & spring onion-grilled tofu with udon noodles & shitake mushrooms..... | 79 | Feb 2020 |
| tofu & lentil Thai red curry..... | 10 | Nov 2019 |
| vegan shakshuka..... | 101 | Nov 2019 |

TOMATOES

| | | |
|--|-----|----------|
| #myDubaibowl..... | 93 | Jun 2020 |
| almond-crust salmon with MCC velouté..... | 40 | Jan 2020 |
| aubergine meatballs in tomato sauce with baby marrow noodles..... | 10 | Nov 2019 |
| aubergines in tomato & tamarind sauce..... | 93 | Mar 2020 |
| beef sausages in red wine sauce with polenta..... | 49 | Dec 2019 |
| bone marrow & split pea soup..... | 90 | Aug 2019 |
| braised beef shin in red wine with buttered porcini mushrooms..... | 49 | Jul 2019 |
| braised oxtail with scroll scone dumplings & herbed green salsa..... | 85 | Jun 2020 |
| broccoli & spinach-base pizza..... | 18 | Mar 2020 |
| burrata with exotic tomatoes, basil & anchovies..... | 83 | Feb 2020 |
| charcoal & hemp seed nachos with seaweed cream cheese, toasted pumpkin seeds & roasted tomatoes..... | 99 | Mar 2020 |
| chicken curry bunny chow..... | 61 | Oct 2019 |
| chickpea stew..... | 48 | Jul 2019 |
| chilled Moroccan chickpea, lentil & tomato soup with crispy pita strips..... | 77 | Nov 2019 |
| chilli con veggie with toasted pitas & guacamole..... | 48 | Jun 2020 |
| chilli-tomato chicken livers with basmati rice..... | 62 | Jul 2019 |
| corn, fresh tuna & quinoa salad..... | 62 | Feb 2020 |
| creamy prawns with brown & wild rice..... | 42 | Aug 2019 |
| Cuvée Restaurant at Simonsig Estate's ostrich neck bredie..... | 49 | Jul 2019 |
| Eastern Mary..... | 30 | Jan 2020 |
| fisherman's stew..... | 48 | Jul 2019 |
| Florentine steak with polenta chips & balsamic tomatoes..... | 64 | Feb 2020 |
| gemista..... | 81 | Mar 2020 |
| gnocchi with baby spinach & pecan nuts..... | 47 | Jul 2019 |
| heirloom tomato tart..... | 101 | Feb 2020 |
| Italian-inspired chicken, veg & mozzarella stack..... | 52 | Mar 2020 |
| lamb lasagne with Parmesan & mozzarella..... | 46 | Oct 2019 |
| mango-achar salsa..... | 80 | Sep 2019 |
| maple, sage & sherry turkey legs with butter bean & fennel mash..... | 39 | Dec 2019 |
| Mexican chicken & nachos salad with basil & lemon dressing..... | 45 | Nov 2019 |
| mini cottage pies..... | 46 | Apr 2020 |
| Miss Birkett's garden tomato soup (1918)..... | 89 | Feb 2020 |
| North African lamb knuckle pie..... | 89 | Apr 2020 |
| ossobuco with creamy polenta & gremolata..... | 51 | Jul 2019 |
| Persian chickpea salad with marinated vegan feta & minted tahini dressing..... | 43 | Nov 2019 |
| pita pizza with spicy lamb, mozzarella & minty pesto..... | 94 | Jan 2020 |
| potato baskets with Bolognese & poached eggs..... | 66 | Oct 2019 |
| pumpkin fritters with pawpaw relish..... | 62 | Sep 2019 |
| pumpkin, goat's cheese & sun-dried tomato ravioli with pickled celery & salsa verde..... | 88 | Jul 2019 |
| quick & easy Spanish-style chicken casserole..... | 43 | Mar 2020 |
| risotto with green peas & sun-dried tomatoes..... | 60 | Nov 2019 |
| roasted tomato Caprese salad..... | 44 | Oct 2019 |
