



FOOD & HOME

ENTERTAINING

THE ANNUAL RECIPE INDEX

RECIPES FROM JULY 2015 – JUNE 2016

A

ACHARS SEE PICKLES

ALMONDS

almond butter & toasted millet truffles.....	102	Feb 2016
biltong, salted almond & honey nougat with dried olives.....	62	Sep 2015
celeriac, Tenderstem broccoli, almond & roasted garlic soup with basil oil & Parmesan crisps.....	52	Apr 2016
ClemenGold & almond frangipane tart.....	28	Sep 2015
fig & coconut fruit ladoo with golden almonds.....	65	Nov 2015
frangipane lemon custard.....	59	Dec 2015
gooseberry & almond chutney.....	44	Nov 2015
Gruyère, almond & kale shortbread biscuits.....	44	Jul 2015
kale, almond & feta-stuffed fillet with Parmesan & parsley cream.....	77	Dec 2015
mille-feuille of almond biscotti crumble, granadilla crème pâtissière & tropical salad.....	122	Sep 2015
nut butter-and-honey sauce.....	106	Jan 2016
rhubarb, almond & berry tarte Tatin.....	42	Oct 2015
roasted butternut & almond quiche.....	88	Apr 2016
salted-caramel nuts.....	103	Sep 2015
waffles with almond-crusted chicken & barbecue mayonnaise.....	49	Jun 2016

ANCHOVIES

anchovy, garlic & chilli linguine with Parmesan.....	74	May 2016
anchovy, rosemary & Parmesan butter with chargrilled ciabatta toast.....	114	Jun 2016
butter-poached hake with carrot purée & anchovy chips.....	90	Dec 2015
fresh asparagus with biltong, black garlic & olive butter.....	59	Sep 2015
puttanesca pizza.....	114	Dec 2015
salsa verde.....	117	Apr 2016
smashed baby potatoes with anchovies & crispy capers ...	74	Jan 2016

APPLES

apple & chorizo pinwheels.....	104	Feb 2016
apple & cucumber Mary.....	68	Oct 2015
apple-spiced glühwein.....	85	Jul 2015
baked ginger parkin, roast apples & golden syrup ice cream.....	78	Oct 2015
celery, apple, pecan & walnut caramel tart.....	47	Jun 2016
celery, apple, spinach, lime & ginger juice.....	45	Jun 2016
classic mincemeat.....	67	Dec 2015
dinky apple pies.....	76	Jul 2015
Evil Queen's crown roast of pork with sultana-stuffed apples.....	60	Oct 2015
latke & pomegranate salad with creamy apple sauce & dill dressing.....	105	Feb 2016
mini apple, pear & pecan spiced crumbles.....	72	Apr 2016
mulled apple iced tea.....	72	Oct 2015
mustard & sage-baked pork bangers with apples & potatoes.....	23	Mar 2016
Ouma's cabbage frikkadels.....	64	May 2016
pan-fried sage pork chops with cinnamon apples.....	23	Apr 2016
pecan nut, gingerbread & mushroom loaf with sage-roasted apples & basil pesto.....	74	Dec 2015
pork neck & apple spring rolls with spicy dipping sauce.....	89	Feb 2016
roasted fig & apple-glazed bacon salad.....	57	Feb 2016
roasted golden apples.....	117	Nov 2015
shaved kohlrabi, radish, apple & fennel salad with orange dressing.....	41	Aug 2015
spiced apple chutney.....	80	Sep 2015
wicked toffee-apple cake with caramel peanut-brittle buttercream & snow-white apples.....	11	Oct 2015

APRICOTS

apricot & tomato oxtail stew.....	22	Aug 2015
apricot, marshmallow, honey & thyme braai kebabs with oat cookies.....	83	Feb 2016

ARTICHOKES

artichoke & kale-stuffed conchiglioni.....	83	Jun 2016
artichoke, mushroom, leek & goat's cheese quiche.....	118	Sep 2015
fried artichokes with aioli.....	23	Feb 2016
shredded lemony chicken with artichoke hearts.....	82	Feb 2016
stuffed artichokes.....	87	Oct 2015

ASPARAGUS

angelfish goujons with asparagus cigars & hollandaise sauce.....	81	Aug 2015
asparagus & Parmesan-crusted deep-fried eggs.....	51	Oct 2015
asparagus risotto.....	86	Oct 2015
butter-braised kohlrabi, asparagus & ricotta pizza.....	44	Aug 2015
chargrilled green beans & asparagus with crispy bacon...	74	Jan 2016
crustless quiche with asparagus, goat's cheese & basil ...	48	Jan 2016
fresh asparagus with biltong, black garlic & olive butter...	59	Sep 2015
herbed barley risotto with asparagus & chive whipped cream.....	82	Feb 2016
Parma ham-wrapped asparagus with goat's cheese truffles & lemon & herb dressing.....	52	Jan 2016
Parma ham-wrapped grilled asparagus & breadsticks.....	79	Jul 2015
shamrock greens with purple cabbage & pecan salad.....	88	Mar 2016
tandoori malai chicken & asparagus with lemon dressing.....	59	Nov 2015
wild mushroom, pancetta & asparagus cheesecake.....	83	Jan 2016

AUBERGINES

aubergine, buffalo mozzarella & sun-dried tomato stack ...	32	Jun 2016
aubergine chutney.....	120	Mar 2016
aubergine Parmigiana.....	90	Nov 2015
braaied spiced aubergine & tofu skewers.....	76	Sep 2015
fragrant roasted aubergine halves with lentil & coconut curry.....	70	Apr 2016
fragrant roasted aubergines with harissa & guacamole ...	50	Mar 2016
Indian ratatouille pizza.....	112	Dec 2015
meze platter with flatbreads, baba ganoush, hummus & olives.....	24	Jun 2016
oven-roasted aubergines with Greek yoghurt & pomegranate.....	68	Sep 2015
roasted aubergine hearts with green sauce & vegan 'Parmesan'.....	109	Nov 2015
roasted Moroccan-spiced aubergine lasagne boats.....	58	Aug 2015

AVOCADOS

avocado & herb mayonnaise-marinated chicken wings..	105	May 2016
avocado nuggets with creamy horseradish & basil dip.....	55	Mar 2016
avocado salsa.....	46	Apr 2016
baby marrow soft-shell tacos with grilled haloumi, mango salsa & smoked paprika guacamole.....	70	Mar 2016
chilled rocket, baby marrow & avocado soup with mini garlic pan-fried breads.....	110	Mar 2016
chunky guacamole.....	93	Jan 2016
deconstructed avocado ritz.....	80	Sep 2015
rich dark chocolate & nut tart.....	102	May 2016
spicy kale, pea & couscous fritters with avocado, coconut & dill dipping sauce.....	55	Mar 2016
tacos with vindaloo beans, crushed avocado & charred corn.....	49	Jan 2016

B

BABY MARROWS

baby marrow & blue cheese cheesecake.....	85	Jan 2016
baby marrow & cream cheese-stuffed deboned chicken with summer greens & herb butter.....	75	Dec 2015
baby marrow & cucumber tiradito salad.....	119	Mar 2016
baby marrow & kale flapjack stack.....	101	Apr 2016
baby marrow fritters with green salsa & coconut cream ...	49	Apr 2016
baby marrow noodles, ostrich biltong & blue cheese salad with white port dressing.....	59	Sep 2015

ANNUAL RECIPE INDEX

baby marrow noodles with sun-dried tomato, walnuts & olives.....	51	May 2016
baby marrow soft-shell tacos with grilled haloumi, mango salsa & smoked paprika guacamole.....	70	Mar 2016
butter-fried radish, wild mushroom & baby marrow salad stacks with sour cream & chive dressing.....	58	Feb 2016
butternut-filled panzerotti with prawns, baby marrows & mild curry sauce.....	97	Nov 2015
chilled rocket, baby marrow & avocado soup with mini garlic pan-fried breads.....	110	Mar 2016
courgette flowers with bulgur wheat.....	99	Oct 2015
courgette frittata.....	53	Oct 2015
deep-fried tuna rolls & tempura baby marrow chips.....	84	Aug 2015
Indian ratatouille pizza.....	112	Dec 2015
Parmesan-dusted baby marrow fries.....	84	Jul 2015
skinny low-carb pasta.....	18	Mar 2016
spicy Hawaiian poké bowl with avo, baby marrow noodles & kale chips.....	16	Apr 2016
tomato & basil zucchini pasta.....	90	Jan 2016
Tomme, baby marrow & roasted garlic scones with beetroot & mustard pickle.....	31	Jan 2016
vegetable consommé.....	54	Sep 2015
warm baby marrow salad with butter-fried edamame beans & bacon vinaigrette.....	53	Jun 2016
white bean & baby marrow burgers with cashew mayo & sprout salad.....	75	Sep 2015

BACON

butternut ice cream with candied maple bacon.....	64	Apr 2016
chargrilled green beans & asparagus with crispy bacon...	74	Jan 2016
creamed samp risotto with bacon butter.....	87	Feb 2016
emmental, crispy bacon & rosemary baked sliders.....	51	May 2016
fried banana, bacon & ricotta flapjack stack.....	59	Jun 2016
gooey bacon & marshmallow-studded chocolate brownies.....	40	Mar 2016
layered cobb-salad jars.....	72	Jul 2015
millet, bacon & ricotta-stuffed kohlrabies with onion gravy.....	42	Aug 2015
peanut butter semifreddo with syrup ice cream, crème Anglaise, candied bacon & sugar-glazed bananas	52	Aug 2015
pigs in blankets.....	24	Apr 2016
poached egg & bacon muffin cups.....	81	May 2016
roasted fig & apple-glazed bacon salad.....	57	Feb 2016
the Salma Hayek.....	93	Nov 2015
scallops with sweetcorn purée & crispy bacon.....	82	Feb 2016
warm baby marrow salad with butter-fried edamame beans & bacon vinaigrette.....	53	Jun 2016
wild mushroom, pancetta & asparagus cheesecake.....	83	Jan 2016

BANANAS

banana crumpets with vanilla yoghurt & fresh berries.....	102	Jan 2016
berry & banana breakfast nice-cream.....	88	Jan 2016
blueberry & white-chocolate banana bread with cinnamon & honey spread.....	106	Feb 2016
braaied bananas with toasted coconut & coconut-caramel sauce.....	77	Sep 2015
country banana loaf.....	109	Aug 2015
flower-fetti cake with cream-cheese icing.....	95	May 2016
fried banana, bacon & ricotta flapjack stack.....	59	Jun 2016
fried bananas in vanilla-coconut broth with nut butter-and-honey sauce.....	106	Jan 2016
peanut butter semifreddo with syrup ice cream, crème Anglaise, candied bacon & sugar-glazed bananas	52	Aug 2015
roasted banana, rum & raisin rice cake (gateau de riz).....	93	Apr 2016

BARLEY SEE PEARL BARLEY

BASIL

basil oil.....	52	Apr 2016
basil, spinach & ricotta gnudi with red pepper & tomato sugo.....	108	Apr 2016
creamy basil dressing.....	32	Jan 2016
creamy horseradish & basil dip.....	55	Mar 2016
crispy breadcrumb-and-herb salsa.....	106	Jun 2016
herb, litchi & prawn salad.....	48	Feb 2016
homemade walnut pesto.....	90	Jan 2016

lemon & basil dip.....	42	Jul 2015
lemongrass & basil sherbet.....	14	Nov 2015
pecan nut, gingerbread & mushroom loaf with sage-roasted apples & basil pesto.....	74	Dec 2015
salsa verde.....	110	Apr 2016
salsa verde.....	117	Apr 2016
salsa verde dressing.....	39	Nov 2015
tomato & basil zucchini pasta.....	90	Jan 2016

BEANS

see also **GREEN BEANS**

braised oxtail-stuffed calamari with butternut, potato & sweet potato mash, pinotage jus & sweet & sour beans...	65	Mar 2016
coconut-flour tacos with pulled pork, peach salsa & refried beans.....	74	Mar 2016
creamy blue cheese polenta with sautéed kale, butterbeans & mushrooms.....	43	Jul 2015
flour soft-shell tacos with grilled corn, spiced black-eye beans, cashew-nut cream & pineapple & chilli salsa.....	73	Mar 2016
grapefruit & edamame salad with ginger & maple syrup dressing.....	89	Aug 2015
mixed bean, hazelnut & goat's cheese salad.....	89	Jan 2016
tacos with vindaloo beans, crushed avocado & charred corn.....	49	Jan 2016
warm baby marrow salad with butter-fried edamame beans & bacon vinaigrette.....	53	Jun 2016
warm salad of garlicky white beans, buttery radish & fennel bulb.....	48	Apr 2016
Wednesday's black bean bleeding heart brownies.....	59	Oct 2015
white bean & baby marrow burgers with cashew mayo & sprout salsa.....	75	Sep 2015

BEEF

CUBES

empanadas.....	116	Nov 2015
goulash noodle soup with sour cream & red onion.....	111	Apr 2016
stew in bread bowl.....	25	Oct 2015

FILLET

beef Wellington.....	23	Aug 2015
carpaccio of beef with mustard mayonnaise.....	58	Dec 2015
cocoa, paprika & coconut-rubbed steak.....	23	May 2016
kale, almond & feta-stuffed fillet with Parmesan & parsley cream.....	77	Dec 2015
spiced beef fillet with carrots & plum juice.....	70	Jun 2016
teriyaki beef kebabs with baby plum tomato & chilli jam.....	119	Sep 2015
flat-iron, new-age steak, egg & chips.....	50	Aug 2015
marrow bones, meat butter on toast.....	63	May 2016

MINCE

cabbage & mince lasagne with yoghurt.....	39	Jul 2015
deli burger.....	101	Aug 2015
home-made beef burgers with red-wine butter.....	18	May 2016
mini burgers & fries.....	73	Jul 2015
mini lasagne 'muffins'.....	58	Aug 2015
roasted Moroccan-spiced aubergine lasagne boats.....	58	Aug 2015
slow-cooked three-meat ragout lasagne.....	55	Aug 2015
Spanish sausage rolls.....	24	Oct 2015
The Blues burger.....	34	Mar 2016

OXTAIL

apricot & tomato oxtail stew.....	22	Aug 2015
braised oxtail-stuffed calamari with butternut, potato & sweet potato mash, pinotage jus & sweet & sour beans...	65	Mar 2016
The Eatalian oxtail.....	69	Jun 2016
porterhouse, kohlrabi & radish pickle on gourmet steak sandwich.....	42	Aug 2015

PRIME RIB

on the grill with chimichurri & vegetables.....	115	Nov 2015
steak & Parmesan-dusted chips.....	21	Aug 2015
rib-eye, exotic mushroom-stuffed roast.....	24	Aug 2015

RUMP

grilled steak burger with chargrilled pears & wholegrain mustard & blue-cheese sauce.....	55	Mar 2016
herbed steak salad with horseradish crème fraîche.....	9	Aug 2015
mini creamy peppered steak & mushroom pies.....	79	Jul 2015
red wine-marinated rump & rocket salad with chive &		

ANNUAL RECIPE INDEX

mustard oil dressing	111	Mar 2016	coconut & white-chocolate biscuits with sprinkles	99	Mar 2016
rump espetada with sweet potato wedges	23	Aug 2015	Gruyère, almond & kale shortbread biscuits	44	Jul 2015
shin, braised in red wine with buttered porcini mushrooms	84	Jun 2016	indulgent dark hot chocolate with melt-in-the-mouth ginger & oat s'mores	6	Jul 2015
SHORT RIBS			Kaap'ies	26	Oct 2015
beef short ribs	64	May 2016	lemon & coconut bars	49	Mar 2016
slow-braised Angus beef & garden root vegetables baked in bread crust	108	Nov 2015	mille-feuille of almond biscotti crumble, granadilla crème pâtissière & tropical salad	122	Sep 2015
slow-roasted Irish whiskey & thyme sticky short ribs	88	Mar 2016	mince-pie Madeleines	69	Dec 2015
sirloin			naartjie muesli chews	49	Aug 2015
grilled beef with salsa verde & fried quail eggs	117	Apr 2016	oat crunchies	113	May 2016
pan-fried sirloin with miso butter	50	May 2016	peanut butter cookies	109	Aug 2015
			red & blue velvet whoopee pies with cream-cheese filling ..	90	Jul 2015
			stacked Peppermint Crisp tarts	83	Sep 2015
			Sugary Sensations chocolate whoopee pies with cream-cheese filling	20	Mar 2016
			vanilla burfee with golden blueberries	68	Nov 2015
			Wednesday's black bean bleeding heart brownies	59	Oct 2015
BEETROOT					
beetroot & mustard pickle	31	Jan 2016	BLACKBERRIES , sparkling rosé & summer berry jelly ...	83	Feb 2016
beetroot & radish carpaccio with rocket pesto & feta	55	Feb 2016	BLUEBERRIES		
beetroot & salmon cheesecake	81	Jan 2016	berry & lemon curd-filled muffins	80	May 2016
beetroot carpaccio with avocado salsa, salmon ribbons & walnuts	46	Apr 2016	blueberry & ricotta baked doughnuts with salted caramel-chocolate ganache	39	Nov 2015
beetroot-fritter doughnuts with blue-cheese sauce	47	Apr 2016	blueberry & white-chocolate banana bread with cinnamon & honey spread	106	Feb 2016
beetroot granola with whipped coconut cream	45	Apr 2016	cauliflower pizzas with blueberries, sage & prosciutto	39	Nov 2015
beetroot risotto	63	May 2016	cinnamon & Brie French toast roll-ups with blueberry compote	91	Jul 2015
carrot, beetroot & pumpkin seed Swiss roll with cream-cheese icing	109	Aug 2015	governor's trifle	68	Mar 2016
garden of Eden	53	Sep 2015	papaya & blueberry mille-feuille with salted-caramel cream	59	Mar 2016
lemon butter-grilled angelfish fillets with beetroot & carrot chips	84	Aug 2015	rainbow salad with salsa verde	39	Nov 2015
potato & beetroot röstis	64	Apr 2016	sparkling rosé & summer berry jelly	83	Feb 2016
roasted beetroot, endive & chargrilled chicken salad with orange & herb dressing	54	Feb 2016	vanilla burfee with golden blueberries	68	Nov 2015
roasted beetroot with fresh mint ricotta & pumpkin seeds ..	72	Nov 2015			
rose water-pickled beetroot, fig & pomegranate salad	63	Apr 2016	BODY TREATS		
slow-roasted beetroot & butternut with caramelised pumpkin seeds	71	Sep 2015	coconut-ice bath bombs	94	May 2016
summer salad	100	Oct 2015	Rooibos chai sugar body scrub	94	May 2016
sun-dried tomato & beetroot salad	9	Aug 2015	rosemary-mint bath salts	94	May 2016
vegetable consommé	54	Sep 2015			
winter panzanella salad with crumbed corn & ricotta fritters, & blue-cheese dressing	104	Jun 2016	BREADS		
			see also BREADS, SWEET; BRUSCHETTA; PIZZAS;		
BERRIES			SANDWICHES		
see also BLACKBERRIES; BLUEBERRIES; CRANBERRIES;			African dombolo (steamed carrot bread)	95	Sep 2015
GOOSEBERRIES; RASPBERRIES; STRAWBERRIES			braaiied flatbreads with hummus & spring greens	76	Sep 2015
banana crumpets with vanilla yoghurt & fresh berries	102	Jan 2016	bread crust	108	Nov 2015
berry & banana breakfast nice-cream	88	Jan 2016	brioche buns	66	Jun 2016
berry & pecan crumble	78	Sep 2015	caramelised red-onion & pine-nut focaccia	83	Jun 2016
berry choc-chunk ice cream	11	Feb 2016	ciabatta	112	Jan 2016
berry jam	49	Aug 2015	coconut bread rolls	67	Mar 2016
brandy-snap mince pies with berry compote	67	Dec 2015	fig & olive-tapenade star bread	68	Feb 2016
frozen lemon meringue parfait with berry coulis	54	Oct 2015	lemon, rosemary & garlic focaccia	47	Mar 2016
fruit tarts with frangipane lemon custard, crème pâtissière or jam & soft fruit	59	Dec 2015	mini garlic pan-fried breads	110	Mar 2016
midsummer night's dream jelly	11	Nov 2015	musakhan sumac chicken with taboon bread	34	May 2016
rhubarb, almond & berry tarte Tatin	42	Oct 2015	oat-crusted French toast	98	May 2016
			oatmeal bread	23	Oct 2015
			olive & rosemary focaccia	113	Jan 2016
			pecan nut, gingerbread & mushroom loaf with sage-roasted apples & basil pesto	74	Dec 2015
BILTONG			red masala curried eggs with naan bread	52	Oct 2015
baby marrow noodles, ostrich biltong & blue cheese salad with white port dressing	59	Sep 2015	rosemary, brown butter & cracked black pepper soda bread	86	Mar 2016
biltong croquettes with Peppadew sauce	72	Nov 2015	sesame mosbolletjie French toast	82	Sep 2015
biltong-dipped poached pears with crème fraîche & capers	62	Sep 2015			
biltong, salted almond & honey nougat with dried olives ..	62	Sep 2015	BREADS, SWEET		
caramelised onion, biltong & thyme cheesecake	85	Jan 2016	blueberry & white-chocolate banana bread with cinnamon & honey spread	106	Feb 2016
fresh asparagus with biltong, black garlic & olive butter ..	59	Sep 2015	country banana loaf	109	Aug 2015
pan-grilled angelfish with shaved biltong & radish-caper butter	60	Sep 2015	Easter cinnabunnies with cream-cheese glaze	94	Apr 2016
shaved biltong & pea open ravioli	60	Sep 2015	hot cross bun French toast with maple syrup & vanilla figs & mascarpone	54	May 2016
			hot cross buns with white chocolate & nut butter	106	Apr 2016
			mince-pie French toast	68	Dec 2015
BISCUITS					
black sesame cemetery spiders	65	Oct 2015			
blue, white & red pinwheel biscuits	87	Jul 2015			
brown-butter buttons with caramelised white chocolate	96	May 2016			
butter milk rusks	114	May 2016			
chocolate, hazelnut & coffee cookies	18	Apr 2016			

BRINJALS see **AUBERGINES**

BROCCOLI

celeriac, Tenderstem broccoli, almond & roasted garlic soup with basil oil & Parmesan crisps 52 Apr 2016
 Tenderstem broccoli, Brie & salmon tart 54 Apr 2016
 Tenderstem broccoli with crispy prosciutto 85 Jun 2016

BRUSCHETTA, mashed pea & fior di latte 86 Oct 2015
 bulgur wheat, chickpea & roasted pumpkin salad with gooseberry dressing 43 Nov 2015
 courgette flowers with bulgur wheat 99 Oct 2015
 pattypan & bulgur wheat sushi with mango-chilli dip 46 Jan 2016

BURGERS

see also **SANDWICHES**
 deli burger 101 Aug 2015
 grilled steak burger with chargrilled pears & wholegrain mustard & blue-cheese sauce 55 Mar 2016
 home-made beef burgers with red-wine butter 18 May 2016
 mini burgers & fries 73 Jul 2015
 pulled-pork burger 57 Dec 2015
 the Salma Hayek 93 Nov 2015
 The Blues burger 34 Mar 2016
 white bean & baby marrow burgers with cashew mayo & sprout salad 75 Sep 2015

BUTTERMILK

buttermilk panna cotta 102 Aug 2015
 buttermilk rusks 114 May 2016
 roasted pumpkin with curried fritters, seed crumble, buttermilk labneh & ginger 80 Nov 2015
 rosemary, brown butter & cracked black pepper soda bread 86 Mar 2016

BUTTERNUT

braised oxtail-stuffed calamari with butternut, potato & sweet potato mash, pinotage jus & sweet & sour beans ... 65 Mar 2016
 bulgur wheat, chickpea & roasted pumpkin salad with gooseberry dressing 43 Nov 2015
 butternut-filled panzerotti with prawns, baby marrows & mild curry sauce 97 Nov 2015
 butternut ice cream with candied maple bacon 64 Apr 2016
 cauliflower & roasted garlic soup 53 Jul 2015
 honey-thyme butternut & creamed-spinach pizza 111 Dec 2015
 open butternut ravioli with crispy rosemary & coffee oil 22 Jul 2015
 pampoentert with salted-caramel nuts & cinnamon Chantilly cream 103 Sep 2015
 roasted butternut & almond quiche 88 Apr 2016
 slow-roasted beetroot & butternut with caramelised pumpkin seeds 71 Sep 2015

BUTTERS

chorizo butter 72 Apr 2016
 herb butter 63 May 2016
 herb butter 75 Dec 2015
 home-made butter 12 Jan 2016
 lemon-cider butter 48 Mar 2016
 miso butter 50 May 2016
 miso butter 72 Apr 2016
 radish-caper butter 60 Sep 2015
 red-wine butter 18 May 2016

C

CABBAGE

cabbage & potato cakes with Asian dipping sauce 37 Jul 2015
 Cajun chicken with caulirice & slaw 20 Jan 2016
 coleslaw 95 Sep 2015

ginger & sesame-glazed sticky pork ribs with purple slaw .. 92 Aug 2015
 Ouma's cabbage frikkadels 64 May 2016
 red cabbage slaw 57 Dec 2015
 roast pork cheek, bubble & squeak & poached egg 75 Oct 2015
 shamrock greens with purple cabbage & pecan salad 88 Mar 2016
 shoulder of lamb hotpot, pickled red cabbage & roasted root vegetables 76 Oct 2015
 slaw 33 Mar 2016
 sticky & hot king prawns with warm cabbage salsa 36 Jul 2015
 summer salad 100 Oct 2015

CAKES

see also **CAKES, SMALL; CHEESECAKES; PIES, SWEET; TARTS, SWEET**
 angel-food, snow-globe cake
 with brandy-butter icing 117 Dec 2015
 apple, wicked toffee-apple cake with caramel peanut-brittle buttercream & snow-white apples 11 Oct 2015

BANANA

flower-fetti cake with cream-cheese icing 95 May 2016
 roasted banana, rum & raisin rice cake (gâteau de riz) 93 Apr 2016
 berry, Camembert & cognac-soaked berry cake 87 Apr 2016
 carrot, beetroot & pumpkin seed Swiss roll with cream-cheese icing 109 Aug 2015
 cherry, vegan wholewheat cherry poppy-seed cake 122 Dec 2015

CHOCOLATE

chocolate cake with salted caramel popcorn, chocolate fudge frosting & dark chocolate glaze 88 May 2016
 chocolate-coffee cake 113 May 2016
 chocolate-mayonnaise cake with cherries & dark-chocolate ganache 106 May 2016
 chocolate-mousse cake with berries 85 Nov 2015
 dark-chocolate Guinness cake 91 Mar 2016
 frozen chocolate & strawberry roulade 54 Jan 2016
 hazelnut & Nutella chocolate torte 87 Jun 2016
 microwave chocolate mug cake 23 May 2016
 spiced chocolate & vanilla zebra bundt with Amarula ganache 117 Dec 2015
 yule log with white chocolate & raspberries 92 Dec 2015
 coconut, lemon-meringue ice-cream cake 122 Dec 2015

LEMON

lemon & poppy seed cake with cream-cheese icing 120 Nov 2015
 lemon, rosemary & olive oil layer cake with cream-cheese icing 13 May 2016
 orange yoghurt cake with orange syrup & mascarpone buttercream 90 May 2016
 parsnip, naartjie & hazelnut cake with preserved-ginger cream-cheese icing 58 May 2016
 pear, cinnamon pear cake with stem ginger & lemon verbena ice cream 71 Aug 2015
 plum, upside-down plum cake with crème fraîche 39 Dec 2015
 pumpkin, walnut & date cake with maple syrup cream-cheese icing 85 Apr 2016
 rhubarb & sour cream Madeira cake 41 Oct 2015

SPONGE

almond sponge cake with dried pear chips 55 Sep 2015
 ClemenGold Madeira cake 29 Sep 2015
 rosé Champagne chiffon cake 122 Dec 2015

VANILLA

speckled vanilla cake with marshmallow Easter-egg filling 104 Apr 2016
 vanilla cake with rose buttercream 87 May 2016

CAKES, SMALL

carrot & walnut cupcakes 26 Oct 2015
 gooey bacon & marshmallow-studded chocolate brownies 40 Mar 2016
 red & blue velvet whoopee pies with cream-cheese filling 90 Jul 2015
 Sugary Sensations chocolate whoopie pies with cream-cheese filling 20 Mar 2016
 true lava cake 34 Mar 2016
 upside-down starfruit & granadilla yoghurt cakes 72 Feb 2016

CALAMARI

arrabiata seafood soup with Parmesan

ANNUAL RECIPE INDEX

ciabatta toasts.....	73	Aug 2015	beans, cashew-nut cream & pineapple & chilli salsa	73	Mar 2016
braised oxtail-stuffed calamari with butternut, potato & sweet potato mash, pinotage jus & sweet & sour beans ...	65	Mar 2016	Jean-Pierre Fortain's cashews caramelised		
calamari with chorizo & pepper potatoes.....	118	Oct 2015	with poppy seeds.....	19	Nov 2015
paella	86	Aug 2015	salted-caramel nuts	103	Sep 2015
			sun-dried tomato, cashew & rocket sauce.....	53	Jun 2016
CAPERBERRIES					
pan-fried sesame-crust feta with honey, caperberries & basil	110	Oct 2015	CAULIFLOWER		
radish-caper butter	60	Sep 2015	Cajun chicken with caulirice & slaw.....	20	Jan 2016
salsa verde.....	82	Aug 2015	cauliflower & potato curry with peas.....	64	Jul 2015
CAPERS , smashed baby potatoes with anchovies & crispy capers					
	74	Jan 2016	cauliflower & roasted garlic soup	53	Jul 2015
CARAMEL					
blueberry & ricotta baked doughnuts with salted caramel-chocolate ganache.....	39	Nov 2015	cauliflower mayo.....	106	Nov 2015
brown-butter buttons with caramelised white chocolate ..	96	May 2016	cauliflower pizzas with blueberries, sage & prosciutto	39	Nov 2015
caramelised grapefruit tartlets with caramel-custard filling.....	54	Jun 2016	prawn passion	72	Jun 2016
celery, apple, pecan & walnut caramel tart	47	Jun 2016	roasted rack of lamb with cauliflower purée.....	63	Apr 2016
chocolate cake with salted caramel popcorn, chocolate fudge frosting & dark chocolate glaze	88	May 2016	sautéed gnocchi & cauliflower with Parmesan sauce & Parmesan breadcrumbs.....	101	Sep 2015
chocolate terrine with hazelnut praline & salted-caramel popcorn.....	33	Jun 2016	spiced roasted cauliflower with hazelnuts & pomegranate rubies.....	70	Jan 2016
double-chocolate torte.....	75	Nov 2015	spice roasted cauliflower with tahini & sesame seeds with seared tuna & poached egg.....	56	May 2016
papaya & blueberry mille-feuille with salted-caramel cream	59	Mar 2016	CELERICAC		
Paquito's caramel-stuffed churros.....	20	Apr 2016	creamy celeriac, Tenderstem broccoli, almond & roasted garlic soup with basil oil & Parmesan crisps	52	Apr 2016
peanut butter & salted caramel-filled muffins	80	May 2016	grapefruit, ginger beer & tomato-marinated duck breast on celeriac purée with roasted tomatoes & salsa verde ..	110	Apr 2016
salted caramel milkshake.....	46	Oct 2015	CELERY		
soft & chewy almost burnt caramels.....	12	Aug 2015	celery, apple, pecan & walnut caramel tart	47	Jun 2016
wicked toffee-apple cake with caramel peanut-brittle buttercream & snow-white apples	11	Oct 2015	celery, apple, spinach, lime & ginger juice.....	45	Jun 2016
CARDAMOM					
coconut & cardamom cream doughnuts	90	Feb 2016	creamy celery, chilli & prawn spaghetti.....	46	Jun 2016
winter pumpkin & pear trifle with Rooibos custard.....	53	Jun 2016	CHEESECAKES		
CARROTS					
African dombolo (steamed carrot bread).....	95	Sep 2015	baby marrow & blue cheese cheesecake.....	85	Jan 2016
butter-poached hake with carrot purée & anchovy chips..	90	Dec 2015	baked cheesecake with lemongrass foam, coconut soil & sour cream.....	82	Nov 2015
caramelised vegetables with figs & pears	95	Mar 2016	beetroot & salmon cheesecake.....	81	Jan 2016
carrot & peanut-butter doggie treats	82	Apr 2016	caramelised onion, biltong & thyme cheesecake	85	Jan 2016
carrot & walnut cupcakes.....	26	Oct 2015	litchi-mousse no-bake cheesecake	49	Feb 2016
carrot, beetroot & pumpkin seed Swiss roll with cream-cheese icing	109	Aug 2015	savoury baked ricotta cheesecake with exotic tomatoes..	12	Jan 2016
carrot-cake granola with cashew-nut cream	81	Apr 2016	wild mushroom, pancetta & asparagus cheesecake	83	Jan 2016
carrot gnocchi with roasted hispi cabbage, raw carrot & smoked butter	74	Nov 2015	CHEESE DISHES		
carrots with cumin on focaccia.....	18	Feb 2016	BLUE CHEESE		
CBC beer-braised pork belly with soet wortels & salsa verde.....	101	Sep 2015	baby marrow & blue cheese cheesecake.....	85	Jan 2016
coleslaw	95	Sep 2015	baby marrow noodles, ostrich biltong & blue cheese salad with white port dressing	59	Sep 2015
ginger & honey-roasted baby carrots & parsnips.....	91	Aug 2015	beetroot-fritter doughnuts with blue-cheese sauce.....	47	Apr 2016
lemon butter-grilled angelfish fillets with beetroot & carrot chips	84	Aug 2015	blue-cheese sauce.....	34	Mar 2016
rainbow salad with salsa verde.....	39	Nov 2015	caramelised onion, spinach & blue cheese tarts with tomato-chilli chutney	99	Aug 2015
roasted baby carrots & fennel bulb with avocado, toasted seeds & tahini yoghurt	73	Apr 2016	creamy blue cheese polenta with sautéed kale, butterbeans & mushrooms	43	Jul 2015
spiced beef fillet with carrots & plum juice.....	70	Jun 2016	CAMEMBERT		
sunflower spring.....	52	Sep 2015	Camembert & cognac-soaked berry cake.....	87	Apr 2016
vegetable consommé.....	54	Sep 2015	Camembert, poached & fresh figs, macadamia-nut brittle & fynbos honey	75	May 2016
CASHEW NUTS					
carrot-cake granola with cashew-nut cream	81	Apr 2016	CHEDDAR , savoury croque-monsieur bread-and-butter pudding with Cheddar sauce.....		
cashew & herb dressing.....	58	Mar 2016		107	Jun 2016
cashew, coconut & rose granola	102	Jun 2016	cream cheese, onion shells with whipped herb cheese & white-port dressing.....	48	Nov 2015
cashew, coconut & tomato fish curry with fennel salsa & chargrilled naan bread.....	77	Jun 2016	emmental, crispy bacon & rosemary baked sliders	51	May 2016
cashew mayo.....	75	Sep 2015	FETA		
char-grilled green bean & millet salad with cashew purée & chickpea dressing.....	54	Jan 2016	beetroot & radish carpaccio with rocket pesto & feta	55	Feb 2016
chia breakfast bowl with white-mulberry milk.....	18	Jan 2016	pan-fried sesame-crust feta with honey, caperberries & basil	110	Oct 2015
flour soft-shell tacos with grilled corn, spiced black-eye			spinach, feta & ricotta bake with prosciutto.....	48	Apr 2016
			sweet melon, feta & crunchy prosciutto salad.....	41	Dec 2015
			tomato, olive & feta tray bake.....	51	Feb 2016
			vegetarian-stuffed tomatoes.....	47	May 2016
			GOAT'S CHEESE		
			artichoke, mushroom, leek & goat's cheese quiche	118	Sep 2015
			crumbed Buchette, harissa-grilled chicken & barley salad with creamy basil dressing	32	Jan 2016
			crustless quiche with asparagus, goat's cheese & basil ...	48	Jan 2016