| roasted veggies & haloumi salad..... | 58 | Feb 2020 |
| saffron & orange-braised lamb shoulder with braised baby carrot & roasted beetroot..... | 90 | Jul 2019 |
| sausage, fennel, beer & barley casserole..... | 53 | Jul 2019 |
| seafood gumbo..... | 50 | Apr 2020 |
| seafood paella with saffron rice..... | 50 | Dec 2019 |
| slow-braised red wine oxtail..... | 90 | Apr 2020 |
| smoky adzuki bean nachos..... | 105 | Feb 2020 |
| smoky BBQ okra on teff soda bread buns with watercress & radish..... | 101 | Jan 2020 |
| smoky chilli con carne with crispy Bambara groundnuts..... | 105 | Sep 2019 |
| smoky cowpea "baked beans" with toasted baguette..... | 99 | Sep 2019 |
| smoky pulled pork belly tacos with grapefruit salsa..... | 37 | Jun 2020 |

| | | |
|--|-----|----------|
| spicy baked sorghum with chorizo..... | 105 | Jun 2020 |
| spicy gochujang mussel pot..... | 105 | Jul 2019 |
| spinach "meatballs" in lentil Napoli sauce..... | 46 | Mar 2020 |
| tomato & green olive tapenade tart..... | 45 | Feb 2020 |
| tomato & leek risotto with garlic, chilli & herb pangritata..... | 51 | Jun 2020 |
| tomato, baby marrow & goat's cheese tart..... | 12 | Sep 2019 |
| tomato bredie..... | 53 | Jul 2019 |
| vegan nachos..... | 100 | Feb 2020 |
| vegan shakshuka..... | 101 | Nov 2019 |
| vegetable curry with basmati rice..... | 42 | Mar 2020 |
| vegetarian aubergine lasagne..... | 66 | Feb 2020 |
| village Greek salad..... | 81 | Mar 2020 |
| TORTILLAS | | |
| see also TACOS | | |
| vegan cauliflower & chickpea soft tortillas..... | 41 | Apr 2020 |
| vegan green goddess tortilla pizza..... | 91 | Jan 2020 |
| TREACLE -cured beef & roast potatoes with Yorkshire puddings..... | | |
| | 29 | Feb 2020 |
| TRIFLE | | |
| chocolate Lamington & cherry trifle..... | 67 | Dec 2019 |
| poached pear trifle..... | 86 | Aug 2019 |
| TRUFFLES , shiitake tempura with truffle mayonnaise..... | | |
| | 101 | Oct 2019 |
| TURKEY | | |
| Asian noodles with shredded turkey..... | 41 | Dec 2019 |
| maple, sage & sherry turkey legs with butter bean & fennel mash..... | 39 | Dec 2019 |
| roast turkey with herb & garlic butter..... | 36 | Dec 2019 |
| turkey Cobb salad..... | 42 | Dec 2019 |
| turkey crown with pork & cranberry stuffing..... | 38 | Dec 2019 |
| turkey, mozzarella & pesto paninis..... | 43 | Dec 2019 |
| TURMERIC | | |
| m'semen with mushroom pâté, roasted peppers, cabbage & turmeric mayonnaise..... | 75 | Nov 2019 |
| puffed pancake with mozzarella, prosciutto & turmeric eggs..... | 74 | Apr 2020 |
| rainbow bento bowl..... | 99 | Jan 2020 |
| ras el hanout..... | 84 | Jan 2020 |
| roasted root vegetable laksa with buckwheat & toast..... | 99 | Apr 2020 |
| shaved cauliflower & crispy butter-bean salad with coconut, turmeric & honey dressing..... | 100 | Aug 2019 |
| turmeric & honey marshmallows..... | 105 | Oct 2019 |
| TURNIPS | | |
| bone marrow & split pea soup..... | 90 | Aug 2019 |
| Cornish pasties..... | 69 | Feb 2020 |
| smoky honey-glazed duck breast with sesame rice & tangy turnips..... | 45 | Sep 2019 |