ANNUAL RECIPE INDEX

goat's cheese & caramelised onion tartlets	73	May 2016	coconut green-curry poached chicken breast & noodle salad	80	Jun 2016
kale, sun-dried tomato & goat's cheese pie	45	Jul 2015	crumbed Buchette, harissa-grilled chicken & barley salad with creamy basil dressing	32	Jan 2016
loaded hasselback potatoes with Buche, tomato salsa & chorizo crumbs	31	Jan 2016	guava BBQ-marinated chicken salad	45	Sep 2015
mixed bean, hazelnut & goat's cheese salad	89	Jan 2016	Moroccan chicken & chickpea soup	53	Jul 2015
Parma ham-wrapped asparagus with goat's cheese truffles & lemon & herb dressing	52	Jan 2016	Panko-crumbed chicken & chickpea salad cups with coconut & peanut dressing	105	Jan 2016
Tomme, baby marrow & roasted garlic scones with beetroot & mustard pickle	31	Jan 2016	roasted beetroot, endive & chargrilled chicken salad with orange & herb dressing	54	Feb 2016
GORGONZOLA , creamy polenta with garlic & sage-roasted mushrooms	51	Mar 2016	tandoori malai chicken & asparagus with lemon dressing	59	Nov 2015
GRUYÈRE almond & kale shortbread biscuits	44	Jul 2015	waffles with almond-crust chicken & barbecue mayonnaise	49	Jun 2016
the ultimate toasted cheese	23	Mar 2016	drumsticks, paprika & chimichurri drumsticks	49	Jan 2016
HALOUMI baby marrow soft-shell tacos with grilled haloumi, mango salsa & smoked paprika guacamole	70	Mar 2016	LIVERS Chardonnay Deli pâté	107	Aug 2015
haloumi, mint & preserved lemon half-moon pastries	70	Feb 2016	peri-peri tomato chicken livers with ciabatta toasts	50	Mar 2016
oven omelette	98	Oct 2015	PIECES Cajun chicken with pineapple salsa	74	Jul 2015
HUGUENOT , salmon radishes with cauliflower mayo & cheese crumble	106	Nov 2015	chicken escabeche	117	Nov 2015
LABNEH dukkah-coated labneh eggs with crisp bread	100	Apr 2016	chicken with red wine & herb dumplings	96	Jul 2015
milk tart-flavoured sweet labneh with orange-poached pears	57	Jun 2016	fresh chicken curry	62	Jul 2015
MOZZARELLA aubergine, buffalo mozzarella & sun-dried tomato stack	32	Jun 2016	musakhan sumac chicken with taboon bread	34	May 2016
charred nectarines with prosciutto, buffalo mozzarella & fresh basil	82	Feb 2016	Spanish-style chicken casserole with preserved lemons	108	May 2016
watermelon & crumbed mozzarella panzanella salad	54	Apr 2016	Spanish-style roast chicken with chorizo & blistered lemons	74	Aug 2015
paneer makhni	58	Nov 2015	thighs, paella	86	Aug 2015
RICOTTA artichoke & kale-stuffed conchiglioni	83	Jun 2016	WHOLE baby marrow & cream cheese-stuffed deboned chicken with summer greens & herb butter	75	Dec 2015
baked peaches with raspberry-rippled ricotta & pecan nuts	56	Jan 2016	lemon, mustard & rosemary roast chicken	23	Mar 2016
basil, spinach & ricotta gnudi with red pepper & tomato sugo	108	Apr 2016	roast chicken with lemon & herbs	70	Sep 2015
blueberry & ricotta baked doughnuts with salted caramel-chocolate ganache	39	Nov 2015	shredded lemony chicken with artichoke hearts	82	Feb 2016
butter-braised kohlrabi, asparagus & ricotta pizza	44	Aug 2015	WINGS avocado & herb mayonnaise-marinated chicken wings	105	May 2016
corn & ricotta fritters	104	Jun 2016	Lurch's sticky bat wings	60	Oct 2015
cream-cheese parcels	101	Oct 2015	CHICKPEAS baked kale salad with roasted sweet potatoes, spicy baked chickpeas & fresh pear	57	Mar 2016
fried banana, bacon & ricotta flapjack stack	59	Jun 2016	bulgur wheat, chickpea & roasted pumpkin salad with gooseberry dressing	43	Nov 2015
haloumi, mint & preserved lemon half-moon pastries	70	Feb 2016	char-grilled green bean & millet salad with cashew purée & chickpea dressing	54	Jan 2016
lemon & pistachio Sicilian ricotta cannoli	94	Oct 2015	chickpea dumplings in tomato curry with fresh basil	78	Jun 2016
millet, bacon & ricotta-stuffed kohlrabies with onion gravy	42	Aug 2015	hummus	32	Oct 2015
pumpkin & sage gnocchi with baby spinach, pumpkin seeds & sun-dried tomatoes	108	Mar 2016	hummus	76	Sep 2015
roasted beetroot with fresh mint ricotta & pumpkin seeds	72	Nov 2015	meze platter with flatbreads, baba ganoush, hummus & olives	24	Jun 2016
savoury baked ricotta cheesecake with exotic tomatoes	12	Jan 2016	Moroccan chicken & chickpea soup	53	Jul 2015
spinach, feta & ricotta bake with prosciutto	48	Apr 2016	pan-fried hake with chickpeas, tomatoes & paprika with lemon-cider butter	48	Mar 2016
vegetarian-stuffed tomatoes	47	May 2016	Panko-crumbed chicken & chickpea salad cups with coconut & peanut dressing	105	Jan 2016
CHERRIES black cherry compote	82	Sep 2015	slow-roasted lamb & chickpeas with preserved lemon, pistachio & mint pesto	100	Apr 2016
cherry, rosehip & hibiscus sherbet	14	Nov 2015	Spanish-style chicken casserole with preserved lemons	108	May 2016
chocolate-mayonnaise cake with cherries & dark-chocolate ganache	106	May 2016	sumac-dusted fried chickpeas	108	Jan 2016
vegan wholewheat cherry poppy-seed cake	122	Dec 2015	CHILLIES baby plum tomato & chilli jam	119	Sep 2015
CHERVIL & dill potato purée	53	Sep 2015	braised lamb loin cutlets with aji rocoto, aubergine chutney, blackened corn & confit peppers	120	Mar 2016
CHIA SEEDS , breakfast bowl with white-mulberry milk	18	Jan 2016	chilli-mayo dipping sauce	72	Jun 2016
CHICKEN BREASTS bunny chow with papaya & chilli relish	67	Mar 2016	creamy celery, chilli & prawn spaghetti	46	Jun 2016
Cajun chicken with caulirice & slaw	20	Jan 2016	ginger & chilli pork in lettuce cups topped with poached egg	49	Jun 2016
Cathy Dell's Mauritian chicken curry wholewheat pie	18	Jul 2015	mango-chilli dip	46	Jan 2016
			papaya & chilli relish	67	Mar 2016
			pineapple & chilli salsa	73	Mar 2016
			salt-baked fish with harissa paste	31	Jun 2016
			shakshuka poached eggs	116	Apr 2016
			tomato-chilli chutney	99	Aug 2015

CHIPS

butter-poached hake with carrot purée & anchovy chips	90	Dec 2015
cider-battered hake with parsnip chips & crushed peas	13	Mar 2016
gherkin fries with aioli.....	16	Mar 2016
kamikaze fries with spicy Asian ketchup	113	Feb 2016
Parmesan-dusted baby marrow fries	84	Jul 2015
spicy kale chips with lemon & basil dip.....	42	Jul 2015
sweet potato chips with tomato sauce.....	49	May 2016

CHIVES

chive & mustard oil dressing.....	111	Mar 2016
herbed barley risotto with asparagus & chive whipped cream.....	82	Feb 2016
iceberg lettuce wedges with creamy chive dressing	74	Jan 2016
salsa verde.....	82	Aug 2015
sour cream & chive dressing.....	58	Feb 2016

CHOCOLATE

BISCUITS

brown-butter buttons with caramelised white chocolate	96	May 2016
chocolate, hazelnut & coffee cookies	18	Apr 2016
coconut & white-chocolate biscuits with sprinkles	99	Mar 2016
Wednesday's black bean bleeding heart brownies.....	59	Oct 2015
bread, blueberry & white-chocolate banana bread with cinnamon & honey spread	106	Feb 2016
buns, hot cross buns with white chocolate & nut butter	106	Apr 2016

CAKES

chocolate cake with salted caramel popcorn, chocolate fudge frosting & dark chocolate glaze	88	May 2016
chocolate-coffee cake.....	113	May 2016
chocolate-mayonnaise cake with cherries & dark-chocolate ganache	106	May 2016
chocolate-mousse cake with berries	85	Nov 2015
dark-chocolate Guinness cake.....	91	Mar 2016
frozen chocolate & strawberry roulade.....	54	Jan 2016
microwave chocolate mug cake.....	23	May 2016
spiced chocolate & vanilla zebra bundt with Amarula ganache.....	117	Dec 2015

DESSERTS

almond butter & toasted millet truffles.....	102	Feb 2016
Belgian chocolate pistachio tart.....	121	Sep 2015
berry choc-chunk ice cream.....	11	Feb 2016
blueberry & ricotta baked doughnuts with salted caramel-chocolate ganache.....	39	Nov 2015
chocolate terrine with hazelnut praline & salted-caramel popcorn.....	33	Jun 2016
chocolate truffles.....	114	Sep 2015
cinnamon crème brûlée with roasted nectarines & chocolate cream.....	110	Nov 2015
creamy risotto pudding with hot chocolate sauce	85	Jul 2015
crullers with white-chocolate drizzle.....	92	Jul 2015
double-chocolate torte	75	Nov 2015
'friendly ghost' meringues in death-by-chocolate-mousse graveyard with peanut butter tombstones	62	Oct 2015
ginger snap tart with white chocolate brown-butter ganache.....	93	Aug 2015
gooey bacon & marshmallow-studded chocolate brownies.....	40	Mar 2016
hazelnut & chocolate galettes.....	102	Aug 2015
hazelnut & Nutella chocolate torte.....	87	Jun 2016
Le Manoir 'café crème'	112	Sep 2015
mango, fig & coconut skewers with chocolatey coconut sauce.....	58	Feb 2016
midsummer night's dream jelly.....	11	Nov 2015
mince-pie kisses	70	Dec 2015
no-churn chocolate ice cream stroopwafel sandwiches.....	93	Feb 2016
no-fuss peach & strawberry frozen yoghurt in white chocolate & coconut cones.....	57	Jan 2016
Oreo & strawberry white-chocolate tart	43	Sep 2015
raspberry & chocolate tart	110	Sep 2015
rich dark chocolate & nut tart.....	102	May 2016
self-saucing granadilla, white chocolate, yoghurt & coconut puddings	57	Apr 2016
spiced 'double shot' tiramisu.....	25	Jul 2015
Sugary Sensations chocolate whoopie pies		

with cream-cheese filling	20	Mar 2016
true lava cake.....	34	Mar 2016
Turkish delight, white chocolate bark & raspberry purée.....	114	Feb 2016
white-chocolate & coconut mousse with dulce de leche sauce.....	118	Nov 2015
white-chocolate mousse.....	55	Sep 2015
yule log with white chocolate & raspberries	92	Dec 2015

DRINKS

burnt vanilla & white-chocolate Milky Way shakes.....	71	Feb 2016
indulgent dark hot chocolate with melt-in-the-mouth ginger & oat s'mores	6	Jul 2015
Kahlua & chocolate shake with stroopwafels.....	68	Jul 2015
white hot chocolate with macadamia praline.....	68	Jul 2015

CHUTNEY

see also **PICKLES; PRESERVES; RELISH**

aubergine chutney	120	Mar 2016
gooseberry & almond chutney	44	Nov 2015
spiced apple chutney	80	Sep 2015
tomato-chilli chutney	99	Aug 2015

CINNAMON

cinnamon & honey spread	106	Feb 2016
cinnamon crème brûlée with roasted nectarines & chocolate cream.....	110	Nov 15
cinnamon pear cake with stem ginger & lemon verbena ice cream.....	71	Aug 2015
cinnamon-rosemary popcorn.....	23	Apr 2016
crunchy radishes with cinnamon-poached pears, goat's cheese & brown butter	70	Jan 2016
Easter cinnabunnies with cream-cheese glaze	94	Apr 2016
gooseberry, lime & cinnamon beignets	45	Nov 2015
pan-fried sage pork chops with cinnamon apples.....	23	Apr 2016
pumpkin soup with cinnamon croutons	23	Apr 2016

CLEMENGOLDS

see also **ORANGES**

ClemenGold & almond frangipane tart.....	28	Sep 2015
ClemenGold-glazed scallops with fennel & grapefruit salad.....	25	Sep 2015
ClemenGold Madeira cake	29	Sep 2015
ClemenGold pork with Thai-style salad	27	Sep 2015
fiery ginger beer, Clemengold & mint fizz	94	Aug 2015

COCKTAILS

apple & cucumber Mary	68	Oct 2015
breakfast of champions.....	68	Oct 2015
fiery ginger beer, ClemenGold & mint fizz	94	Aug 2015
granadilla, ginger & cucumber cocktail with watermelon-infused gin.....	56	Apr 2016
GUDGU's granadilla bliss.....	20	Oct 2015
mulled apple iced tea.....	72	Oct 2015
peach martini with brûléed nectarine & peach foam.....	91	Feb 2016
pinot noir sour.....	71	Oct 2015
plum & rose-water syrup cocktail.....	37	Dec 2015
rhubarb & ginger margarita	42	Oct 2015
rosé sangria	74	Aug 2015
shrub up	70	Oct 2015

COCONUT

avocado, coconut & dill dipping sauce.....	55	Mar 2016
beetroot granola with whipped coconut cream.....	45	Apr 2016
braai'd bananas with toasted coconut & coconut-caramel sauce	77	Sep 2015
cashew, coconut & tomato fish curry with fennel salsa & chargrilled naan bread.....	77	Jun 2016
cocoa, paprika & coconut-rubbed steak.....	23	May 2016
coconut & cardamom cream doughnuts	90	Feb 2016
coconut & white-chocolate biscuits with sprinkles	99	Mar 2016
coconut bread rolls	67	Mar 2016
coconut-flour tacos with pulled pork, peach salsa & refried beans.....	74	Mar 2016
coconut green-curry poached chicken breast & noodle salad	80	Jun 2016
coconut-ice bath bombs.....	94	May 2016

ANNUAL RECIPE INDEX

coconut kulfi-style granita.....	64	Nov 2015	tacos with vindaloo beans, crushed avocado & charred corn	49	Jan 2016
coconut sticky rice with mango.....	24	Mar 2016	COURGETTES see BABY MARROWS		
fig & coconut fruit laddoo with golden almonds	65	Nov 2015	COUSCOUS , spicy kale, pea & couscous fritters with avocado, coconut & dill dipping sauce.....	55	Mar 2016
fragrant roasted aubergine halves with lentil & coconut curry	70	Apr 2016	CRAB curry	61	Jul 2015
fried bananas in vanilla-coconut broth with nut butter-&honey sauce.....	106	Jan 2016	CRANBERRY jus	82	Nov 2015
frosted coconut lemonade.....	104	Jan 2016	CRAYFISH , poached with frozen bisque, mange tout juice & cream cheese.....	107	Nov 2015
lemon & coconut bars	49	Mar 2016	CRUMPETS , banana crumpets with vanilla yoghurt & fresh berries	102	Jan 2016
mango, fig & coconut skewers with chocolatey coconut sauce.....	58	Feb 2016	CUCUMBER		
no-fuss peach & strawberry frozen yoghurt in white chocolate & coconut cones	57	Jan 2016	apple & cucumber Mary	68	Oct 2015
Panko-crumbed chicken & chickpea salad cups with coconut & peanut dressing.....	105	Jan 2016	baby marrow & cucumber tiradito salad.....	119	Mar 2016
papaya, coconut & lime layered dessert	38	Oct 2015	cold cucumber soup with mint	98	Oct 2015
piña colada popsicles.....	96	Dec 2015	dill & lemon tzatziki.....	112	Mar 2016
pineapple & coconut sojoe (semolina pudding).....	18	Jun 2016	fresh tuna, strawberry, cucumber & onion seed skewers.....	41	Sep 2015
rose water, fig & coconut smoothie.....	108	Feb 2016	granadilla, ginger & cucumber cocktail with watermelon-infused gin.....	56	Apr 2016
sago with coconut jelly, candied kumquat, vanilla ice cream & fresh basil.....	51	Nov 2015	rainbow salad with salsa verde.....	39	Nov 2015
self-saucing granadilla, white chocolate, yoghurt & coconut puddings.....	57	Apr 2016	tomato & herb fritters with tzatziki.....	112	Oct 2015
white-chocolate & coconut mousse with dulce de leche sauce	118	Nov 2015	trout tartare with chilled cucumber	89	Dec 2015
			venison loin with orange sweet potato, lentils, pickled cucumber & cranberry jus	82	Nov 2015
COFFEE			CUPCAKES see CAKES, SMALL		
chocolate-coffee cake.....	113	May 2016	CURRIES		
chocolate, hazelnut & coffee cookies	18	Apr 2016	bunny chow with papaya & chilli relish.....	67	Mar 2016
coffee & dried mushroom consommé with noodles & poached egg	22	Jul 2015	butternut-filled panzerotti with prawns, baby marrows & mild curry sauce.....	97	Nov 2015
coffee & rose-scented meringues.....	26	Jul 2015	Cape Malay lamb curry croquettes with spiced apple chutney	80	Sep 2015
cold-brew coffee.....	14	Feb 2016	cashew, coconut & tomato fish curry with fennel salsa & chargrilled naan bread.....	77	Jun 2016
Ethiopian Limu cold-brew coffee	31	Apr 2016	Cathy Dell's Mauritian chicken curry wholewheat pie	18	Jul 2015
ginger ale & Columbia Inza.....	30	Apr 2016	cauliflower & potato curry with peas.....	64	Jul 2015
Le Manoir 'café crème'	112	Sep 2015	chickpea dumplings in tomato curry with fresh basil.....	78	Jun 2016
mixed berry syrup, lemonade & espresso.....	30	Apr 2016	coconut green-curry poached chicken breast & noodle salad	80	Jun 2016
mocha pistachio affogatos.....	77	Aug 2015	crab curry	61	Jul 2015
open butternut ravioli with crispy rosemary & coffee oil.....	22	Jul 2015	fish curry	65	Jul 2015
spiced 'double shot' tiramisu.....	25	Jul 2015	fragrant roasted aubergine halves with lentil & coconut curry	70	Apr 2016
Vietnamese iced coffee	23	Jun 2016	fresh chicken curry.....	62	Jul 2015
			green moongdal with sprouted green moong	58	Jul 2015
CONDENSED MILK			lamb & lentil bobotie	76	Aug 2015
condensed milk & vanilla-roasted figs.....	23	Jun 2016	lamb curry	61	Jul 2015
sweet & spicy Asian pork skewers	23	Jun 2016	peanut & sweet potato curry.....	21	Feb 2016
Vietnamese iced coffee	23	Jun 2016	prawn, ginger, tomato & sweet potato curry	89	Aug 2015
			prawn, sweet potato & lime curry with fresh coriander.....	77	Jun 2016
CORIANDER			red masala curried eggs with naan bread	52	Oct 2015
avocado & herb mayonnaise-marinated chicken wings.....	105	May 2016	slow-cooked lamb biryani with basmati rice & flaky crust.....	57	Nov 2015
crispy breadcrumb-and-herb salsa	106	Jun 2016	slow-roasted lamb shank saag with mint.....	79	Jun 2016
Peruvian style lemon-cured raw fish with chilli, onion & coriander	94	Nov 2015	CUSTARDS		
prawn, sweet potato & lime curry with fresh coriander	77	Jun 2016	buttermilk panna cotta	102	Aug 2015
Sprigs lightly spiced lamb with crème fraîche & coriander.....	20	Dec 2015	cinnamon crème brûlée with roasted nectarines & chocolate cream.....	110	Nov 2015
			citrus custard.....	68	May 2016
CORN			elderflower panna cotta with fresh seasonal fruit.....	100	Nov 2015
see also POLENTA			frangipane lemon custard	59	Dec 2015
braaied lamb loin cutlets with aji rocoto, aubergine chutney, blackened corn & confit peppers	120	Mar 2016	star-anise crème caramels.....	73	Feb 2016
chargrilled corn with chorizo & miso butters.....	72	Apr 2016	winter pumpkin & pear trifle with Rooibos custard.....	53	Jun 2016
chocolate cake with salted caramel popcorn, chocolate fudge frosting & dark chocolate glaze	88	May 2016			
chocolate terrine with hazelnut praline & salted-caramel popcorn.....	33	Jun 2016			
cinnamon-rosemary popcorn.....	23	Apr 2016			
corn & ricotta fritters	104	Jun 2016			
creamed samp risotto with bacon butter	87	Feb 2016			
flour soft-shell tacos with grilled corn, spiced black-eye beans, cashew-nut cream & pineapple & chilli salsa	73	Mar 2016			
ipapa or uphuthu (maize meal).....	95	Sep 2015			
layered cobb-salad jars	72	Jul 2015			
scallops with sweetcorn purée & crispy bacon.....	82	Feb 2016			

D

DATES

cocoa, fig & pistachio date balls.....	23	May 2016
fig & coconut fruit ladoo with golden almonds.....	65	Nov 2015
pumpkin, walnut & date cake with maple syrup cream-cheese icing.....	85	Apr 2016

DESSERTS see **CAKES; CHEESECAKES; CHOCOLATE; CUSTARDS; ICE CREAM; MERINGUE; PASTRIES; PIES, SWEET; PUDDINGS; SORBET; SPECIFIC TYPES OF FRUIT; TARTS, SWEET**

DILL

avocado, coconut & dill dipping sauce.....	55	Mar 2016
chervil & dill potato purée.....	53	Sep 2015
creamy apple sauce & dill dressing.....	105	Feb 2016
dill & lemon tzatziki.....	112	Mar 2016
herb, litchi & prawn salad.....	48	Feb 2016
potato pancakes with herbed crème fraîche & smoked salmon.....	90	Mar 2016

DIPS

avocado, coconut & dill dipping sauce.....	55	Mar 2016
creamy horseradish & basil dip.....	55	Mar 2016
garlic & herb dip.....	45	Jan 2016
lemon & basil dip.....	42	Jul 2015
mango-chilli dip.....	46	Jan 2016
soya dip.....	49	Nov 2015

DOUGHNUTS

beetroot fritter doughnuts with blue-cheese sauce.....	47	Apr 2016
blueberry & ricotta baked doughnuts with salted caramel-chocolate ganache.....	39	Nov 2015
coconut & cardamom cream doughnuts.....	90	Feb 2016
cookies 'n cream ring doughnuts.....	91	Jun 2016
crullers with white-chocolate drizzle.....	92	Jul 2015
gooseberry, lime & cinnamon beignets.....	45	Nov 2015
hot butterscotch & cider shake with churros.....	67	Jul 2015
Paquito's caramel-stuffed churros.....	20	Apr 2016

DRINKS, COLD

see also COCKTAILS		
apple & cucumber Mary.....	68	Oct 2015
breakfast of champions.....	68	Oct 2015
burnt vanilla & white-chocolate Milky Way shakes.....	71	Feb 2016
celery, apple, spinach, lime & ginger juice.....	45	Jun 2016
cold-brew coffee.....	14	Feb 2016
Ethiopian Limu cold-brew coffee.....	31	Apr 2016
ginger ale & Columbia Inza.....	30	Apr 2016
Kahlua & chocolate shake with stroopwafels.....	68	Jul 2015
mixed berry syrup, lemonade & espresso.....	30	Apr 2016
mulled apple iced tea.....	72	Oct 2015
pinot noir sour.....	71	Oct 2015
rose water, fig & coconut smoothie.....	108	Feb 2016
salted caramel milkshake.....	46	Oct 2015
shrub up.....	70	Oct 2015
Vietnamese iced coffee.....	23	Jun 2016

DRINKS, HOT

apple-spiced glühwein.....	85	Jul 2015
hot butterscotch & cider shake with churros.....	67	Jul 2015
hot toddy triplets.....	75	Jun 2016
indulgent dark hot chocolate with melt-in-the-mouth ginger & oat s'mores.....	6	Jul 2015
white hot chocolate with macadamia praline.....	68	Jul 2015

DUCK

crispy duck breast with papaya salsa.....	37	Oct 2015
grapefruit, ginger beer & tomato-marinated duck breast on celeriac purée with roasted tomatoes & salsa verde.....	110	Apr 2016

honey citrus duck with French beans & toasted almonds.....	75	Aug 2015
honey-glazed duck with rosemary-roasted grapes & prosciutto-wrapped potato wedges.....	76	Dec 2015
maple-glazed duck with spice-poached plums.....	72	Apr 2016
potato rösti with watercress, orange-glazed duck & candied-grapefruit peel.....	120	Sep 2015
steamed duck glass dumplings with soya dip.....	49	Nov 2015

DUKKAH, chargrilled dukkah-coated

pineapple wedges.....	36	Aug 2015
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DUMPLINGS

basil, spinach & ricotta gnudi with red pepper & tomato sugo.....	108	Apr 2016
chicken with red wine & herb dumplings.....	96	Jul 2015
chickpea dumplings in tomato curry with fresh basil.....	78	Jun 2016
shish barak dumplings in yoghurt sauce.....	33	May 2016

E

EGG DISHES

asparagus & Parmesan-crust deep-fried eggs.....	51	Oct 2015
courgette frittata.....	53	Oct 2015
eggs Benedict.....	51	Oct 2015
hot cross bun French toast with maple syrup & vanilla figs & mascarpone.....	54	May 2016
mince-pie French toast.....	68	Dec 2015
oven omelette.....	98	Oct 2015
poached egg & bacon muffin cups.....	81	May 2016
red masala curried eggs with naan bread.....	52	Oct 2015
salmon, spinach & sour cream-filled muffins.....	85	May 2016
sesame mosbolletjie French toast.....	82	Sep 2015
shakshuka poached eggs.....	116	Apr 2016

EGGPLANT see **AUBERGINES**

ENDIVE, roasted beetroot & chargrilled chicken salad

with orange & herb dressing.....	54	Feb 2016
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F

FENNEL

ClemenGold-glazed scallops with fennel & grapefruit salad.....	25	Sep 2015
fennel salsa.....	77	Jun 2016
pea & fennel soup with lemon oil & goat's cheese.....	88	Feb 2016
roasted baby carrots & fennel bulb with avocado, toasted seeds & tahini yoghurt.....	73	Apr 2016
shaved kohlrabi, radish, apple & fennel salad with orange dressing.....	41	Aug 2015
vegetable consommé.....	54	Sep 2015
warm salad of garlicky white beans, buttery radish & fennel bulb.....	48	Apr 2016

FIGS

Camembert, poached & fresh figs, macadamia-nut brittle & fynbos honey.....	75	May 2016
caramelised vegetables with figs & pears.....	95	Mar 2016
cocoa, fig & pistachio date balls.....	23	May 2016
condensed milk & vanilla-roasted figs.....	23	Jun 2016
fig & coconut fruit ladoo with golden almonds.....	65	Nov 2015

fig & olive-tapenade star bread	68	Feb 2016
fig & raspberry ice cream	11	Dec 2015
fig, hazelnut & pesto-stuffed smoked pork fillet	50	Feb 2016
hot cross bun French toast with maple syrup & vanilla figs & mascarpone	54	May 2016
kolache with three fruit fillings	14	Dec 2015
mango, fig & coconut skewers with chocolatey coconut sauce.....	58	Feb 2016
pork chops with whiskey-soaked figs.....	89	Apr 2016
roasted fig & apple-glazed bacon salad.....	57	Feb 2016
roasted parsnip & fig salad with croutons, chilli, lemon & spiced sherry reduction.....	55	May 2016
rose water, fig & coconut smoothie.....	108	Feb 2016
rose water-pickled beetroot, fig & pomegranate salad	63	Apr 2016

FISH

see also **CALAMARI; CRAB; CRAYFISH; MUSSELS; OYSTERS; PRAWNS; SCALLOPS**

ANGELFISH

ceviche	66	Aug 2015
garden of Eden	53	Sep 2015
goujons with asparagus cigars & hollandaise sauce	81	Aug 2015
lemon butter-grilled angelfish filets with beetroot & carrot chips	84	Aug 2015
pan-grilled angelfish with shaved biltong & radish-caper butter	60	Sep 2015
saffron & angelfish Spanish risotto	116	Oct 2015
seafood stew	115	Oct 2015
cob, tempura cob & polenta chips	82	Aug 2015
dorado, fish curry	65	Jul 2015

HAKE

butter-poached hake with carrot purée & anchovy chips	90	Dec 2015
cider-battered hake with parsnip chips & crushed peas	13	Mar 2016
classic fish & chips with aioli	79	Aug 2015
fish tacos.....	75	Jul 2015
paella	86	Aug 2015
pan-fried hake with chickpeas, tomatoes & paprika with lemon-cider butter	48	Mar 2016
Peruvian style lemon-cured raw fish with chilli, onion & coriander	94	Nov 2015
poached hake with crispy paprika onions.....	116	Oct 2015
smoked-fish pie with Malay mayonnaise	99	Sep 2015
kabeljou, with guava achar, spring salad & ciabatta toasts ...	9	Sep 2015
kingklip, cashew, coconut & tomato fish curry with fennel salsa & chargrilled naan bread	77	Jun 2016

SALMON

Norwegian salmon in crème fraîche & lemon linguine	101	Aug 2015
pattypan & bulgur wheat sushi with mango-chilli dip	46	Jan 2016
seafood bisque.....	48	Jul 2015
Tasty Townsends trio of salmon	17	Nov 2015

SALMON, SMOKED

beetroot & salmon cheesecake	81	Jan 2016
beetroot carpaccio with avocado salsa, salmon ribbons & walnuts	46	Apr 2016
pattypan & bulgur wheat sushi with mango-chilli dip	46	Jan 2016
pineapple & cream-cheese windmill tartlets with smoked salmon.....	36	Aug 2015
potato pancakes with herbed crème fraîche & smoked salmon	90	Mar 2016
potato pancakes with smoked salmon, goat's cheese & slivered red onions	67	Aug 2015
salmon radishes with cauliflower mayo & Huguenot cheese crumble.....	106	Nov 2015
salmon, spinach & sour cream-filled muffins.....	85	May 2016
Tasty Townsends trio of salmon	17	Nov 2015
Tenderstem broccoli, Brie & salmon tart	54	Apr 2016
sardines, with Sicilian-style pasta	93	Oct 2015

SNOEK, SMOKED

smoked-fish pie with Malay mayonnaise	99	Sep 2015
smoked snoek pâté with sesame mosbolletjie	82	Sep 2015
French toast & black cherry compote.....	82	Sep 2015
sustainable, salt-baked fish with harissa paste	31	Jun 2016

TROUT

herb-crusting rainbow trout, parsnip chips & salsa verde..	82	Aug 2015
pan-fried trout with lemony mashed peas.....	48	Jan 2016
trout tartare with chilled cucumber	89	Dec 2015

TROUT, SMOKED

breakfast pizza	62	Jun 2016
sweet potato röstis with smoked trout ribbons, crème fraîche & lemon.....	50	May 2016

TUNA

Afro Sushi's warm tuna salad	17	Aug 2015
Charango house ceviche	119	Mar 2016
deep-fried tuna rolls & tempura baby marrow chips.....	84	Aug 2015
fresh tuna, strawberry, cucumber & onion seed skewers	41	Sep 2015
spice-roasted cauliflower with tahini & sesame seeds with seared tuna & poached egg.....	56	May 2016
spicy Hawaiian poké bowl with avo, baby marrow noodles & kale chips.....	16	Apr 2016
yellowfin-tuna tacos.....	112	Feb 2016

WHITE FISH, arrabbiata seafood soup with Parmesan

ciabatta toasts.....	73	Aug 2015
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YELLOWTAIL, salt-baked

89	Dec 2015
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FLAPJACKS

see also **CRUMPETS; PANCAKES**

baby marrow & kale flapjack stack.....	101	Apr 2016
fried banana, bacon & ricotta flapjack stack.....	59	Jun 2016

FRITTERS

baby marrow fritters with green salsa & coconut cream	49	Apr 2016
beetroot fritter doughnuts with blue-cheese sauce	47	Apr 2016
corn & ricotta fritters	104	Jun 2016
pattypan fritters with garlic & herb dip.....	45	Jan 2016
roasted pumpkin with curried fritters, seed crumble, buttermilk labneh & ginger	80	Nov 2015
spicy kale, pea & couscous fritters with avocado, coconut & dill dipping sauce.....	55	Mar 2016
tomato & herb fritters with tzatziki	112	Oct 2015

FRUIT

see also **SPECIFIC TYPES OF FRUIT**

classic mincemeat	67	Dec 2015
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G

GARLIC

cauliflower & roasted garlic soup	53	Jul 2015
celeriac, Tenderstem broccoli, almond & roasted garlic soup with basil oil & Parmesan crisps.....	52	Apr 2016
chilled rocket, baby marrow & avocado soup with mini garlic pan-fried breads	110	Mar 2016
fresh asparagus with biltong, black garlic & olive butter	59	Sep 2015
garlic & herb dip	45	Jan 2016
home-made roasted-garlic mayonnaise	80	Sep 2015
lemon, rosemary & garlic focaccia.....	47	Mar 2016
Tomme, baby marrow & roasted garlic scones with beetroot & mustard pickle.....	31	Jan 2016

GEM SQUASH, Moroccan chicken & chickpea soup

53	Jul 2015
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GHERKIN fries with aioli

16	Mar 2016
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GINGER

celery, apple, spinach, lime & ginger juice.....	45	Jun 2016
cinnamon pear cake with stem ginger & lemon verbena ice cream	71	Aug 2015

fiery ginger beer, ClemenGold & mint fizz	94	Aug 2015
ginger & chilli pork in lettuce cups topped with poached egg	49	Jun 2016
ginger & honey-roasted baby carrots & parsnips	91	Aug 2015
ginger & sesame-glazed sticky pork ribs with purple slaw	92	Aug 2015
ginger snap tart with white chocolate brown-butter ganache	93	Aug 2015
ginger, tomato & sweet potato curry with prawns	89	Aug 2015
granadilla, ginger & cucumber cocktail with watermelon-infused gin	56	Apr 2016
grapefruit & edamame salad with ginger & maple syrup dressing	89	Aug 2015
indulgent dark hot chocolate with melt-in-the-mouth ginger & oat s'mores	6	Jul 2015
maple & ginger glaze	73	Dec 2015
melt-in-the-mouth meringue & gingerbread wreath with fig & raspberry ice cream	11	Dec 2015
pecan nut, gingerbread & mushroom loaf with sage-roasted apples & basil pesto	74	Dec 2015
preserved-ginger cream-cheese icing	58	May 2016
rhubarb & ginger margarita	42	Oct 2015
roasted pumpkin with curried fritters, seed crumble, buttermilk labneh & ginger	80	Nov 2015

GLAZES

cream-cheese glaze	94	Apr 2016
ginger & honey glaze	91	Aug 2015
maple & ginger glaze	73	Dec 2015

GNOCCHI

pumpkin & sage gnocchi with baby spinach, pumpkin seeds & sun-dried tomatoes	108	Mar 2016
sautéed gnocchi & cauliflower with Parmesan sauce & Parmesan breadcrumbs	101	Sep 2015

GOOSEBERRIES

bulgur wheat, chickpea & roasted pumpkin salad with gooseberry dressing	43	Nov 2015
gooseberry, lime & cinnamon beignets	45	Nov 2015
gooseberry-roasted pulled-pork buns	54	May 2016
rolled pork belly with gooseberry & almond chutney	44	Nov 2015

GRANADILLAS

granadilla, ginger & cucumber cocktail with watermelon-infused gin	56	Apr 2016
GUDGU's granadilla bliss	20	Oct 2015
marinated red onion, granadilla & Parmesan salad	68	Sep 2015
mille-feuille of almond biscotti crumble, granadilla crème pâtissière & tropical salad	122	Sep 2015
self-saucing granadilla, white chocolate, yoghurt & coconut puddings	57	Apr 2016
upside-down starfruit & granadilla yoghurt cakes	72	Feb 2016

GRANITA see SORBET

GRANOLA

see also MUESLI		
beetroot granola with whipped coconut cream	45	Apr 2016
carrot-cake granola with cashew-nut cream	81	Apr 2016
cashew, coconut & rose granola	102	Jun 2016

GRAPEFRUIT

candied-grapefruit peel	120	Sep 2015
caramelised grapefruit tartlets with caramel-custard filling	54	Jun 2016
ClemenGold-glazed scallops with fennel & grapefruit salad	25	Sep 2015
grapefruit & edamame salad with ginger & maple syrup dressing	89	Aug 2015
grapefruit, ginger beer & tomato-marinated duck breast on celeriac purée with roasted tomatoes & salsa verde	110	Apr 2016

GRAPES , honey-glazed duck with rosemary-roasted grapes & prosciutto-wrapped potato wedges	76	Dec 2015
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GREEN BEANS

char-grilled green bean & millet salad with cashew purée & chickpea dressing	54	Jan 2016
chargrilled green beans & asparagus with crispy bacon ...	74	Jan 2016
honey citrus duck with French beans & toasted almonds	75	Aug 2015
mixed bean, hazelnut & goat's cheese salad	89	Jan 2016
pan-roasted potato & pesto green-bean salad	85	Jun 2016
shamrock greens with purple cabbage & pecan salad	88	Mar 2016

GUAVAS

baked guava crumble	72	Sep 2015
guava BBQ-marinated chicken salad	45	Sep 2015
guava-rippled meringues topped with pistachios	48	Sep 2015
guavas preserved in Brazilian-spiced sugar syrup	46	Sep 2015
Hawaiian guava & condensed-milk ice cream	47	Sep 2015
kabeljou with guava achar, spring salad & ciabatta toasts	9	Sep 2015
Spanish guava, chorizo & goat's cheese empanadas	45	Sep 2015



HAM

cauliflower pizzas with blueberries, sage & prosciutto	39	Nov 2015
charred nectarines with prosciutto, buffalo mozzarella & fresh basil	82	Feb 2016
honey-glazed duck with rosemary-roasted grapes & prosciutto-wrapped potato wedges	76	Dec 2015
papaya, prosciutto, radish & mint bites	37	Oct 2015
Parma ham-wrapped asparagus with goat's cheese truffles & lemon & herb dressing	52	Jan 2016
Parma ham-wrapped grilled asparagus & breadsticks	79	Jul 2015
roasted tomato soup with croque-monsieur sandwiches	88	Jul 2015
spinach, feta & ricotta bake with prosciutto	48	Apr 2016
sweet melon, feta & crunchy prosciutto salad	41	Dec 2015
Tenderstem broccoli with crispy prosciutto	85	Jun 2016

HARISSA

crumbed Buchette, harissa-grilled chicken & barley salad with creamy basil dressing	32	Jan 2016
fragrant roasted aubergines with harissa & guacamole	50	Mar 2016
harissa paste	31	Jun 2016
shredded lamb brioche sliders with harissa mayonnaise & rocket	66	Jun 2016

HAZELNUTS

beetroot granola with whipped coconut cream	45	Apr 2016
chocolate, hazelnut & coffee cookies	18	Apr 2016
chocolate terrine with hazelnut praline & salted-caramel popcorn	33	Jun 2016
creamy kohlrabi & kale gratin with hazelnut & Panko crust	44	Aug 2015
fig, hazelnut & pesto-stuffed smoked pork fillet	50	Feb 2016
hazelnut & chocolate galettes	102	Aug 2015
hazelnut & Nutella chocolate torte	87	Jun 2016
mixed bean, hazelnut & goat's cheese salad	89	Jan 2016
rich dark chocolate & nut tart	102	May 2016
spiced parsnip, naartjie & hazelnut cake with preserved-ginger cream-cheese icing	58	May 2016
spiced roasted cauliflower with hazelnuts & pomegranate rubies	70	Jan 2016

HERBS

see also SPECIFIC TYPES OF HERBS		
herb dumplings	96	Jul 2015
onion shells with whipped herb cheese & white-port dressing	48	Nov 2015
salsa verde	102	Sep 2015
strawberry, baby herb, walnut & blue cheese salad	42	Sep 2015

HONEY

biltong, salted almond & honey nougat with dried olives	62	Sep 2015
cinnamon & honey spread	106	Feb 2016
ginger & honey-roasted baby carrots & parsnips	91	Aug 2015
mulled apple iced tea	72	Oct 2015
nut butter-and-honey sauce	106	Jan 2016
pan-fried sesame-crust feta with honey, caperberries & basil	110	Oct 2015