| V | | |
| VANILLA | | |
| edible clay (rondo) & vanilla gelato..... | 25 | Jan 2020 |
| lemon polenta cake with vanilla cream cheese icing..... | 51 | Apr 2020 |
| spiced grapefruit marmalade..... | 40 | Jun 2020 |
| spiced orange vanilla cake with Swiss meringue icing..... | 8 | Apr 2020 |
| VEGETABLES (refer also to specific types of vegetables) | | |
| vegetarian noodle stir-fry with hoisin sauce..... | 52 | Mar 2020 |
| VENISON see KUDU | | |
| W | | |
| WALNUTS | | |
| Brussels sprouts with crispy tofu, strawberries & toasted walnuts..... | 98 | Dec 2019 |
| buckwheat noodles with walnut pesto, chilli mushrooms & amaranth..... | 99 | Jan 2020 |
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 |
| grape focaccia with baked Camembert, walnuts & olives..... | 43 | Feb 2020 |
| Korean black bean & walnut meatballs with chilli barbecue sauce..... | 75 | Jan 2020 |
| naan pizza with muhammara & marinated paneer..... | 97 | Jan 2020 |
| no-bake caramel & walnut chocolate tart..... | 92 | Apr 2020 |
| pear & haloumi salad with spicy caramelised walnuts & poached pear vinaigrette..... | 47 | Nov 2019 |
| pear, walnut, sage & lavender-stuffed baby chicken..... | 33 | Aug 2019 |
| sweet potato cakes with crispy tofu & pea pesto..... | 99 | Feb 2020 |
| WASABI , cold-smoked trout, strawberry & pickled ginger salad with wasabi dressing..... | | |
| | 46 | Nov 2019 |
| WATERCRESS | | |
| fennel & artichoke salad..... | 63 | Feb 2020 |
| my ultimate summer salad..... | 89 | Dec 2019 |
| smoked paprika & cumin-marinated eggs on yoghurt..... | 99 | Nov 2019 |
| smoky BBQ okra on teff soda bread buns with watercress & radish..... | 101 | Jan 2020 |
| WATERMELON , strawberry, mint, watermelon & coconut cream popsicles..... | | |
| | 67 | Feb 2020 |
| Y | | |
| YOGHURT | | |
| cheesy leek filo spiral with minted yoghurt..... | 33 | Nov 2019 |
| chicken biryani with cumin yoghurt..... | 48 | Jan 2020 |
| fried banana split with coconut yoghurt & home-made granola..... | 102 | Nov 2019 |
| linefish with chermoula & roasted root vegetables..... | 86 | Jun 2020 |
| Moroccan-style chickpea keftas with lemon & mint raita & mini flatbreads..... | 84 | Jan 2020 |
| naan bread..... | 92 | Jun 2020 |
| smoked paprika & cumin-marinated eggs on yoghurt..... | 99 | Nov 2019 |
| strawberry Eton mess..... | 79 | Jan 2020 |
| vegan coconut yoghurt panna cotta with dark chocolate & banana..... | 80 | Feb 2020 |
| yoghurt-marinated lamb curry with polenta wedges..... | 64 | Jul 2019 |
| yoghurt terrine with cardamom orange syrup & figs..... | 92 | Apr 2020 |
| YORKSHIRE PUDDINGS | | |
| mini Yorkshire puddings with rare roast beef, jus, horseradish cream & pink peppercorns..... | 27 | Feb 2020 |
| rolled sirloin with Yorkshire puddings & red wine gravy..... | 30 | Feb 2020 |
| treacle-cured beef & roast potatoes with Yorkshire puddings..... | 29 | Feb 2020 |
| Z | | |
| ZA'ATAR | | |
| #myDubaiBowl..... | 93 | Jun 2020 |
| heirloom tomato tart..... | 101 | Feb 2020 |
| ZUCCHINI see BABY MARROWS | | |