HORSERADISH

creamy horseradish & basil dip	55	Mar 2016
horseradish crème fraîche	9	Aug 2015

HUMMUS

braaied flatbreads with hummus & spring greens	76	Sep 2015
hummus	32	Oct 2015

ICE CREAM

see also **SHERBET; SORBET**

baked ginger parkin, roast apples & golden syrup ice cream	78	Oct 2015
berry & banana breakfast nice-cream	88	Jan 2016
berry choc-chunk ice cream	11	Feb 2016
black-sesame & matcha ice cream with dorayaki	66	Jan 2016
brûléed peach sundae	28	Feb 2016
butternut ice cream with candied maple bacon	64	Apr 2016
cinnamon pear cake with stem ginger & lemon verbena ice cream	71	Aug 2015
coconut lemon-meringue ice-cream cake	122	Dec 2015
fig & raspberry ice cream	11	Dec 2015
frozen lemon meringue parfait with berry coulis	54	Oct 2015
Hawaiian guava & condensed-milk ice cream	47	Sep 2015
milk tart ice cream with Marie biscuit crumble	84	Sep 2015
mince-pie kisses	70	Dec 2015
nectarine brown-sugar ice cream	33	Feb 2016
no-churn chocolate ice cream stropwafel sandwiches	93	Feb 2016
no-fuss peach & strawberry frozen yoghurt in white chocolate & coconut cones	57	Jan 2016
peanut butter semifreddo with syrup ice cream, crème Anglaise, candied bacon & sugar-glazed bananas	52	Aug 2015
piña colada popsicles	96	Dec 2015
rhubarb & yoghurt popsicles	43	Oct 2015
strawberry & black pepper semifreddo	88	Oct 2015
ylang-ylang ice cream	24	Jan 2016

ICING

Amarula ganache	117	Dec 2015
brandy butter icing	117	Dec 2015
chocolate fudge frosting	88	May 2016
chocolate ganache icing	91	Mar 2016
chocolate icing	92	Dec 2015
cream-cheese icing	109	Aug 2015
cream-cheese icing	120	Nov 2015
dark chocolate ganache	106	May 2016
French buttercream	122	Dec 2015
maple syrup cream-cheese icing	85	Apr 2016
mascarpone buttercream	90	May 2016
peanut butter icing	21	Feb 2016
preserved ginger cream-cheese icing	58	May 2016
rose buttercream	87	May 2016
salted caramel-chocolate ganache	39	Nov 2015
white chocolate brown-butter ganache	93	Aug 2015
white chocolate ganache	92	Dec 2015

J

JAMS

baby plum tomato & chilli jam	119	Sep 2015
berry jam	49	Aug 2015
eight-minute strawberry jam with orange & black pepper	34	Sep 2015
litchi & rose jam	47	Feb 2016

JELLIES

midsummer night's dream jelly	11	Nov 2015
soft flower jellies topped with Champagne	52	Nov 2015
sparkling rosé & summer berry jelly	83	Feb 2016
tea jelly	49	Feb 2016
yoghurt jelly with prickly-pear granita	33	Feb 2016

K

KALE

artichoke & kale-stuffed conchiglioni	83	Jun 2016
baby marrow & kale flapjack stack	101	Apr 2016
baked kale salad with roasted sweet potatoes, spicy baked chickpeas & fresh pear	57	Mar 2016
colcannon with a twist	43	Jul 2015
creamy blue cheese polenta with sautéed kale, butterbeans & mushrooms	43	Jul 2015
creamy kohlrabi & kale gratin with hazelnut & Panko crust	44	Aug 2015
Gruyère, almond & kale shortbread biscuits	44	Jul 2015
kale, almond & feta-stuffed fillet with Parmesan & parsley cream	77	Dec 2015
kale, sun-dried tomato & goat's cheese pie	45	Jul 2015
spicy Hawaiian poké bowl with avo, baby marrow noodles & kale chips	16	Apr 2016
spicy kale chips with lemon & basil dip	42	Jul 2015
spicy kale, pea & couscous fritters with avocado, coconut & dill dipping sauce	55	Mar 2016
wild mushroom, truffle & kale open lasagne	55	Aug 2015

KOHLRABI

butter-braised kohlrabi, asparagus & ricotta pizza	44	Aug 2015
creamy kohlrabi & kale gratin with hazelnut & Panko crust	44	Aug 2015
kohlrabi & radish pickle on gourmet steak sandwich	42	Aug 2015
millet, bacon & ricotta-stuffed kohlrabies with onion gravy	42	Aug 2015
shaved kohlrabi, radish, apple & fennel salad with orange dressing	41	Aug 2015

KUMQUATS, sago with coconut jelly,

candied kumquat, vanilla ice cream & fresh basil	51	Nov 2015
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L

LAMB

CHOPS

lamb chops with crispy breadcrumb-and-herb salsa	106	Jun 2016
mustard, sage & Gruyère-crumbed lamb chops	50	Feb 2016

CUBES

lamb curry	61	Jul 2015
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ANNUAL RECIPE INDEX

slow-cooked lamb biryani with basmati rice & flaky crust.....	57	Nov 2015
Sprigs lightly spiced lamb with crème fraîche & coriander.....	20	Dec 2015
CUTLETS , braaied with aji rocoto, aubergine chutney, blackened corn & confit peppers.....	120	Mar 2016
LEG		
Mediterranean leg of lamb.....	70	Sep 2015
shredded lamb brioche sliders with harissa mayonnaise & rocket.....	66	Jun 2016
slow-roasted leg of lamb with pomegranate & rosemary.....	112	Apr 2016
MINCE		
bobotie spring rolls with sweet chilli dip.....	81	Jul 2015
lamb & lentil bobotie.....	76	Aug 2015
roasted Moroccan-spiced aubergine lasagne boats.....	58	Aug 2015
slow-cooked three-meat ragout lasagne.....	55	Aug 2015
tomato ragout with lamb meatballs.....	108	Aug 2015
neck, roasted with potatoes & vegetables.....	92	Sep 2015
RACK		
breaded rack of lamb.....	69	Aug 2015
with parsnip mash & rosemary & mustard cream.....	87	Oct 2015
roasted with cauliflower purée.....	63	Apr 2016
SHANKS		
pappardelle with slow-roasted lamb ragù, blackened vine tomatoes, Parmesan & basil.....	12	Jun 2016
slow-roasted lamb shank saag with mint.....	79	Jun 2016
slow-roasted shanks with creamy mashed potatoes, roasted vine tomatoes & gremolata.....	100	Aug 2015
SHOULDER		
Cape Malay lamb curry croquettes with spiced apple chutney.....	80	Sep 2015
hotpot, pickled red cabbage & roasted root vegetables.....	76	Oct 2015
slow-cooked.....	89	Jan 2016
slow-roasted lamb & chickpeas with preserved lemon, pistachio & mint pesto.....	100	Apr 2016
LEEK , artichoke, mushroom, & goat's cheese quiche.....	118	Sep 2015
LEMONGRASS		
Asian broth with shimeji mushrooms & noodles.....	51	Feb 2016
baked cheesecake with lemongrass foam, coconut soil & sour cream.....	82	Nov 2015
lemongrass & basil sherbet.....	14	Nov 2015
tomato & lemongrass velouté.....	53	Sep 2015
vegetable consommé.....	54	Sep 2015
LEMONS		
berry & lemon curd-filled muffins.....	80	May 2016
coconut lemon-meringue ice-cream cake.....	122	Dec 2015
frangipane lemon custard.....	59	Dec 2015
frosted coconut lemonade.....	104	Jan 2016
frozen lemon meringue parfait with berry coulis.....	54	Oct 2015
haloumi, mint & preserved lemon half-moon pastries.....	70	Feb 2016
kolache with three fruit fillings.....	14	Dec 2015
lemon & basil dip.....	42	Jul 2015
lemon & coconut bars.....	49	Mar 2016
lemon & herb dressing.....	52	Jan 2016
lemon & miso-flavoured mayonnaise.....	104	May 2016
lemon & pistachio Sicilian ricotta cannoli.....	94	Oct 2015
lemon & poppy seed cake with cream-cheese icing.....	120	Nov 2015
lemon-cider butter.....	48	Mar 2016
lemon curd.....	59	Dec 2015
lemon curd.....	102	Sep 2015
lemon merveilleux.....	95	May 2016
lemon, rosemary & garlic focaccia.....	47	Mar 2016
lemon, rosemary & olive oil layer cake with cream-cheese icing.....	13	May 2016
lemon tart with vanilla crumble, meringues & candied lemon peel.....	102	Sep 2015
lemony scallop ceviche with truffle-thyme cream & chargrilled ciabatta.....	24	May 2016
pink-lemonade ice lollies.....	33	Feb 2016
slow-roasted lamb & chickpeas with preserved lemon, pistachio & mint pesto.....	100	Apr 2016
Spanish-style chicken casserole with preserved lemons.....	108	May 2016

Spanish-style roast chicken with chorizo & blistered lemons.....	74	Aug 2015
tangy lemon tart with yoghurt & granadilla.....	12	Apr 2016

LEMON VERBENA & stem ginger ice cream.....	71	Aug 2015
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LENTILS

fragrant roasted aubergine halves with lentil & coconut curry.....	70	Apr 2016
lamb & lentil bobotie.....	76	Aug 2015
lentil stew.....	96	Mar 2016
vegetarian-stuffed tomatoes.....	47	May 2016
venison loin with orange sweet potato, lentils, pickled cucumber & cranberry jus.....	82	Nov 2015

LETTUCE

garden lettuce gazpacho with prawn popcorn.....	87	Dec 2015
ginger & chilli pork in lettuce cups topped with poached egg.....	49	Jun 2016
iceberg lettuce wedges with creamy chive dressing.....	74	Jan 2016

LIMES

celery, apple, spinach, lime & ginger juice.....	45	Jun 2016
daikon radish & sesame salad with lime dressing & white chocolate.....	50	Nov 2015
deep-fried lasagne sheets with lime mascarpone.....	58	Aug 2015
gooseberry, lime & cinnamon beignets.....	45	Nov 2015
papaya, coconut & lime layered dessert.....	38	Oct 2015

LITCHIS

herb, litchi & prawn salad.....	48	Feb 2016
litchi & rose jam.....	47	Feb 2016
litchi-mousse no-bake cheesecake.....	49	Feb 2016

LOBSTER , with vegetable consommé.....	54	Sep 2015
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MACADAMIA NUTS

Camembert, poached & fresh figs, macadamia-nut brittle & fynbos honey.....	75	May 2016
white hot chocolate with macadamia praline.....	68	Jul 2015

MAIZE see CORN

MANGE TOUT

poached crayfish with frozen bisque, mange tout juice & cream cheese.....	107	Nov 2015
shamrock greens with purple cabbage & pecan salad.....	88	Mar 2016

MANGOES

coconut sticky rice with mango.....	24	Mar 2016
mango-chilli dip.....	46	Jan 2016
mango, fig & coconut skewers with chocolatey coconut sauce.....	58	Feb 2016
mango salsa.....	70	Mar 2016

MATCHA, black-sesame & matcha ice cream

with dorayaki.....	66	Jan 2016
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MAYONNAISE

see also SALAD DRESSINGS		
avocado & herb mayonnaise.....	105	May 2016
barbecue mayonnaise.....	49	Jun 2016
beetroot mayonnaise.....	63	Apr 2016
cashew mayo.....	75	Sep 2015
cauliflower mayo.....	106	Nov 2015
chilli-mayo dipping sauce.....	72	Jun 2016
fried artichokes with aioli.....	23	Feb 2016

ANNUAL RECIPE INDEX

home-made roasted-garlic mayonnaise	80	Sep 2015
lemon & miso-flavoured mayonnaise.....	104	May 2016
Malay mayonnaise	99	Sep 2015
mustard mayonnaise	58	Dec 2015
smoked-harissa mayonnaise.....	66	Jun 2016
zesty aioli.....	115	Oct 2015

MEALIES see CORN

MELONS

pattypan smoothies.....	47	Jan 2016
Pavlova with rosé-poached sweet melon, raspberries, pink peppercorns & vanilla yoghurt.....	42	Dec 2015
sweet melon, feta & crunchy prosciutto salad.....	41	Dec 2015
sweet melon gazpacho with croutons.....	41	Dec 2015

MERINGUE

coconut lemon-meringue ice-cream cake.....	122	Dec 2015
coffee & rose-scented meringues.....	26	Jul 2015
'friendly ghost' meringues in death-by-chocolate-mousse graveyard with peanut butter tombstones	62	Oct 2015
frozen lemon meringue parfait with berry coulis.....	54	Oct 2015
guava-rippled meringues topped with pistachios.....	48	Sep 2015
hazelnut & chocolate galettes.....	102	Aug 2015
lemon merveilleux	95	May 2016
lemon tart with vanilla crumble, meringues & candied lemon peel.....	102	Sep 2015
melt-in-the-mouth meringue & gingerbread wreath with fig & raspberry ice cream.....	11	Dec 2015
Pavlova with rosé-poached sweet melon, raspberries, pink peppercorns & vanilla yoghurt.....	42	Dec 2015
pineapple Eton mess	38	Aug 2015

MILK

milk tart-flavoured sweet labneh with orange-poached pears	57	Jun 2016
milk tart ice cream with Marie biscuit crumble	84	Sep 2015
salted caramel milkshake	46	Oct 2015

MILLET

almond butter & toasted millet truffles.....	102	Feb 2016
char-grilled green bean & millet salad with cashew purée & chickpea dressing.....	54	Jan 2016
millet, bacon & ricotta-stuffed kohlrabies with onion gravy	42	Aug 2015
wholegrain waffles with millet & seeds	16	Feb 2016

MINT

cold cucumber soup with mint	98	Oct 2015
crispy breadcrumb-and-herb salsa	106	Jun 2016
haloumi, mint & preserved lemon half-moon pastries	70	Feb 2016
herb, litchi & prawn salad	48	Feb 2016
papaya, prosciutto, radish & mint bites	37	Oct 2015
pistachio & mint pesto.....	100	Apr 2016
roasted beetroot with fresh mint ricotta & pumpkin seeds.....	72	Nov 2015
rosemary-mint bath salts	94	May 2016
salsa verde.....	110	Apr 2016
salsa verde.....	117	Apr 2016
salsa verde dressing.....	39	Nov 2015

MUESLI

see also GRANOLA		
Bircher muesli.....	87	Jan 2016

MUFFINS

berry & lemon curd-filled muffins	80	May 2016
peanut butter & salted caramel-filled muffins.....	80	May 2016
poached egg & bacon muffin cups.....	81	May 2016
pumpkin & cream cheese muffins.....	84	May 2016
salmon, spinach & sour cream-filled muffins.....	85	May 2016

MULBERRIES, chia breakfast bowl

with white-mulberry milk	18	Jan 2016
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MUSHROOMS

artichoke, mushroom, leek & goat's cheese quiche	118	Sep 2015
Asian broth with shimeji mushrooms & noodles.....	51	Feb 2016
braised shin in red wine with buttered porcini mushrooms..	84	Jun 2016
breakfast tart	59	Jun 2016
butter-fried radish, wild mushroom & baby marrow salad stacks with sour cream & chive dressing.....	58	Feb 2016
caramelised vegetables with figs & pears	95	Mar 2016
coffee & dried mushroom consommé with noodles & poached egg.....	22	Jul 2015
creamy blue cheese polenta with sautéed kale, butterbeans & mushrooms	43	Jul 2015
creamy Gorgonzola polenta with garlic & sage-roasted mushrooms.....	51	Mar 2016
exotic mushroom-stuffed rib-eye roast	24	Aug 2015
garlicky wild mushrooms on rye toast	48	Jun 2016
mini creamy peppered steak & mushroom pies.....	79	Jul 2015
mushroom cream pebbles.....	51	Sep 2015
mushrooms on toast.....	60	Jun 2016
pecan nut, gingerbread & mushroom loaf with sage-roasted apples & basil pesto.....	74	Dec 2015
stuffed artichokes	87	Oct 2015
vegetarian-stuffed tomatoes.....	47	May 2016
wild mushroom & dumpling broth	21	Aug 2015
wild mushroom, pancetta & asparagus cheesecake.....	83	Jan 2016
wild mushroom risotto.....	68	Aug 2015
wild mushroom, truffle & kale open lasagne.....	55	Aug 2015

MUSSELS

arrabbiata seafood soup with Parmesan ciabatta toasts..	73	Aug 2015
grilled mussels with lemon & miso-flavoured mayonnaise & Panko crust.....	104	May 2016
mussels in creamy tomato broth.....	89	Jul 2015
mussels in spicy tomato sauce.....	117	Oct 2015
mussels steamed in Asian miso broth	114	Mar 2016
paella	86	Aug 2015
seafood bisque.....	48	Jul 2015
West Coast mussels poached in beer & wine.....	89	Dec 2015
West Coast mussels with tomato broth.....	99	Nov 2015

MUSTARD

chive & mustard oil dressing.....	111	Mar 2016
herb & mustard roast	100	Oct 2015
lamb rack with parsnip mash & rosemary & mustard cream	87	Oct 2015
lemon, mustard & rosemary roast chicken	23	Mar 2016
mayonnaise.....	58	Dec 25
mustard & blue-cheese sauce.....	55	Mar 2016
mustard & sage-baked pork bangers with apples & potatoes.....	23	Mar 2016
mustard, sage & Gruyère-crumbed lamb chops.....	50	Feb 2016
the ultimate toasted cheese	23	Mar 2016

N

NAARTJIES

citrus & rosemary iced tea.....	12	Sep 2015
naartjie malva pudding	68	May 2016
naartjie muesli chews	49	Aug 2015
pattypan smoothies	47	Jan 2016
shrub up	70	Oct 2015
spiced parsnip, naartjie & hazelnut cake with preserved-ginger cream-cheese icing	58	May 2016

NACHOS

nacho cups	74	Jul 2015
nachos Mexicana with everything.....	92	Jan 2016

NECTARINES

charred nectarines with prosciutto, buffalo mozzarella & fresh basil	82	Feb 2016
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ANNUAL RECIPE INDEX

cinnamon crème brûlée with roasted nectarines & chocolate cream.....	110	Nov 2015
governor's trifle.....	68	Mar 2016
nectarine brown-sugar ice cream.....	33	Feb 2016
peach martini with brûléed nectarine & peach foam.....	91	Feb 2016

NOODLES

see also PASTA		
Asian broth with shimeji mushrooms & noodles.....	51	Feb 2016
coconut green-curry poached chicken breast & noodle salad.....	80	Jun 2016
coffee & dried mushroom consommé with noodles & poached egg.....	22	Jul 2015

NUTS see SPECIFIC TYPES OF NUTS



OATS

Bircher muesli.....	87	Jan 2016
caramelised pear & vanilla-bean oats.....	59	Jun 2016
carrot-cake granola with cashew-nut cream.....	81	Apr 2016
oat crunchies.....	113	May 2016
oat-crusted French toast.....	98	May 2016
oatmeal bread.....	23	Oct 2015

OIL , basil.....	52	Apr 2016
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OLIVES

baby marrow noodles with sun-dried tomato, walnuts & olives.....	51	May 2016
biltong, salted almond & honey nougat with dried olives.....	62	Sep 2015
fig & olive-tapenade star bread.....	68	Feb 2016
fresh asparagus with biltong, black garlic & olive butter.....	59	Sep 2015
olive & rosemary focaccia.....	113	Jan 2016
puttanesca pizza.....	114	Dec 2015
Sicilian-style orange salad with olives, radishes & fried oregano leaves.....	93	Oct 2015
Spanish-style chicken casserole with preserved lemons.....	108	May 2016
tomato, olive & feta tray bake.....	51	Feb 2016

ONIONS

caramelised onion, biltong & thyme cheesecake.....	85	Jan 2016
caramelised onions.....	52	Apr 2016
caramelised onion, spinach & blue cheese tarts with tomato-chilli chutney.....	99	Aug 2015
caramelised red-onion & pine-nut focaccia.....	83	Jun 2016
goat's cheese & caramelised onion tartlets.....	73	May 2016
marinated red onion, granadilla & Parmesan salad.....	68	Sep 2015
onion gravy.....	42	Aug 2015
onion shells with whipped herb cheese & white-port dressing.....	48	Nov 2015
poached hake with crispy paprika onions.....	116	Oct 2015
Sxollie-battered onion rings.....	33	Mar 2016
tomato & onion bredie.....	50	Aug 2015

ORANGES

see also CLEMENGLDS		
breakfast of champions.....	68	Oct 2015
milk tart-flavoured sweet labneh with orange-poached pears.....	57	Jun 2016
mulled apple iced tea.....	72	Oct 2015
orange & herb dressing.....	54	Feb 2016
orange yoghurt cake with orange syrup & mascarpone buttercream.....	90	May 2016
semolina pudding.....	101	Oct 2015
shaved kohlrabi, radish, apple & fennel salad with orange dressing.....	41	Aug 2015

Sicilian-style orange salad with olives, radishes & fried oregano leaves.....	93	Oct 2015
sweet potato, orange & sage soup.....	48	Jul 2015

OREGANO , garlic & herb dip.....	45	Jan 2016
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OYSTERS , rice wraps with crispy oysters & spring vegetables.....	89	Dec 2015
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PANCAKES

see also CRUMPETS; FLAPJACKS		
latke & pomegranate salad with creamy apple sauce & dill dressing.....	105	Feb 2016
potato pancakes with herbed crème fraîche & smoked salmon.....	90	Mar 2016
potato pancakes with smoked salmon, goat's cheese & slivered red onions.....	67	Aug 2015
sweet potato pancakes.....	85	Apr 2016

PAPAYA

crispy duck breast with papaya salsa.....	37	Oct 2015
papaya & blueberry mille-feuille with salted-caramel cream.....	59	Mar 2016
papaya & chilli relish.....	67	Mar 2016
papaya, coconut & lime layered dessert.....	38	Oct 2015
papaya, prosciutto, radish & mint bites.....	37	Oct 2015

PAPRIKA

baby marrow soft-shell tacos with grilled haloumi, mango salsa & smoked paprika guacamole.....	70	Mar 2016
cocoa, paprika & coconut-rubbed steak.....	23	May 2016
crispy-fried seaweed dusted with paprika.....	16	May 2016
pan-fried hake with chickpeas, tomatoes & paprika with lemon-cider butter.....	48	Mar 2016
paprika & chimichurri chicken drumsticks.....	49	Jan 2016
poached hake with crispy paprika onions.....	116	Oct 2015

PARSLEY

chimichurri.....	115	Nov 2015
crispy breadcrumb-and-herb salsa.....	106	Jun 2016
garlic & herb dip.....	45	Jan 2016
gremolata.....	100	Aug 2015
herb butter.....	63	May 2016
Parmesan & parsley cream.....	77	Dec 2015
potato pancakes with herbed crème fraîche & smoked salmon.....	90	Mar 2016
salsa verde.....	82	Aug 2015
salsa verde.....	110	Apr 2016
salsa verde.....	117	Apr 2016
salsa verde dressing.....	39	Nov 2015

PARSNIPS

cider-battered hake with parsnip chips & crushed peas.....	13	Mar 2016
ginger & honey-roasted baby carrots & parsnips.....	91	Aug 2015
herb-crust rainbow trout, parsnip chips & salsa verde.....	82	Aug 2015
lamb rack with parsnip mash & rosemary & mustard cream.....	87	Oct 2015
parsnip, rosemary & sage soup with blue cheese.....	48	Jun 2016
roasted parsnip & fig salad with croutons, chilli, lemon & spiced sherry reduction.....	55	May 2016
spiced parsnip, naartjie & hazelnut cake with preserved-ginger cream-cheese icing.....	58	May 2016

PASSIONFRUIT see **GRANADILLAS****PASTA**see also **NOODLES**

conchigliette, goulash noodle soup with sour cream & red onion 111 Apr 2016

CONCHIGLIONEartichoke & kale-stuffed 83 Jun 2016
slow-cooked three-meat ragout lasagne 55 Aug 2015**LASAGNE**deep-fried lasagne sheets with lime mascarpone 58 Aug 2015
mini lasagne 'muffins' 58 Aug 2015
wild mushroom, truffle & kale open lasagne 55 Aug 2015**LINGUINE**anchovy, garlic & chilli linguine with Parmesan 74 May 2016
Norwegian salmon in crème fraîche & lemon linguine 101 Aug 2015**PANZEROTTI**, butternut-filled with prawns,

baby marrows & mild curry sauce 97 Nov 2015

PAPPARDELLE, with slow-roasted lamb ragù,
blackened vine tomatoes, Parmesan & basil 12 Jun 2016**RAVIOLI**open butternut ravioli with crispy rosemary & coffee oil 22 Jul 2015
shaved biltong & pea open ravioli 60 Sep 2015**SPAGHETTI**creamy celery, chilli & prawn spaghetti 46 Jun 2016
Sicilian-style pasta with sardines 93 Oct 2015**PASTE**, harissa 31 Jun 2016**PASTRIES**see also **DOUGHNUTS; PIES, SAVOURY; PIES, SWEET;****TARTS, SAVOURY; TARTS, SWEET**apple & chorizo pinwheels 104 Feb 2016
cream-cheese parcels 101 Oct 2015
haloumi, mint & preserved lemon half-moon pastries 70 Feb 2016
kolache with three fruit fillings 14 Dec 2015
lemon & pistachio Sicilian ricotta cannoli 94 Oct 2015
mince-pie roulade 69 Dec 2015
mini rocket, walnut & goat's cheese spanakopitas
with dill & lemon tzatziki 112 Mar 2016
om ali 34 May 2016
papaya & blueberry mille-feuille
with salted-caramel cream 59 Mar 2016
pistachio & green-tea baklava 118 Apr 2016
Spanish guava, chorizo & goat's cheese empanadas 45 Sep 2015
Spanish sausage rolls 24 Oct 2015**PÂTÉS**, smoked snoek pâté with sesame mosbolletjie

French toast & black cherry compote 82 Sep 2015

PATTYPANSpattypan & bulgur wheat sushi with mango-chilli dip 46 Jan 2016
pattypan fritters with garlic & herb dip 45 Jan 2016
pattypan smoothies 47 Jan 2016**PEACHES**baked peaches with raspberry-rippled ricotta &
pecan nuts 56 Jan 2016
brûléed peach sundae 28 Feb 2016
chicken escabeche 117 Nov 2015
coconut-flour tacos with pulled pork, peach salsa &
refried beans 74 Mar 2016
governor's trifle 68 Mar 2016
no-fuss peach & strawberry frozen yoghurt
in white chocolate & coconut cones 57 Jan 2016
pattypan smoothies 47 Jan 2016
peach martini with brûléed nectarine & peach foam 91 Feb 2016
spiced-peach sherbet 14 Nov 2015**PEANUT BUTTER**carrot & peanut-butter doggie treats 82 Apr 2016
'friendly ghost' meringues in death-by-chocolate-mousse
graveyard with peanut butter tombstones 62 Oct 2015
Kaap'ies 26 Oct 2015peanut & sweet potato curry 21 Feb 2016
peanut butter & salted caramel-filled muffins 80 May 2016
peanut butter cookies 109 Aug 2015
peanut butter icing 21 Feb 2016
peanut butter semifreddo with syrup ice cream, crème
Anglaise, candied bacon & sugar-glazed bananas 52 Aug 2015
salad dressing 105 Jan 2016
satay dipping sauce 21 Feb 2016**PEARL BARLEY**crumbed Buchette, harissa-grilled chicken & barley salad
with creamy basil dressing 32 Jan 2016
herbed barley risotto with asparagus &
chive whipped cream 82 Feb 2016**PEARS**almond sponge cake with dried pear chips 55 Sep 2015
biltong-dipped poached pears
with crème fraîche & capers 62 Sep 2015
caramelised pear & vanilla-bean oats 59 Jun 2016
caramelised vegetables with figs & pears 95 Mar 2016
cinnamon pear cake with stem ginger &
lemon verbena ice cream 71 Aug 2015
crunchy radishes with cinnamon-poached pears,
goat's cheese & brown butter 70 Jan 2016
grilled steak burger with chargrilled pears &
wholegrain mustard & blue-cheese sauce 55 Mar 2016
lentil stew 96 Mar 2016
milk tart-flavoured sweet labneh
with orange-poached pears 57 Jun 2016
mini apple, pear & pecan spiced crumbles 72 Apr 2016
pear pastille squares 54 Sep 2015
stuffed pork shoulder 38 Dec 2015
winter pumpkin & pear trifle with Rooibos custard 53 Jun 2016**PEAS**cauliflower & potato curry with peas 64 Jul 2015
cider-battered hake with parsnip chips & crushed peas ... 13 Mar 2016
coconut green-curry poached chicken breast &
noodle salad 80 Jun 2016
mashed pea & fior di latte bruschetta 86 Oct 2015
pan-fried trout with lemony mashed peas 48 Jan 2016
pea & fennel soup with lemon oil & goat's cheese 88 Feb 2016
shamrock greens with purple cabbage & pecan salad 88 Mar 2016
shaved biltong & pea open ravioli 60 Sep 2015
spicy kale, pea & couscous fritters with avocado, coconut & dill dipping
sauce 55 Mar 2016
spinach dhal soup 64 Jul 2015
vegetable consommé 54 Sep 2015**PECAN NUTS**baked peaches with raspberry-rippled ricotta &
pecan nuts 56 Jan 2016
berry & pecan crumble 78 Sep 2015
celery, apple, pecan & walnut caramel tart 47 Jun 2016
mini apple, pear & pecan spiced crumbles 72 Apr 2016
pecan nut, gingerbread & mushroom loaf
with sage-roasted apples & basil pesto 74 Dec 2015
pistachio & green-tea baklava 118 Apr 2016
rich dark chocolate & nut tart 102 May 2016
salted-caramel nuts 103 Sep 2015
shamrock greens with purple cabbage & pecan salad 88 Mar 2016**PEPPERS**braaiied lamb loin cutlets with aji rocoto,
aubergine chutney, blackened corn & confit peppers 120 Mar 2016
goulash noodle soup with sour cream & red onion 111 Apr 2016
Indian ratatouille pizza 112 Dec 2015
prego sauce 113 Dec 2015
red pepper & tomato sugo 108 Apr 2016
roasted tomato & chorizo soup 50 Jul 2015
shakshuka poached eggs 116 Apr 2016
vegetarian-stuffed tomatoes 47 May 2016**PESTOS**

basil pesto 74 Dec 2015

ANNUAL RECIPE INDEX

homemade walnut pesto.....	90	Jan 2016
pistachio & mint pesto.....	100	Apr 2016
pumpkin-seed pesto.....	83	Apr 2016
rocket pesto.....	55	Feb 2016

PICKLES

see also **CHUTNEY; PRESERVES; RELISH**

beetroot & mustard pickle.....	31	Jan 2016
guava achar.....	9	Sep 2015
kohlrabi & radish pickle.....	42	Aug 2015
pickled cucumber.....	82	Nov 2015
rose water-pickled beetroot.....	63	Apr 2016
sweet & salty watermelon pickle.....	42	Dec 2015

PIES, SAVOURY

see also **QUICHES; TARTS, SAVOURY**

beef empanadas.....	116	Nov 2015
Cathy Dell's Mauritian chicken curry wholewheat pie.....	18	Jul 2015
herbed burger patty pies.....	51	Mar 2016
kale, sun-dried tomato & goat's cheese pie.....	45	Jul 2015
mini creamy peppered steak & mushroom pies.....	79	Jul 2015
smoked-fish pie with Malay mayonnaise.....	99	Sep 2015
Spanish sausage rolls.....	24	Oct 2015

PIES, SWEET

see also **TARTS, SWEET**

brandy-snap mince pies with berry compote.....	67	Dec 2015
dinky apple pies.....	76	Jul 2015

PINEAPPLES

Cajun chicken with pineapple salsa.....	74	Jul 2015
chargrilled dukkah-coated pineapple wedges.....	36	Aug 2015
flower-fetti cake with cream-cheese icing.....	95	May 2016
fruit tarts with frangipane lemon custard, crème pâtissière or jam & soft fruit.....	59	Dec 2015
piña colada popsicles.....	96	Dec 2015
pineapple & chilli salsa.....	73	Mar 2016
pineapple & coconut sojée (semolina pudding).....	18	Jun 2016
pineapple & cream cheese windmill tartlets with smoked salmon.....	36	Aug 2015
pineapple Eton mess.....	38	Aug 2015
spiced pineapple.....	97	Mar 2016

PINE NUTS , caramelised red-onion & pine-nut focaccia ...	83	Jun 2016
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PISTACHIO NUTS

Belgian chocolate pistachio tart.....	121	Sep 2015
cocoa, fig & pistachio date balls.....	23	May 2016
guava-rippled meringues topped with pistachios.....	48	Sep 2015
lemon & pistachio Sicilian ricotta cannoli.....	94	Oct 2015
mince-pie kisses.....	70	Dec 2015
mocha pistachio affogatos.....	77	Aug 2015
pistachio & green-tea baklava.....	118	Apr 2016
pistachio & mint pesto.....	100	Apr 2016
pistachio & rose gulab jamuns.....	67	Nov 2015
rose & pistachio rice pudding.....	110	Oct 2015

PIZZAS

the bomb pizza.....	113	Dec 2015
breakfast pizza.....	62	Jun 2016
butter-braised kohlrabi, asparagus & ricotta pizza.....	44	Aug 2015
cauliflower pizzas with blueberries, sage & prosciutto.....	39	Nov 2015
honey-thyme butternut & creamed-spinach pizza.....	111	Dec 2015
Indian ratatouille pizza.....	112	Dec 2015
Mozambican prawn pizza.....	113	Dec 2015
pizza cones.....	16	Jun 2016
pizza dough.....	110	Dec 2015
puttanesca pizza.....	114	Dec 2015
tomato pizza-base sauce.....	110	Dec 2015

PLUMS

governor's trifle.....	68	Mar 2016
maple-glazed duck with spice-poached plums.....	72	Apr 2016
plum & rose-water syrup cocktail.....	37	Dec 2015
plum sauce.....	33	Mar 2016

spiced beef fillet with carrots & plum juice.....	70	Jun 2016
stuffed pork shoulder.....	38	Dec 2015
upside-down plum cake with crème fraîche.....	39	Dec 2015

POLENTA

see also **CORN**

creamy blue cheese polenta with sautéed kale, butterbeans & mushrooms.....	43	Jul 2015
creamy Gorgonzola polenta with garlic & sage-roasted mushrooms.....	51	Mar 2016
tempura cob & polenta chips.....	82	Aug 2015
The Eatalian oxtail.....	69	Jun 2016

POMEGRANATES

latke & pomegranate salad with creamy apple sauce & dill dressing.....	105	Feb 2016
pomegranate granita.....	59	Nov 2015
rose water-pickled beetroot, fig & pomegranate salad.....	63	Apr 2016
slow-roasted leg of lamb with pomegranate & rosemary ...	112	Apr 2016
spiced roasted cauliflower with hazelnuts & pomegranate rubies.....	70	Jan 2016

POPPY SEEDS

Jean-Pierre Fortain's cashews caramelised with poppy seeds.....	19	Nov 2015
lemon & poppy seed cake with cream-cheese icing.....	120	Nov 2015
vegan wholewheat cherry poppy-seed cake.....	122	Dec 2015
wholegrain waffles with millet & seeds.....	16	Feb 2016

PORK

see also **BACON; HAM**

BELLY

CBC beer-braised pork belly with soet wortels & salsa verde.....	101	Sep 2015
rolled pork belly with gooseberry & almond chutney.....	44	Nov 2015
signature braised pork belly open sandwich.....	103	Nov 2015
sticky maple & ginger-glazed pork belly with crunchy crackling & hot English mustard.....	73	Dec 2015
cheeks, roast pork cheek, bubble & squeak & poached egg.....	75	Oct 2015

CHOPS

Asian pork chops with sweet & salty watermelon pickle...	42	Dec 2015
pan-fried sage pork chops with cinnamon apples.....	23	Apr 2016
pork chops with whiskey-soaked figs.....	89	Apr 2016
cubes, sweet & spicy Asian pork skewers.....	23	Jun 2016

FILLET

ClemenGold pork with Thai-style salad.....	27	Sep 2015
fig, hazelnut & pesto-stuffed smoked pork fillet.....	50	Feb 2016
leg, herb & mustard roast.....	100	Oct 2015

MINCE

cabbage & mince lasagne with yoghurt.....	39	Jul 2015
Ouma's cabbage frikkadels.....	64	May 2016
slow-cooked three-meat ragout lasagne.....	55	Aug 2015

NECK

grilled & stuffed with blue cheese & dried prunes.....	117	Nov 2015
pork neck & apple spring rolls with spicy dipping sauce.....	89	Feb 2016

RIBS

Evil Queen's crown roast of pork with sultana-stuffed apples.....	60	Oct 2015
ginger & sesame-glazed sticky pork ribs with purple slaw.....	92	Aug 2015
roast, coconut-flour tacos with pulled pork, peach salsa & refried beans.....	74	Mar 2016

SAUSAGES

ginger & chilli pork in lettuce cups topped with poached egg.....	49	Jun 2016
mustard & sage-baked pork bangers with apples & potatoes.....	23	Mar 2016
pork atsui dogs.....	64	Jan 2016

SHOULDER

gooseberry-roasted pulled-pork buns.....	54	May 2016
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ANNUAL RECIPE INDEX

pulled-pork burger	57	Dec 2015
stuffed	38	Dec 2015
The Player	33	Mar 2016

POTATOES

braised oxtail-stuffed calamari with butternut, potato & sweet potato mash, pinotage jus & sweet & sour beans ...	65	Mar 2016
cabbage & potato cakes with Asian dipping sauce	37	Jul 2015
calamari with chorizo & pepper potatoes	118	Oct 2015
carrot gnocchi with roasted hispi cabbage, raw carrot & smoked butter	74	Nov 2015
cauliflower & potato curry with peas	64	Jul 2015
chervil & dill potato purée	53	Sep 2015
classic fish & chips with aioli	79	Aug 2015
colcannon with a twist	43	Jul 2015
crispy sage mille-feuille potatoes	101	Apr 2016
honey-glazed duck with rosemary-roasted grapes & prosciutto-wrapped potato wedges	76	Dec 2015
kamikaze fries with spicy Asian ketchup	113	Feb 2016
latke & pomegranate salad with creamy apple sauce & dill dressing	105	Feb 2016
loaded hasselback potatoes with Buche, tomato salsa & chorizo crumbs	31	Jan 2016
mini burgers & fries	73	Jul 2015
mustard & sage-baked pork bangers with apples & potatoes	23	Mar 2016
new-age steak, egg & chips	50	Aug 2015
pan-roasted potato & pesto green-bean salad	85	Jun 2016
potato & beetroot röstis	64	Apr 2016
potato fry	59	Jul 2015
potato gnocchi with sage burnt-butter sauce	81	Oct 2015
potato pancakes with herbed crème fraîche & smoked salmon	90	Mar 2016
potato pancakes with smoked salmon, goat's cheese & slivered red onions	67	Aug 2015
potato rösti with watercress, orange-glazed duck & candied-grapefruit peel	120	Sep 2015
prime-rib steak & Parmesan-dusted chips	21	Aug 2015
roast pork cheek, bubble & squeak & poached egg	75	Oct 2015
sautéed gnocchi & cauliflower with Parmesan sauce & Parmesan breadcrumbs	101	Sep 2015
slow-roasted shanks with creamy mashed potatoes, roasted vine tomatoes & gremolata	100	Aug 2015
smashed baby potatoes with anchovies & crispy capers	74	Jan 2016
Spanish-style roast chicken with chorizo & blistered lemons	74	Aug 2015
Tasty Townsends' trio of salmon	17	Nov 2015

PRAWNS

butternut-filled panzerotti with prawns, baby marrows & mild curry sauce	97	Nov 2015
creamy celery, chilli & prawn spaghetti	46	Jun 2016
deconstructed avocado ritz	80	Sep 2015
garden lettuce gazpacho with prawn popcorn	87	Dec 2015
ginger, tomato & sweet potato curry with prawns	89	Aug 2015
herb, litchi & prawn salad	48	Feb 2016
Mozambican prawn pizza	113	Dec 2015
Mo-Zam-Bik Porto prawns	16	Nov 2015
prawn passion	72	Jun 2016
prawn, sweet potato & lime curry with fresh coriander	77	Jun 2016
seafood bisque	48	Jul 2015
smoky prawns with zesty aioli	115	Oct 2015
sticky & hot king prawns with warm cabbage salsa	36	Jul 2015

PRESERVES

see also CHUTNEY; PICKLES; RELISH		
classic mincemeat	67	Dec 2015
guavas preserved in Brazilian-spiced sugar syrup	46	Sep 2015

PRICKLY PEARS , yoghurt jelly with prickly-pear granita ...	33	Feb 2016
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PUDDINGS

Amarula malva pudding with Rooibos custard	82	Sep 2015
creamy risotto pudding with hot chocolate sauce	85	Jul 2015
malva truffles with smoked rosemary	90	Apr 2016

naartjie malva pudding	68	May 2016
pineapple & coconut sojoe (semolina pudding)	18	Jun 2016
rose & pistachio rice pudding	110	Oct 2015
savoury croque-monsieur bread-and-butter pudding with Cheddar sauce	107	Jun 2016
semolina pudding	101	Oct 2015

PUMPKIN

bulgur wheat, chickpea & roasted pumpkin salad with gooseberry dressing	43	Nov 2015
pampoentert with salted-caramel nuts & cinnamon Chantilly cream	103	Sep 2015
pumpkin & cream cheese muffins	84	May 2016
pumpkin & sage gnocchi with baby spinach, pumpkin seeds & sun-dried tomatoes	108	Mar 2016
pumpkin soup with cinnamon croutons	23	Apr 2016
pumpkin, walnut & date cake with maple syrup cream-cheese icing	85	Apr 2016
roasted pumpkin with curried fritters, seed crumble, buttermilk labneh & ginger	80	Nov 2015
roasted pumpkin slices with sun-dried tomato, cashew & rocket sauce	53	Jun 2016
smoky pumpkin chowder soup with pumpkin-seed pesto & sriracha crème	83	Apr 2016
winter panzanella salad with crumbed corn & ricotta fritters & blue-cheese dressing	104	Jun 2016
winter pumpkin & pear trifle with Rooibos custard	53	Jun 2016

PUMPKIN SEEDS

beetroot granola with whipped coconut cream	45	Apr 2016
carrot, beetroot & pumpkin seed Swiss roll with cream-cheese icing	109	Aug 2015
cashew, coconut & rose granola	102	Jun 2016
pumpkin-seed pesto	83	Apr 2016
roasted beetroot with fresh mint ricotta & pumpkin seeds	72	Nov 2015
slow-roasted beetroot & butternut with caramelised pumpkin seeds	71	Sep 2015

Q

QUAIL

baby marrow noodles, ostrich biltong & blue cheese salad with white port dressing	59	Sep 2015
grilled beef with salsa verde & fried quail eggs	117	Apr 2016

QUICHES

see also PIES, SAVOURY; TARTS, SAVOURY		
artichoke, mushroom, leek & goat's cheese quiche	118	Sep 2015
crustless quiche with asparagus, goat's cheese & basil	48	Jan 2016
roasted butternut & almond quiche	88	Apr 2016

R

RADISHES

beetroot & radish carpaccio with rocket pesto & feta	55	Feb 2016
butter-fried radish, wild mushroom & baby marrow salad stacks with sour cream & chive dressing	58	Feb 2016
crunchy radishes with cinnamon-poached pears, goat's cheese & brown butter	70	Jan 2016
daikon radish & sesame salad with lime dressing & white chocolate	50	Nov 2015
kohlrabi & radish pickle on gourmet steak sandwich	42	Aug 2015
papaya, prosciutto, radish & mint bites	37	Oct 2015
radish-caper butter	60	Sep 2015

ANNUAL RECIPE INDEX

salmon radishes with cauliflower mayo & Huguenot cheese crumble.....	106	Nov 2015
shaved kohlrabi, radish, apple & fennel salad with orange dressing.....	41	Aug 2015
Sicilian-style orange salad with olives, radishes & fried oregano leaves.....	93	Oct 2015
warm salad of garlicky white beans, buttery radish & fennel bulb.....	48	Apr 2016

RASPBERRIES

baked peaches with raspberry-rippled ricotta & pecan nuts.....	56	Jan 2016
berry & lemon curd-filled muffins.....	80	May 2016
fig & raspberry ice cream.....	11	Dec 2015
governor's trifle.....	68	Mar 2016
mince-pie kisses.....	70	Dec 2015
Pavlova with rosé-poached sweet melon, raspberries, pink peppercorns & vanilla yoghurt.....	42	Dec 2015
raspberry & chocolate tart.....	110	Sep 2015
sparkling rosé & summer berry jelly.....	83	Feb 2016
Turkish delight, white chocolate bark & raspberry purée.....	114	Feb 2016
Wednesday's black bean bleeding heart brownies.....	59	Oct 2015
yule log with white chocolate & raspberries.....	92	Dec 2015

RELISH

see also CHUTNEY; PICKLES; PRESERVES		
papaya & chilli.....	67	Mar 2016

RHUBARB

compote.....	59	Dec 2015
rhubarb & ginger margarita.....	42	Oct 2015
rhubarb & sour cream Madeira cake.....	41	Oct 2015
rhubarb & yoghurt popsicles.....	43	Oct 2015
rhubarb, almond & berry tarte Tatin.....	42	Oct 2015

RICE

see also RISOTTO		
coconut sticky rice with mango.....	24	Mar 2016
crispy sushi-rice cubes.....	64	Jan 2016
khichdi.....	58	Jul 2015
paella.....	86	Aug 2015
roasted banana, rum & raisin rice cake (gateau de riz).....	93	Apr 2016
rose & pistachio rice pudding.....	110	Oct 2015

RISOTTO

see also RICE		
asparagus risotto.....	86	Oct 2015
beetroot risotto.....	63	May 2016
creamed samp risotto with bacon butter.....	87	Feb 2016
creamy risotto pudding with hot chocolate sauce.....	85	Jul 2015
herbed barley risotto with asparagus & chive whipped cream.....	82	Feb 2016
saffron & angelfish Spanish risotto.....	116	Oct 2015
wild mushroom risotto.....	68	Aug 2015

ROCKET

chilled rocket, baby marrow & avocado soup with mini garlic pan-fried breads.....	110	Mar 2016
mini rocket, walnut & goat's cheese spanakopitas with dill & lemon tzatziki.....	112	Mar 2016
red wine-marinated rump & rocket salad with chive & mustard oil dressing.....	111	Mar 2016
rocket pesto.....	55	Feb 2016
sun-dried tomato, cashew & rocket sauce.....	53	Jun 2016

ROSEMARY

anchovy, rosemary & Parmesan butter with chargrilled ciabatta toast.....	114	Jun 2016
cinnamon-rosemary popcorn.....	23	Apr 2016
citrus & rosemary iced tea.....	12	Sep 2015
herbed barley risotto with asparagus & chive whipped cream.....	82	Feb 2016
herbed burger patty pies.....	51	Mar 2016
herbed rump steak salad with horseradish crème fraîche.....	9	Aug 2015

honey-glazed duck with rosemary-roasted grapes & prosciutto-wrapped potato wedges.....	76	Dec 2015
lamb rack with parsnip mash & rosemary & mustard cream.....	87	Oct 2015
lemon, mustard & rosemary roast chicken.....	23	Mar 2016
lemon, rosemary & garlic focaccia.....	47	Mar 2016
lemon, rosemary & olive oil layer cake with cream-cheese icing.....	13	May 2016
malva truffles with smoked rosemary.....	90	Apr 2016
olive & rosemary focaccia.....	113	Jan 2016
open butternut ravioli with crispy rosemary & coffee oil.....	22	Jul 2015
parsnip, rosemary & sage soup with blue cheese.....	48	Jun 2016
rosemary, brown butter & cracked black pepper soda bread.....	86	Mar 2016
rosemary-mint bath salts.....	94	May 2016
slow-roasted leg of lamb with pomegranate & rosemary.....	112	Apr 2016

ROSE SYRUP , coffee & rose-scented meringues.....	26	Jul 2015
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ROSE WATER

cashew, coconut & rose granola.....	102	Jun 2016
litchi & rose jam.....	47	Feb 2016
pistachio & rose gulab jamuns.....	67	Nov 2015
plum & rose-water syrup cocktail.....	37	Dec 2015
rose & pistachio rice pudding.....	110	Oct 2015
rose water, fig & coconut smoothie.....	108	Feb 2016
rose water-pickled beetroot, fig & pomegranate salad.....	63	Apr 2016
Turkish delight, white chocolate bark & raspberry purée.....	114	Feb 2016
vanilla cake with rose buttercream.....	87	May 2016

S

SAGE

cauliflower pizzas with blueberries, sage & prosciutto.....	39	Nov 2015
crispy sage mille-feuille potatoes.....	101	Apr 2016
herbed burger patty pies.....	51	Mar 2016
mustard & sage-baked pork bangers with apples & potatoes.....	23	Mar 2016
mustard, sage & Gruyère-crumbed lamb chops.....	50	Feb 2016
pan-fried sage pork chops with cinnamon apples.....	23	Apr 2016
parsnip, rosemary & sage soup with blue cheese.....	48	Jun 2016
pecan nut, gingerbread & mushroom loaf with sage-roasted apples & basil pesto.....	74	Dec 2015
potato gnocchi with sage burnt-butter sauce.....	81	Oct 2015
pumpkin & sage gnocchi with baby spinach, pumpkin seeds & sun-dried tomatoes.....	108	Mar 2016
shrub up.....	70	Oct 2015
sweet potato, orange & sage soup.....	48	Jul 2015

SAGO , with coconut jelly, candied kumquat, vanilla ice cream & fresh basil.....	51	Nov 2015
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SALAD DRESSINGS

see also MAYONNAISE; SALSAS		
bacon vinaigrette.....	53	Jun 2016
blue-cheese dressing.....	104	Jun 2016
cashew & herb dressing.....	58	Mar 2016
chickpea dressing.....	54	Jan 2016
chive & mustard oil dressing.....	111	Mar 2016
creamy apple sauce & dill dressing.....	105	Feb 2016
creamy basil dressing.....	32	Jan 2016
ginger & maple syrup dressing.....	89	Aug 2015
gooseberry dressing.....	43	Nov 2015
iceberg lettuce wedges with creamy chive dressing.....	74	Jan 2016
lemon & herb dressing.....	52	Jan 2016
orange & herb dressing.....	54	Feb 2016
salsa verde dressing.....	39	Nov 2015
sour cream & chive dressing.....	58	Feb 2016

SALADS

asparagus, Parma ham-wrapped asparagus
with goat's cheese truffles & lemon & herb dressing 52 Jan 2016

BABY MARROW

baby marrow & cucumber tiradito salad..... 119 Mar 2016
warm baby marrow salad with butter-fried
edamame beans & bacon vinaigrette 53 Jun 2016

BEAN

mixed bean, hazelnut & goat's cheese salad 89 Jan 2016
warm salad of garlicky white beans, buttery radish &
fennel bulb 48 Apr 2016

BEEF

herbed rump steak salad with horseradish crème fraîche .. 9 Aug 2015
red wine-marinated rump & rocket salad with chive &
mustard oil dressing 111 Mar 2016

BEETROOT

beetroot & radish carpaccio with rocket pesto & feta 55 Feb 2016
roasted beetroot, endive & chargrilled chicken salad
with orange & herb dressing 54 Feb 2016
rose water-pickled beetroot, fig & pomegranate salad 63 Apr 2016
summer salad 100 Oct 2015
biltong, baby marrow noodles, ostrich biltong &
blue cheese salad with white port dressing 59 Sep 2015

BREAD

watermelon & crumbed mozzarella panzanella salad 54 Apr 2016
winter panzanella salad with crumbed corn & ricotta
fritters, & blue-cheese dressing 104 Jun 2016
butternut, bulgur wheat, chickpea & roasted
pumpkin salad with gooseberry dressing 43 Nov 2015
cabbage, ClemenGold pork with Thai-style salad 27 Sep 2015
carrot, rainbow salad with salsa verde 39 Nov 2015

CHICKEN

crumbed Buchette, harissa-grilled chicken & barley
salad with creamy basil dressing 32 Jan 2016
guava BBQ-marinated chicken salad 45 Sep 2015
Panko-crumbed chicken & chickpea salad cups
with coconut & peanut dressing 105 Jan 2016
cobb, layered cobb-salad jars 72 Jul 2015
fig & apple-glazed bacon salad 57 Feb 2016

GRAPEFRUIT

fennel & grapefruit salad 25 Sep 2015
grapefruit & edamame salad with ginger &
maple syrup dressing 89 Aug 2015

GREEN BEAN

chargrilled green bean & millet salad with cashew
purée & chickpea dressing 54 Jan 2016
pan-roasted potato & pesto green-bean salad 85 Jun 2016

KALE, with roasted sweet potatoes, spicy baked
chickpeas & fresh pear 57 Mar 2016

KOHLRABI, radish, apple & fennel salad
with orange dressing 41 Aug 2015

MELON, feta & crunchy prosciutto salad 41 Dec 2015

ORANGE, Sicilian-style with olives, radishes &
fried oregano leaves 93 Oct 2015

PARSNIP & fig salad with croutons, chilli, lemon &
spiced sherry reduction 55 May 2016

POMEGRANATE, latke & pomegranate salad
with creamy apple sauce & dill dressing 105 Feb 2016

POTATO & pesto green-bean salad 85 Jun 2016

PRAWN, herb, & litchi salad 48 Feb 2016

RADISH

butter-fried radish, wild mushroom & baby marrow
salad stacks with sour cream & chive dressing 58 Feb 2016
daikon radish & sesame salad with lime dressing &
white chocolate 50 Nov 2015

STRAWBERRY, baby herb, walnut & blue cheese salad .. 42 Sep 2015

TUNA, Afro Sushi's warm tuna salad 17 Aug 2015

VEGETABLE, marinated red onion, granadilla &
Parmesan salad 68 Sep 2015

SALSAS

avocado salsa 46 Apr 2016
crispy breadcrumb-and-herb salsa 106 Jun 2016

fennel salsa 77 Jun 2016
fresh Mexican salsa 93 Jan 2016
green salsa 49 Apr 2016
grilled-peach salsa 74 Mar 2016
mango salsa 70 Mar 2016
papaya salsa 37 Oct 2015
pineapple & chilli salsa 73 Mar 2016
pineapple salsa 74 Jul 2015
salsa verde 82 Aug 2015
salsa verde 102 Sep 2015
salsa verde 110 Apr 2016
salsa verde 117 Apr 2016
tomato salsa 31 Jan 2016
tomato salsa 74 Jul 2015
warm cabbage salsa 36 Jul 2015

SAMP see CORN

SANDWICHES

see also **BREADS; BRUSCHETTA; BURGERS**
anchovy, rosemary & Parmesan butter with chargrilled
ciabatta toast 114 Jun 2016
Basics Food Passion's toasted piadinis 18 Sep 2015
cinnamon & Brie French toast roll-ups
with blueberry compote 91 Jul 2015
emmental, crispy bacon & rosemary baked sliders 51 May 2016
gooseberry-roasted pulled-pork buns 54 May 2016
kohlrabi & radish pickle on gourmet steak sandwich 42 Aug 2015
roasted tomato soup with croque-monsieur sandwiches... 88 Jul 2015
shredded lamb brioche sliders with harissa mayonnaise
& rocket 66 Jun 2016
signature braised pork belly open sandwich 103 Nov 2015
the ultimate toasted cheese 23 Mar 2016

SAUCES, SAVOURY

see also **MAYONNAISE; SALAD DRESSINGS; SALSAS**
Asian dipping sauce 38 Jul 2015
BBQ sauce 57 Dec 2015
Béchamel sauce 88 Feb 2016
blue-cheese sauce 34 Mar 2016
blue-cheese sauce 47 Apr 2016
Cheddar sauce 107 Jun 2016
chilli-mayo dipping sauce 72 Jun 2016
chimichurri 115 Nov 2015
dipping sauce 89 Dec 2015
gremolata 100 Aug 2015
hollandaise sauce 51 Oct 2015
hollandaise sauce 81 Aug 2015
mustard & blue-cheese sauce 55 Mar 2016
Parmesan & parsley cream 77 Dec 2015
Parmesan sauce 101 Sep 2015
Peppadew sauce 72 Nov 2015
prego sauce 113 Dec 2015
roasted tomato sauce 59 Nov 2015
sage burnt-butter sauce 81 Oct 2015
satay dipping sauce 21 Feb 2016
spice sherry reduction 55 May 2016
spicy Asian ketchup 113 Feb 2016
spicy dipping sauce 89 Feb 2016
spicy tomato sauce 117 Oct 2015
sun-dried tomato, cashew & rocket sauce 53 Jun 2016
tomato & lemongrass velouté 53 Sep 2015
tomato pizza-base sauce 110 Dec 2015
tomato sauce 49 May 2016

SAUCES, SWEET

see also **SYRUPS**
chocolatey coconut sauce 58 Feb 2016
nut butter-and-honey sauce 106 Jan 2016
plum sauce 33 Mar 2016
strawberry sauce 54 Jan 2016
toasted coconut & coconut-caramel sauce 77 Sep 2015

SAUSAGES

apple & chorizo pinwheels 104 Feb 2016
breakfast tart 59 Jun 2016

ANNUAL RECIPE INDEX

calamari with chorizo & pepper potatoes.....	118	Oct 2015	wild mushroom & dumpling broth.....	21	Aug 2015
chargrilled corn with chorizo & miso butters.....	72	Apr 2016	parsnip, rosemary & sage soup with blue cheese.....	48	Jun 2016
colcannon with a twist.....	43	Jul 2015	pea & fennel soup with lemon oil & goat's cheese.....	88	Feb 2016
loaded hasselback potatoes with Buche, tomato salsa & chorizo crumbs.....	31	Jan 2016	PUMPKIN		
paella.....	86	Aug 2015	with cinnamon croutons.....	23	Apr 2016
pigs in blankets.....	24	Apr 2016	smoky pumpkin chowder soup with pumpkin-seed pesto & sriracha crème.....	83	Apr 2016
pork atsui dogs.....	64	Jan 2016	rocket, baby marrow & avocado soup with mini garlic pan-fried breads.....	110	Mar 2016
roasted tomato & chorizo soup.....	50	Jul 2015	SEAFOOD		
Spanish guava, chorizo & goat's cheese empanadas.....	45	Sep 2015	arrabiata seafood soup with Parmesan ciabatta toasts....	73	Aug 2015
Spanish-style chicken casserole with preserved lemons.....	108	May 2016	seafood bisque.....	48	Jul 2015
Spanish-style roast chicken with chorizo & blistered lemons.....	74	Aug 2015	spinach, dhal soup.....	64	Jul 2015
tomato soup with chorizo & ciabatta croutons.....	48	May 2016	sweet potato, orange & sage soup.....	48	Jul 2015
SCALLOPS			TOMATO		
ClemenGold-glazed scallops with fennel & grapefruit salad.....	25	Sep 2015	roasted tomato & chorizo soup.....	50	Jul 2015
lemony scallop ceviche with truffle-thyme cream & chargrilled ciabatta.....	24	May 2016	roasted tomato soup with croque-monsieur sandwiches.....	88	Jul 2015
with sweetcorn purée & crispy bacon.....	82	Feb 2016	tomato soup with chorizo & ciabatta croutons.....	48	May 2016
SCONES			West Coast mussels with tomato broth.....	99	Nov 2015
fresh scones with jam.....	49	Aug 2015	vegetable consommé.....	54	Sep 2015
Tomme, baby marrow & roasted garlic scones with beetroot & mustard pickle.....	31	Jan 2016	SPINACH		
SEAWEED , crispy-fried & dusted with paprika.....	16	May 2016	basil, spinach & ricotta gnudi with red pepper & tomato sugo.....	108	Apr 2016
SEMOLINA , pineapple & coconut sojoe (semolina pudding).....	18	Jun 2015	caramelised onion, spinach & blue cheese tarts with tomato-chilli chutney.....	99	Aug 2015
SESAME SEEDS			celery, apple, spinach, lime & ginger juice.....	45	Jun 2016
black-sesame & matcha ice cream with dorayaki.....	66	Jan 2016	honey-thyme butternut & creamed-spinach pizza.....	111	Dec 2015
black sesame cemetery spiders.....	65	Oct 2015	pumpkin & sage gnocchi with baby spinach, pumpkin seeds & sun-dried tomatoes.....	108	Mar 2016
cashew, coconut & rose granola.....	102	Jun 2016	roasted aubergine hearts with green sauce & vegan 'Parmesan'.....	109	Nov 2015
daikon radish & sesame salad with lime dressing & white chocolate.....	50	Nov 2015	salmon, spinach & sour cream-filled muffins.....	85	May 2016
pan-fried sesame-crusting feta with honey, caperberries & basil.....	110	Oct 2015	sautéed.....	95	Sep 2015
spice-roasted cauliflower with tahini & sesame seeds with seared tuna & poached egg.....	56	May 2016	spinach dhal soup.....	64	Jul 2015
SHERBET			spinach, feta & ricotta bake with prosciutto.....	48	Apr 2016
see also ICE CREAM; SORBET			SPRING ROLLS		
cherry, rosehip & hibiscus sherbet.....	14	Nov 2015	bobotie spring rolls with sweet chilli dip.....	81	Jul 2015
lemongrass & basil sherbet.....	14	Nov 2015	pork neck & apple spring rolls with spicy dipping sauce....	89	Feb 2016
spiced-peach sherbet.....	14	Nov 2015	SRIRACHA crème.....	83	Apr 2016
SMOOTHIE , rose water, fig & coconut.....	108	Feb 2016	STAR ANISE crème caramels.....	73	Feb 2016
SORBET			STARFRUIT & granadilla yoghurt cakes.....	72	Feb 2016
see also ICE CREAM; SHERBET			STRAWBERRIES		
coconut kulfi-style granita.....	64	Nov 2015	eight-minute strawberry jam with orange & black pepper.....	34	Sep 2015
pink-lemonade ice lollies.....	33	Feb 2016	fresh tuna, strawberry, cucumber & onion seed skewers....	41	Sep 2015
pomegranate granita.....	59	Nov 2015	frozen chocolate & strawberry roulade.....	54	Jan 2016
yoghurt jelly with prickly-pear granita.....	33	Feb 2016	governor's trifle.....	68	Mar 2016
SOUPS			kolache with three fruit fillings.....	14	Dec 2015
ASIAN			no-fuss peach & strawberry frozen yoghurt in white chocolate & coconut cones.....	57	Jan 2016
broth with shimeji mushrooms & noodles.....	51	Feb 2016	Oreo & strawberry white-chocolate tart.....	43	Sep 2015
mussels steamed in Asian miso broth.....	114	Mar 2016	pink-lemonade ice lollies.....	33	Feb 2016
beef goulash noodle soup with sour cream & red onion..	111	Apr 2016	sparkling rosé & summer berry jelly.....	83	Feb 2016
bisque, poached crayfish with frozen bisque, mange tout juice & cream cheese.....	107	Nov 2015	strawberry & black pepper semifreddo.....	88	Oct 2015
cauliflower & roasted garlic soup.....	53	Jul 2015	strawberry, baby herb, walnut & blue cheese salad.....	42	Sep 2015
celeriac, Tenderstem broccoli, almond & roasted garlic soup with basil oil & Parmesan crisps.....	52	Apr 2016	STUFFING , baby marrow.....	75	Dec 2015
chicken, Moroccan chicken & chickpea soup.....	53	Jul 2015	SUMAC		
cucumber, cold with mint.....	98	Oct 2015	musakhan sumac chicken with taboon bread.....	34	May 2016
lettuce gazpacho with prawn popcorn.....	87	Dec 2015	sumac-dusted fried chickpeas.....	108	Jan 2016
melon gazpacho with croutons.....	41	Dec 2015	SUNFLOWER SEEDS		
MUSHROOM			beetroot granola with whipped coconut cream.....	45	Apr 2016
coffee & dried mushroom consommé with noodles & poached egg.....	22	Jul 2015	cashew, coconut & rose granola.....	102	Jun 2016
			wholegrain waffles with millet & seeds.....	16	Feb 2016
			SUSHI		
			Afro Sushi's warm tuna salad.....	17	Aug 2015

ANNUAL RECIPE INDEX

crispy sushi-rice cubes.....	64	Jan 2016
pattypan & bulgur wheat sushi with mango-chilli dip	46	Jan 2016

SWEET POTATOES

baked kale salad with roasted sweet potatoes, spicy baked chickpeas & fresh pear	57	Mar 2016
braised oxtail-stuffed calamari with butternut, potato & sweet potato mash, pinotage jus & sweet & sour beans	65	Mar 2016
butter-poached hake with carrot purée & anchovy chips..	90	Dec 2015
ginger, tomato & sweet potato curry with prawns	89	Aug 2015
peanut & sweet potato curry.....	21	Feb 2016
prawn, sweet potato & lime curry with fresh coriander	77	Jun 2016
rump espetada with sweet potato wedges	23	Aug 2015
sweet potato chips with tomato sauce	49	May 2016
sweet potato, orange & sage soup.....	48	Jul 2015
sweet potato pancakes	85	Apr 2016
sweet potato röstis with smoked trout ribbons, crème fraîche & lemon.....	50	May 2016
venison loin with orange sweet potato, lentils, pickled cucumber & cranberry jus	82	Nov 2015

SWEETS

almond butter & toasted millet truffles.....	102	Feb 2016
biltong, salted almond & honey nougat with dried olives.....	62	Sep 2015
chocolate truffles.....	114	Sep 2015
cinnamon fudge	54	Sep 2015
kesar peda with toasted pine nuts & salt flakes.....	66	Nov 2015
malva truffles with smoked rosemary	90	Apr 2016
soft & chewy almost burnt caramels.....	12	Aug 2015
Turkish delight, white chocolate bark & raspberry purée	114	Feb 2016

SYRUPS

see also SAUCES, SWEET		
Amarula syrup	82	Sep 2015
orange syrup.....	90	May 2016
plum & rose-water syrup cocktail.....	37	Dec 2015

T

TACOS

baby marrow soft-shell tacos with grilled haloumi, mango salsa & smoked paprika guacamole.....	70	Mar 2016
coconut-flour tacos with pulled pork, peach salsa & refried beans.....	74	Mar 2016
fish tacos.....	75	Jul 2015
flour soft-shell tacos with grilled corn, spiced black-eye beans, cashew-nut cream & pineapple & chilli salsa	73	Mar 2016
with vindaloo beans, crushed avocado & charred corn	49	Jan 2016
yellowfin-tuna tacos.....	112	Feb 2016

TARTS, SAVOURY

see also PIES, SAVOURY; QUICHES		
breakfast tart	59	Jun 2016
caramelised onion, spinach & blue cheese tarts with tomato-chilli chutney	99	Aug 2015
goat's cheese & caramelised onion tartlets	73	May 2016
heirloom tomato tarte Tatin	49	Apr 2016
pampoentert with salted-caramel nuts & cinnamon Chantilly cream.....	103	Sep 2015
pineapple & cream cheese windmill tartlets with smoked salmon.....	36	Aug 2015
Tenderstem broccoli, Brie & salmon tart	54	Apr 2016

TARTS, SWEET

see also CHEESECAKES; PASTRIES; PIES, SWEET		
Belgian chocolate pistachio tart	121	Sep 2015
Camembert & cognac-soaked berry cake.....	87	Apr 2016
caramelised grapefruit tartlets with caramel-custard filling..	54	Jun 2016

celery, apple, pecan & walnut caramel tart	47	Jun 2016
ClemenGold & almond frangipane tart.....	28	Sep 2015
double-chocolate torte.....	75	Nov 2015
fruit tarts with frangipane lemon custard, crème pâtissière or jam & soft fruit.....	59	Dec 2015
ginger snap tart with white chocolate brown-butter ganache.....	93	Aug 2015
hazelnut & Nutella chocolate torte.....	87	Jun 2016
lemon tart with vanilla crumble, meringues & candied lemon peel.....	102	Sep 2015
Oreo & strawberry white-chocolate tart	43	Sep 2015
raspberry & chocolate tart	110	Sep 2015
rhubarb, almond & berry tarte Tatin	42	Oct 2015
rich dark chocolate & nut tart.....	102	May 2016
stacked Peppermint Crisp tarts.....	83	Sep 2015
tangy lemon tart with yoghurt & granadilla.....	12	Apr 2016

TEA

citrus & rosemary iced tea.....	12	Sep 2015
mulled apple iced tea.....	72	Oct 2015
pistachio & green-tea baklava	118	Apr 2016
Rooibos chai sugar body scrub	94	May 2016
tea jelly	49	Feb 2016

TEMPURA

deep-fried tuna rolls & tempura baby marrow chips.....	84	Aug 2015
tempura cob & polenta chips.....	82	Aug 2015

THYME

caramelised onion, biltong & thyme cheesecake	85	Jan 2016
herb butter	63	May 2016
herbed barley risotto with asparagus & chive whipped cream.....	82	Feb 2016
herbed rump steak salad with horseradish crème fraîche ..	9	Aug 2015
lemony scallop ceviche with truffle-thyme cream & chargrilled ciabatta	24	May 2016
slow-roasted Irish whiskey & thyme sticky beef short ribs	88	Mar 2016

TOFU , braised spiced aubergine & tofu skewers.....	76	Sep 2015
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TOMATOES

apricot & tomato oxtail stew.....	22	Aug 2015
arrabiata seafood soup with Parmesan ciabatta toasts..	73	Aug 2015
artichoke & kale-stuffed conchiglione	83	Jun 2016
aubergine, buffalo mozzarella & sun-dried tomato stack..	32	Jun 2016
aubergine Parmigiana.....	90	Nov 2015
baby marrow noodles with sun-dried tomato, walnuts & olives	51	May 2016
baby plum tomato & chilli jam	119	Sep 2015
braised lamb loin cutlets with aji rocoto, aubergine chutney, blackened corn & confit peppers.....	120	Mar 2016
braised shin in red wine with buttered porcini mushrooms	84	Jun 2016
breakfast tart	59	Jun 2016
carpaccio of beef with mustard mayonnaise	58	Dec 2015
cashew, coconut & tomato fish curry with fennel salsa & chargrilled naan bread	77	Jun 2016
chickpea dumplings in tomato curry with fresh basil	78	Jun 2016
ginger, tomato & sweet potato curry with prawns	89	Aug 2015
grapefruit, ginger beer & tomato-marinated duck breast on celeriac purée with roasted tomatoes & salsa verde.....	110	Apr 2016
heirloom tomato tarte Tatin	49	Apr 2016
Indian ratatouille pizza	112	Dec 2015
kale, sun-dried tomato & goat's cheese pie.....	45	Jul 2015
loaded hasselback potatoes with Buche, tomato salsa & chorizo crumbs	31	Jan 2016
mussels in creamy tomato broth.....	89	Jul 2015
mussels in spicy tomato sauce.....	117	Oct 2015
nachos Mexicana with everything.....	92	Jan 2016
paella	86	Aug 2015
paneer makhni.....	58	Nov 2015
pan-fried hake with chickpeas, tomatoes & paprika with lemon-cider butter	48	Mar 2016
pappardelle with slow-roasted lamb ragù, blackened vine tomatoes, Parmesan & basil	12	Jun 2016
peanut & sweet potato curry.....	21	Feb 2016

peri-peri tomato chicken livers with ciabatta toasts.....	50	Mar 2016
prego sauce.....	113	Dec 2015
pumpkin & sage gnocchi with baby spinach, pumpkin seeds & sun-dried tomatoes	108	Mar 2016
red pepper & tomato sugo.....	108	Apr 2016
roasted fig & apple-glazed bacon salad.....	57	Feb 2016
roasted tomato & chorizo soup	50	Jul 2015
roasted tomato sauce.....	59	Nov 2015
roasted tomato soup		
with croque-monsieur sandwiches.....	88	Jul 2015
savoury baked ricotta cheesecake		
with exotic tomatoes.....	12	Jan 2016
seafood stew	115	Oct 2015
shakshuka poached eggs.....	116	Apr 2016
Sicilian-style pasta with sardines	93	Oct 2015
slow-roasted shanks with creamy mashed potatoes, roasted vine tomatoes & gremolata	100	Aug 2015
Spanish-style chicken casserole		
with preserved lemons	108	May 2016
sun-dried tomato & beetroot salad	9	Aug 2015
sun-dried tomato, cashew & rocket sauce.....	53	Jun 2016
sweet potato chips with tomato sauce	49	May 2016
The Eatalian oxtail	69	Jun 2016
tomato & basil zucchini pasta	90	Jan 2016
tomato & herb fritters with tzatziki.....	112	Oct 2015
tomato & lemongrass velouté	53	Sep 2015
tomato & onion bredie	50	Aug 2015
tomato-chilli chutney	99	Aug 2015
tomato, olive & feta tray bake.....	51	Feb 2016
tomato pizza-base sauce.....	110	Dec 2015
tomato ragout with lamb meatballs.....	108	Aug 2015
tomato salsa	74	Jul 2015
tomato soup with chorizo & ciabatta croutons	48	May 2016
vegetable consommé	54	Sep 2015
vegetarian-stuffed tomatoes.....	47	May 2016
watermelon & crumbed mozzarella		
panzanella salad.....	54	Apr 2016
West Coast mussels with tomato broth.....	99	Nov 2015

TRIFLE

governor's trifle.....	68	Mar 2016
winter pumpkin & pear trifle with Rooibos custard.....	53	Jun 2016

TRUFFLES

lemony scallop ceviche with truffle-thyme cream & chargrilled ciabatta	24	May 2016
mushroom cream pebbles.....	51	Sep 2015
wild mushroom, truffle & kale open lasagne.....	55	Aug 2015



VANILLA

burnt vanilla & white-chocolate Milky Way shakes.....	71	Feb 2016
condensed milk & vanilla-roasted figs.....	23	Jun 2016
speckled vanilla cake with marshmallow		
Easter-egg filling.....	104	Apr 2016
vanilla burfee with golden blueberries	68	Nov 2015
vanilla cake with rose buttercream.....	87	May 2016
vanilla yoghurt.....	42	Dec 2015

VEGETABLES

see also SPECIFIC TYPES OF VEGETABLES		
vegetable yoghurt	14	Oct 2015

VENISON

South African impala potjie	92	Sep 2015
venison loin with orange sweet potato, lentils, pickled cucumber & cranberry jus	82	Nov 2015



WAFFLES

waffles with almond-crusted chicken & barbecue mayonnaise	49	Jun 2016
wholegrain waffles with millet & seeds	16	Feb 2016

WALNUTS

baby marrow noodles with sun-dried tomato, walnuts & olives.....	51	May 2016
beetroot carpaccio with avocado salsa, salmon ribbons & walnuts	46	Apr 2016
carrot & walnut cupcakes.....	26	Oct 2015
celery, apple, pecan & walnut caramel tart	47	Jun 2016
homemade walnut pesto.....	90	Jan 2016
mini rocket, walnut & goat's cheese spanakopitas with dill & lemon tzatziki.....	112	Mar 2016
pumpkin, walnut & date cake with maple syrup cream-cheese icing	85	Apr 2016
rich dark chocolate & nut tart.....	102	May 2016
salted-caramel nuts	103	Sep 2015
strawberry, baby herb, walnut & blue cheese salad.....	42	Sep 2015

WATERMELON

frozen watermelon Christmas tree lollies with lime sugar	44	Dec 2015
granadilla, ginger & cucumber cocktail		
with watermelon-infused gin.....	56	Apr 2016
sweet & salty watermelon pickle	42	Dec 2015
watermelon & crumbed mozzarella panzanella salad.....	54	Apr 2016

WRAPS, rice wraps with crispy oysters &

spring vegetables.....	89	Dec 2015
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YOGHURT

banana crumpets with vanilla yoghurt & fresh berries	102	Jan 2016
dukkah-coated labneh eggs with crisp bread	100	Apr 2016
milk tart-flavoured sweet labneh with orange-poached pears.....	57	Jun 2016
no-fuss peach & strawberry frozen yoghurt		
in white chocolate & coconut cones.....	57	Jan 2016
orange yoghurt cake with orange syrup & mascarpone buttercream	90	May 2016
rhubarb & yoghurt popsicles.....	43	Oct 2015
roasted baby carrots & fennel bulb with avocado, toasted seeds & tahini yoghurt.....	73	Apr 2016
self-saucing granadilla, white chocolate, yoghurt & coconut puddings	57	Apr 2016
shish barak dumplings in yoghurt sauce.....	33	May 2016
upside-down starfruit & granadilla yoghurt cakes.....	72	Feb 2016
vanilla yoghurt.....	42	Dec 2015
vegetable yoghurt	14	Oct 2015
yoghurt jelly with prickly-pear granita	33	Feb 2016



ZUCCHINI see **BABY MARROWS**